



FACULTÉ de MÉDECINE  
de STRASBOURG



UNIVERSITÉ DE STRASBOURG



# Les outils diagnostics de la borréliose de Lyme

Laboratoire de Bactériologie, CHU de Strasbourg  
EA 7290 Groupe borréliose de Lyme

Frédéric Schramm – SDB – 2<sup>e</sup> Journée scientifique 10 avril 2017

# Liens d'intérêt

**Aucun lien à déclarer**

# Plan de la présentation

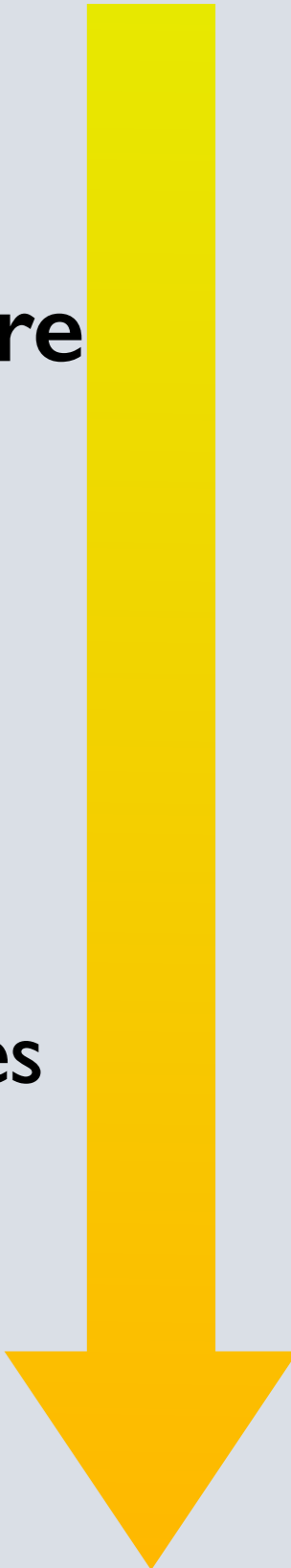
 **Borréliose de Lyme : qq bases pour comprendre**

 **Diagnostic clinique & biologique**

☆ les outils “validés” du diagnostic biologique

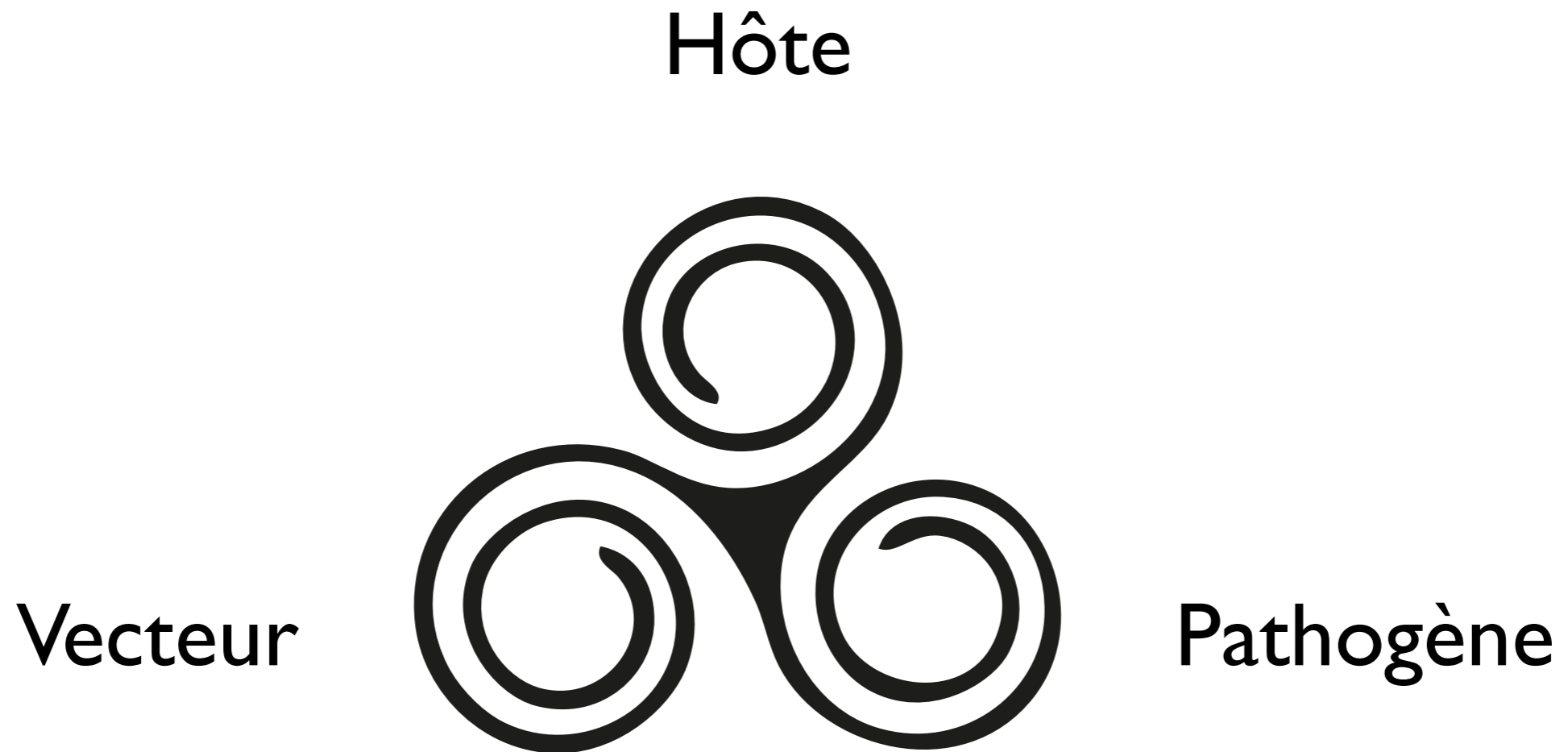
☆ les tests “alternatifs” non validés

☆ contexte clinique & indications des examens biologiques



# LES BASES

# Maladies à transmission vectorielle



# Maladies à transmission vectorielle

Hôte



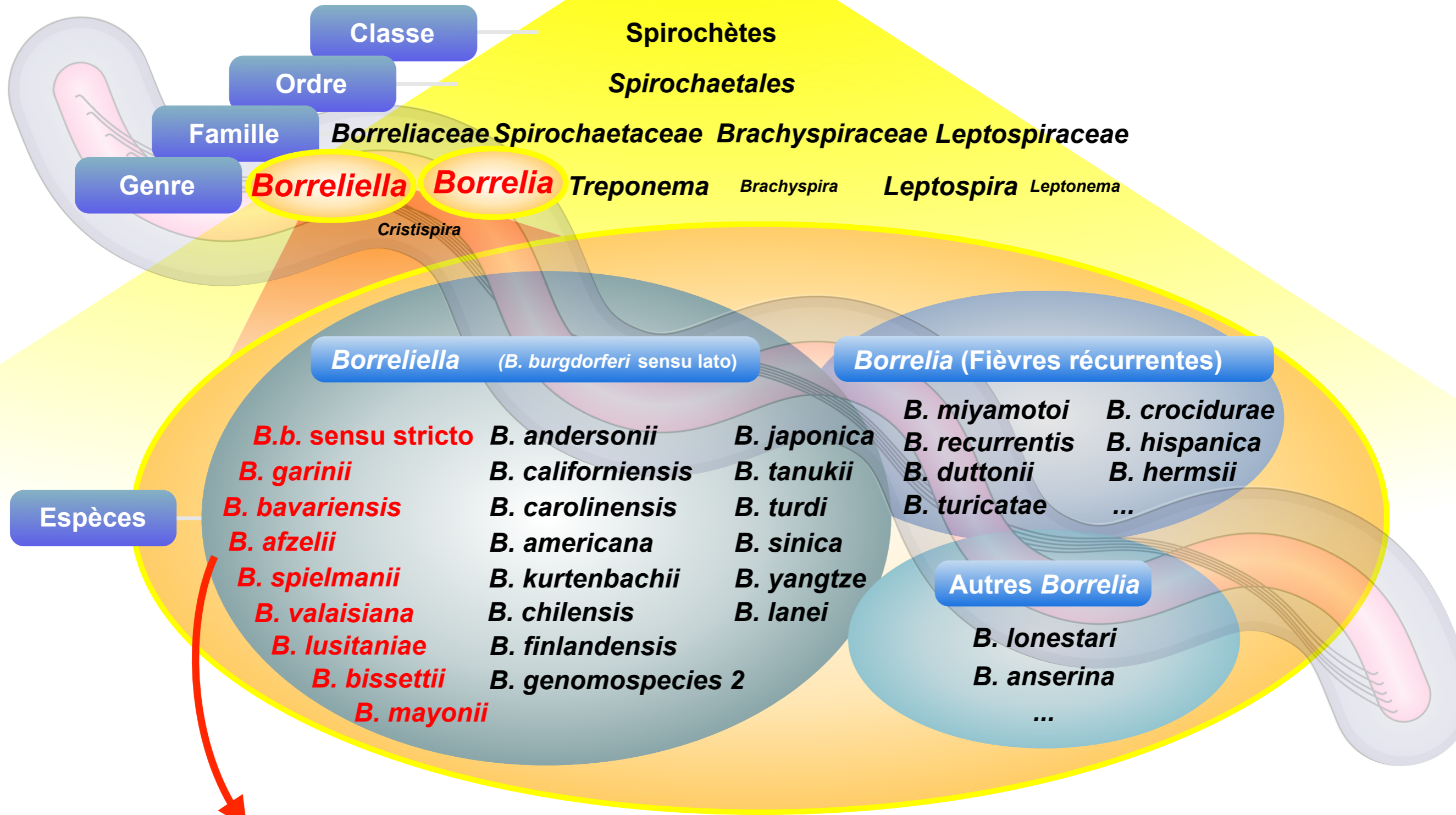
Vecteur



Pathogène

Borréliose de Lyme

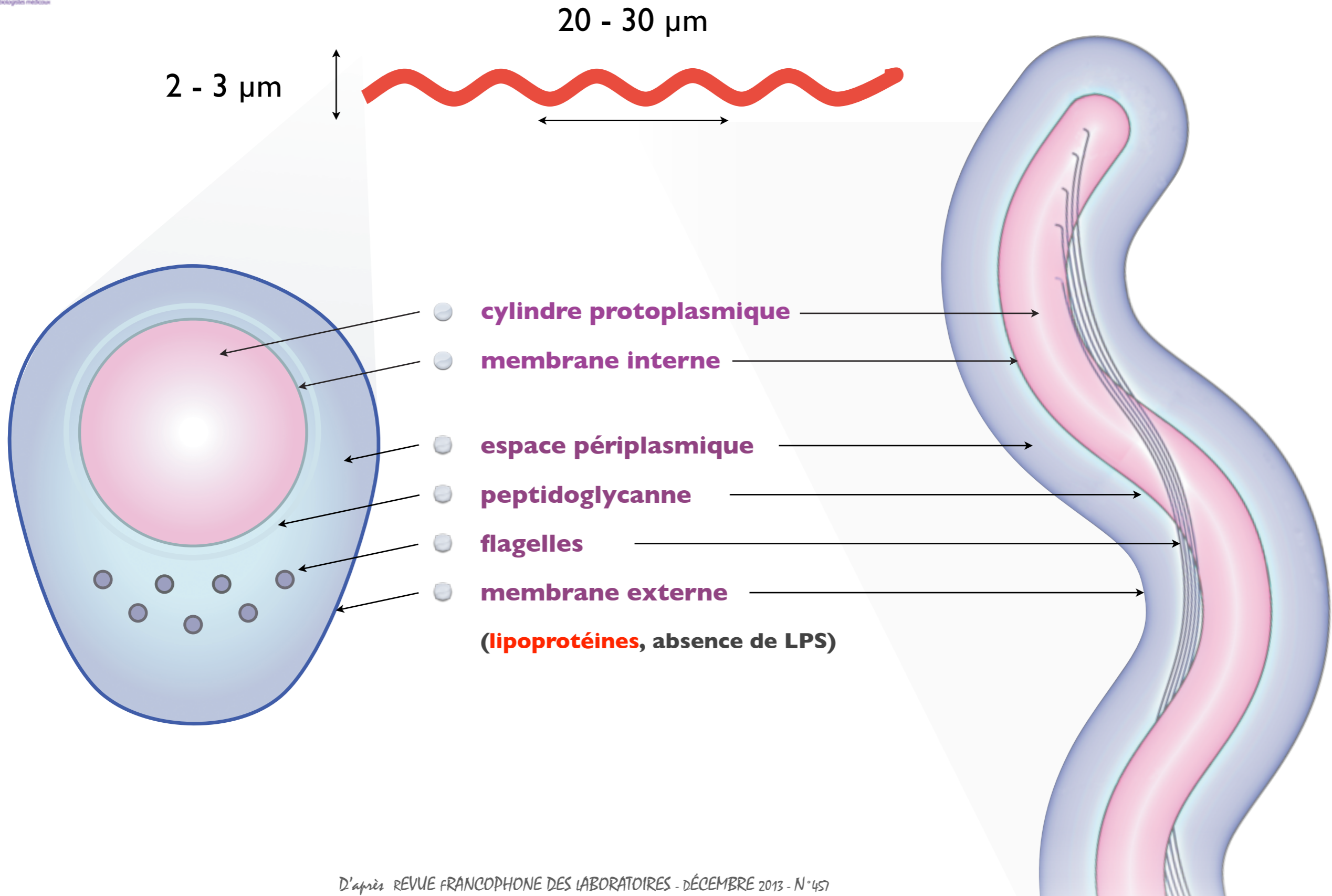
# Borrelia : position taxonomique



2018

**Borrelia impliquées en pathologie humaine (Lyme)**

# Borrelia : structure générale





# Borrelia : un génome très particulier

génomme de petite taille (1,5 Mb)

chromosome linéaire (910 Kb)



plasmides circulaires

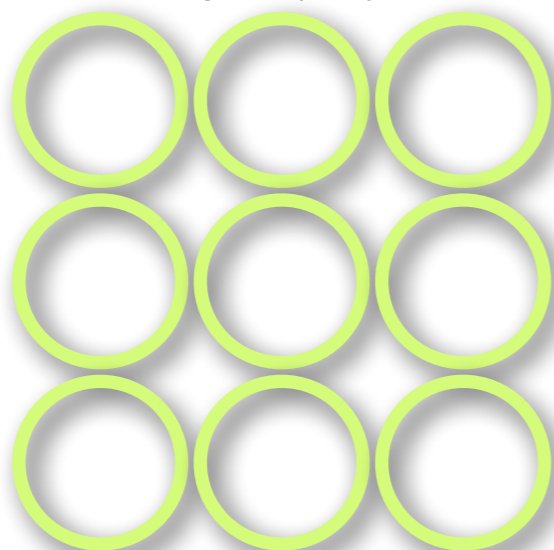
cp9



cp26



cp32 (1-9)



plasmides linéaires

lp5



lp17



lp21



lp25



lp28-1



lp28-2



lp28-3



lp28-4



lp36



lp38



lp54



lp56



chromosome **linéaire**



plasmides **linéaires**



**23** plasmides (linéaires et circulaires)

- bactérie connue avec **+ grand nb** de plasmide
- plasmides = 40 % du génome

# Borrelia : un génome très particulier

génome de petite taille (1,5 Mb)

chromosome linéaire (910 Kb)

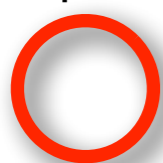


plasmides circulaires

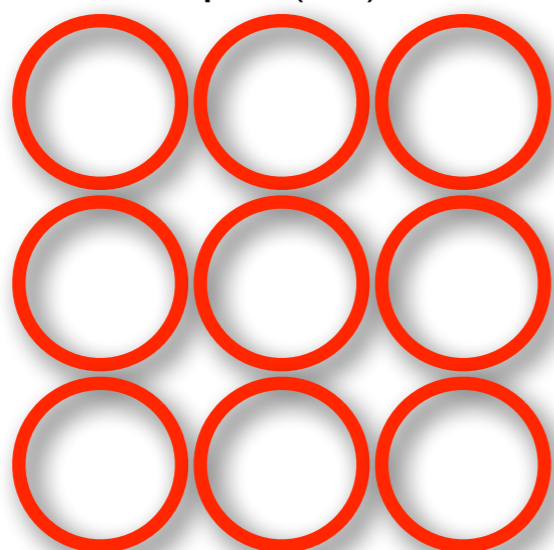
cp9



cp26



cp32 (1-9)



plasmides linéaires

lp5



lp17



lp21



lp25



lp28-1



lp28-2



lp28-3



lp28-4



lp36



lp38



lp54



lp56



chromosome **linéaire**

plasmides **linéaires**

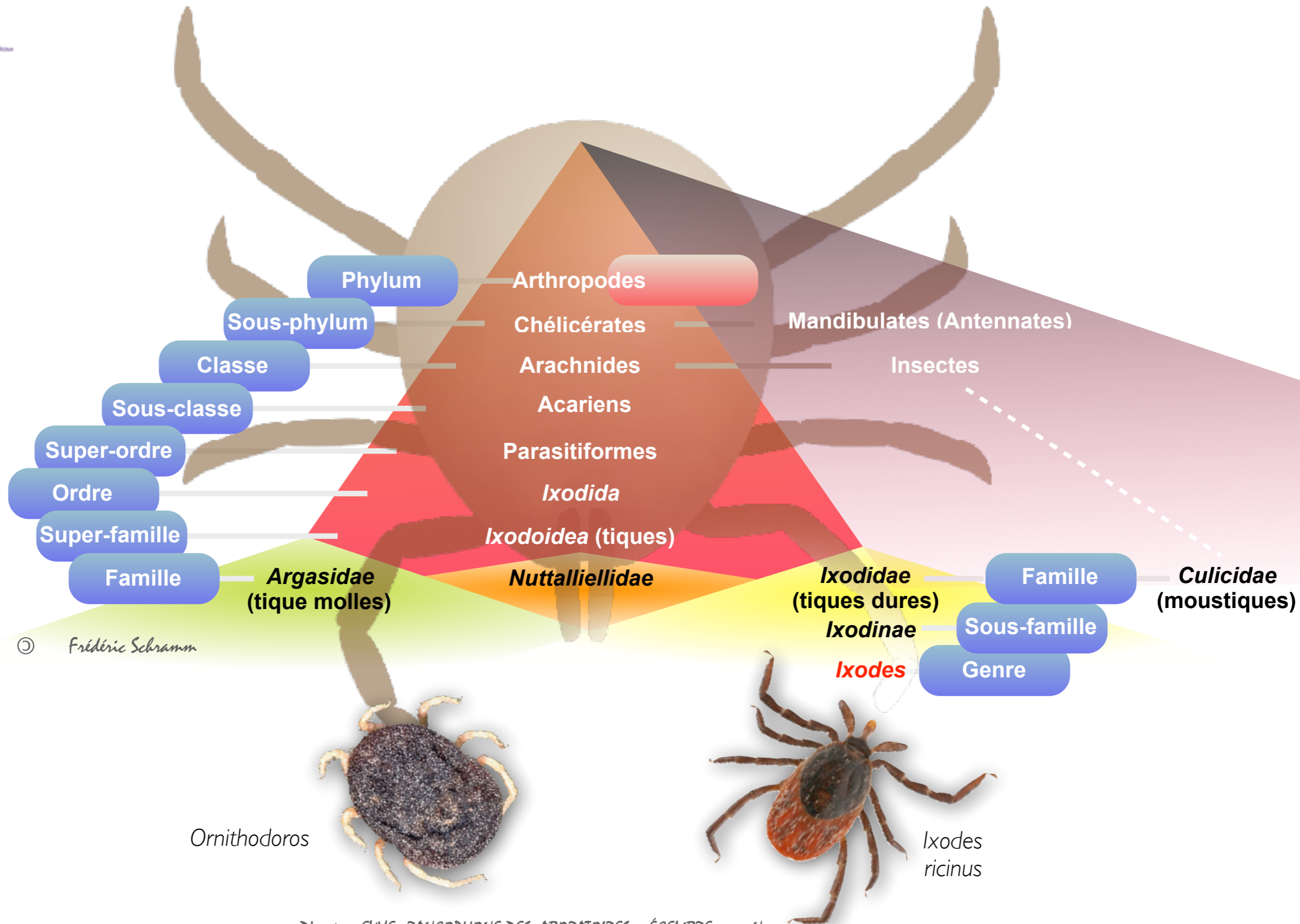
23 plasmides (linéaires et circulaires)

- bactérie connue avec **+ grand nb** de plasmide
- plasmides = 40 % du génome
- certains plasmides essentiels à la virulence

Autres caractéristiques

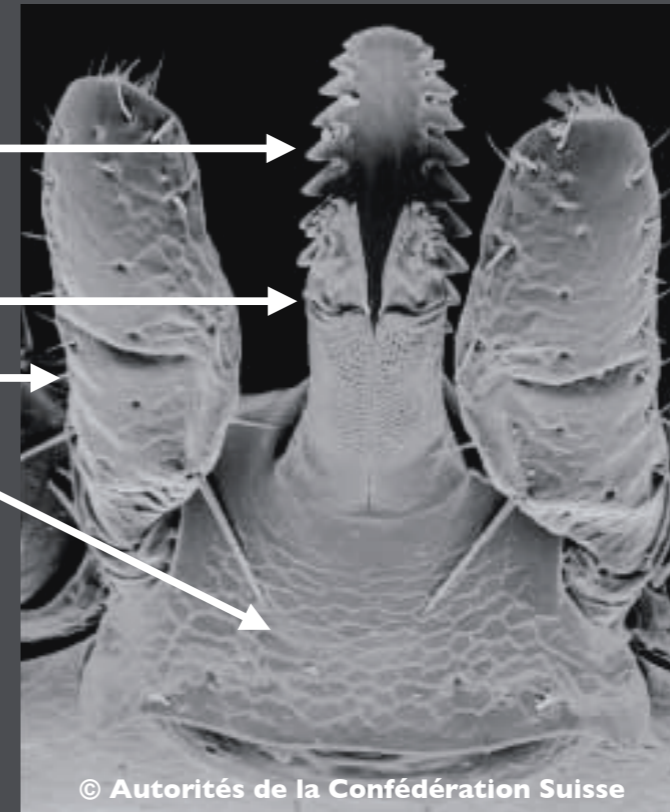
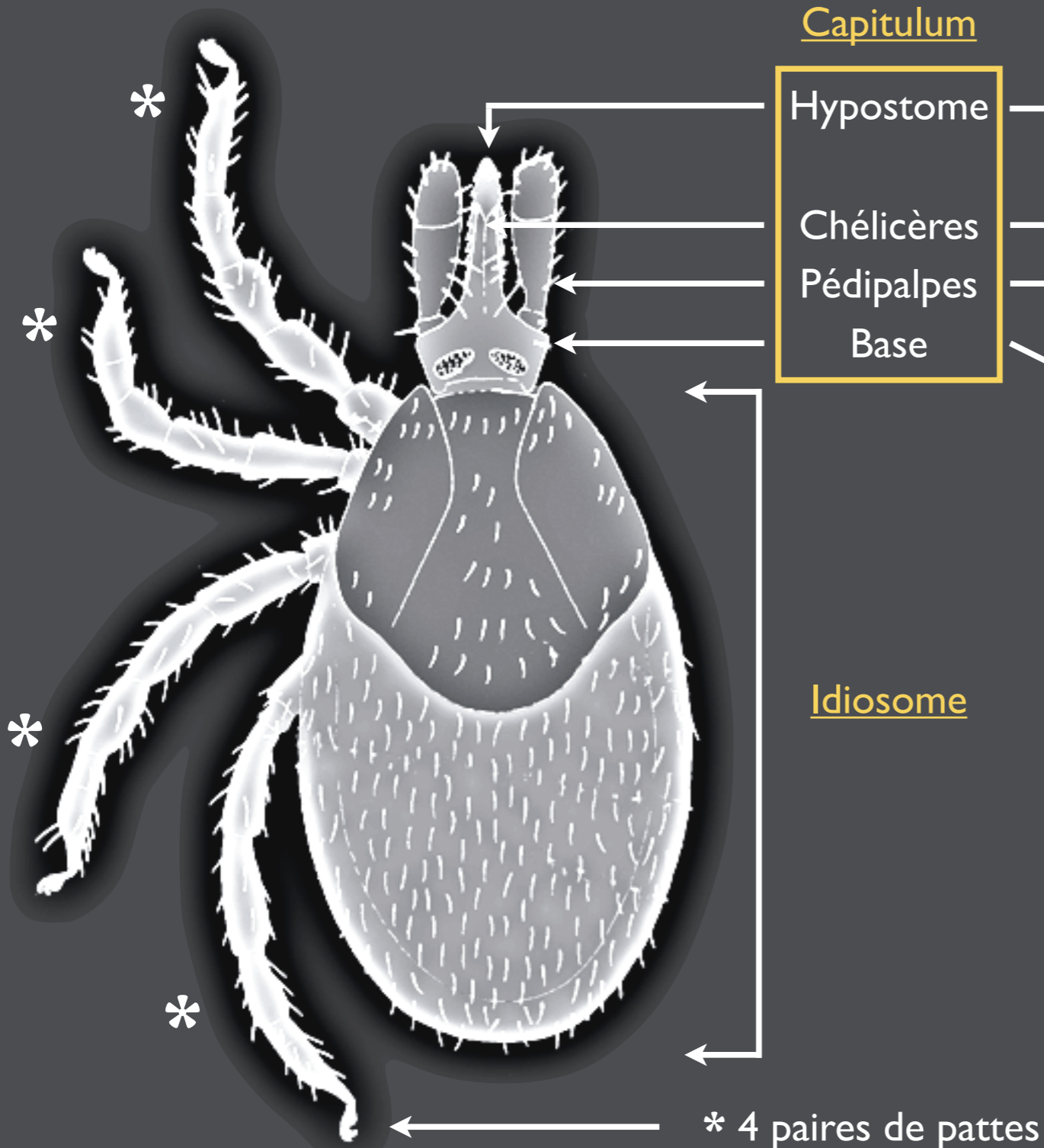
- absence de LPS Takayama K et coll., Infect Immun 1987
- **nbx lipoprot. surface** (Osp, Vlse ...) : 5% génome
- pas de toxines / pas de protéases
- très peu de protéines sécrétées

# Position taxonomique des tiques du genre *Ixodes*

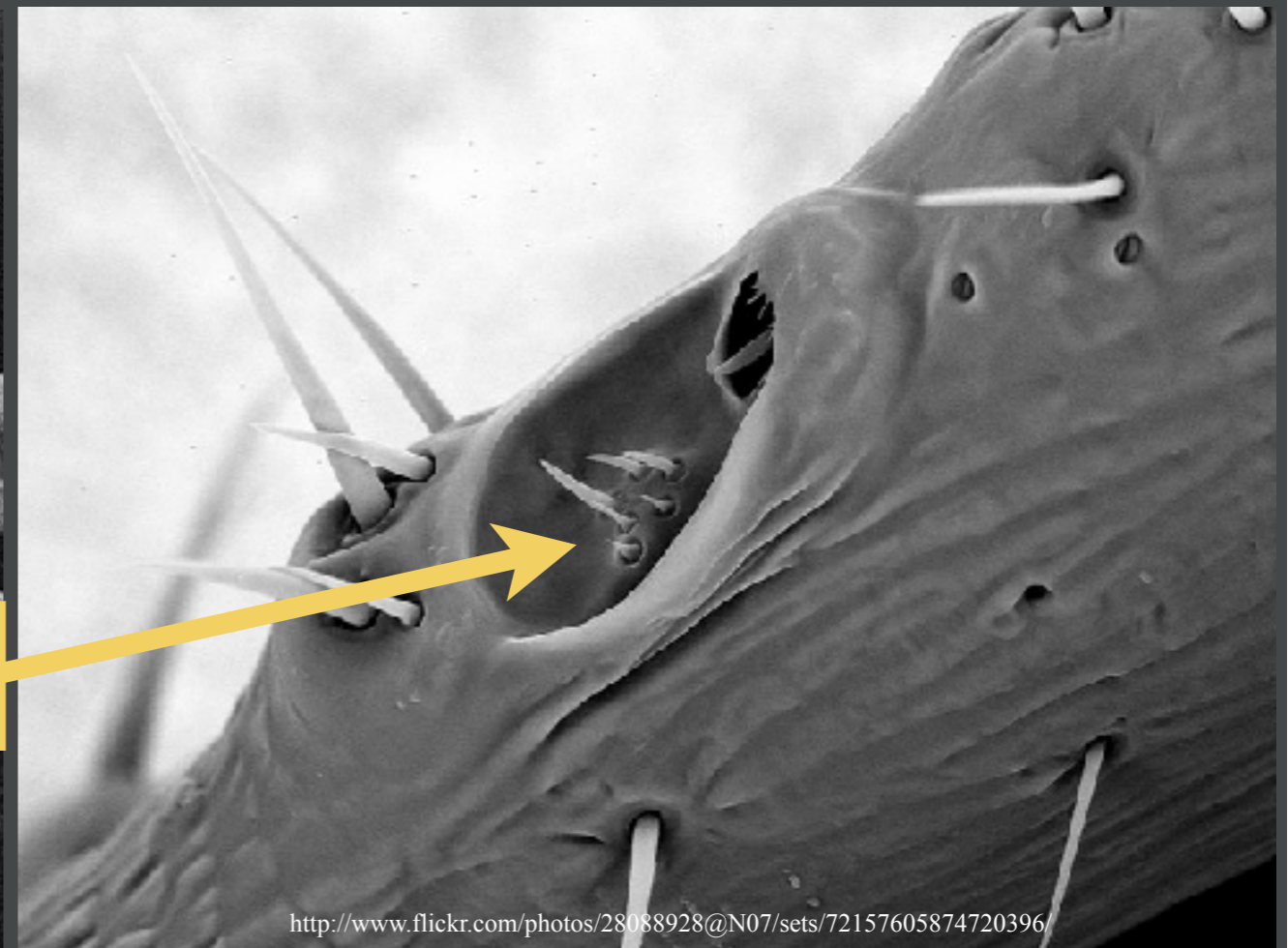
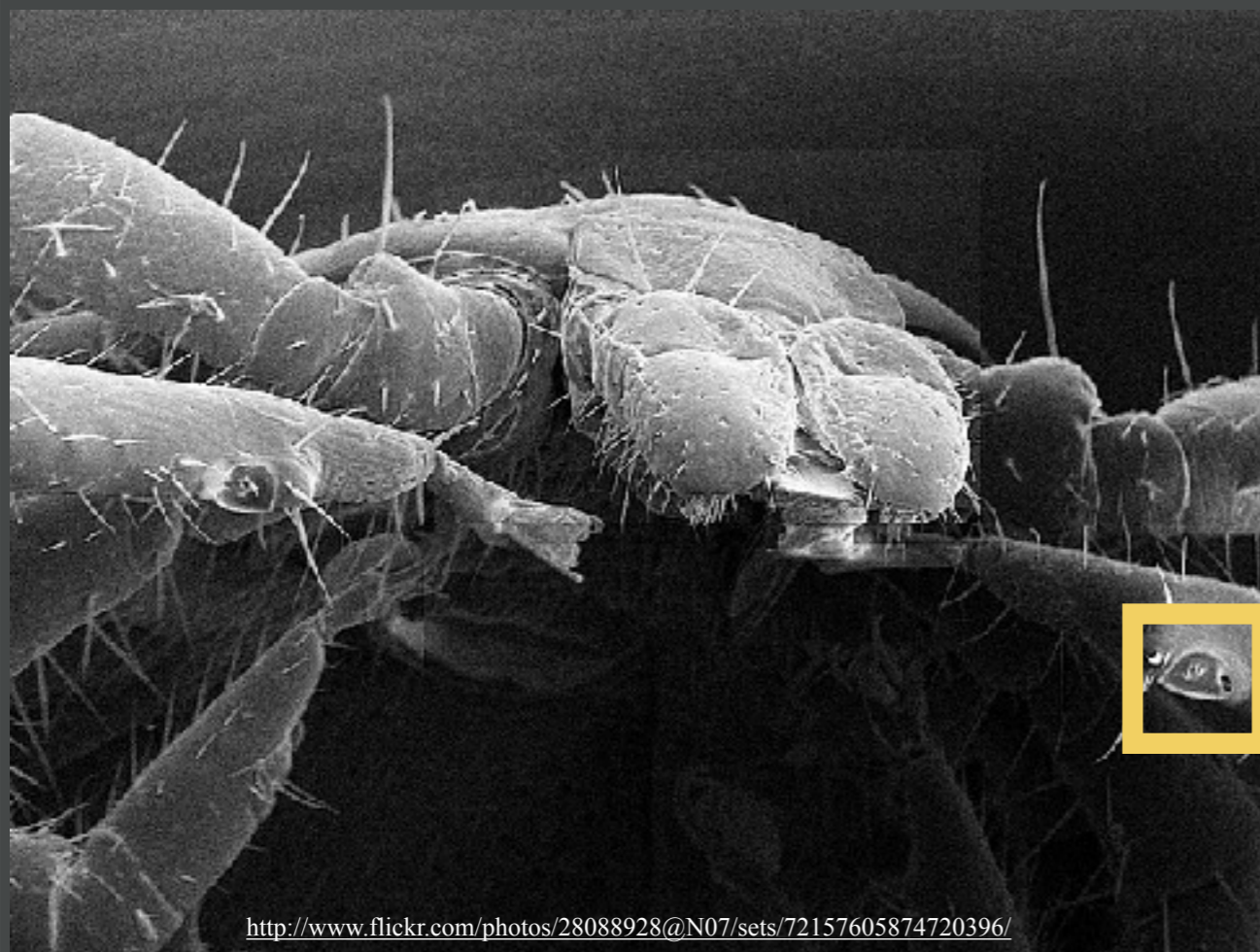


# Anatomie des tiques du genre *Ixodes*

## *Ixodes ricinus* : adulte femelle



# Organes sensoriels



## repérage des hôtes cibles

- pédipalpes
- soies
  - ★ distribuées sur l'ensemble de la surface du tégument
- organe de Haller
  - ★ localisé à la partie dorsale du tarse de la 1<sup>re</sup> paire de pattes

## stimuli

- ★ thermiques
- ★ mécaniques
- ★ chimiques

# “Quête” des hôtes cibles



- “quête” au-dessus de la strate herbacée
- attente “à l’affût” du passage d’un hôte

**Prise d’un repas sanguin sur un hôte vertébré**

# Stases de développement de la tique *I. ricinus*



**Larve**

3 paires  
de pattes

**Nymphe**

4 paires  
de pattes

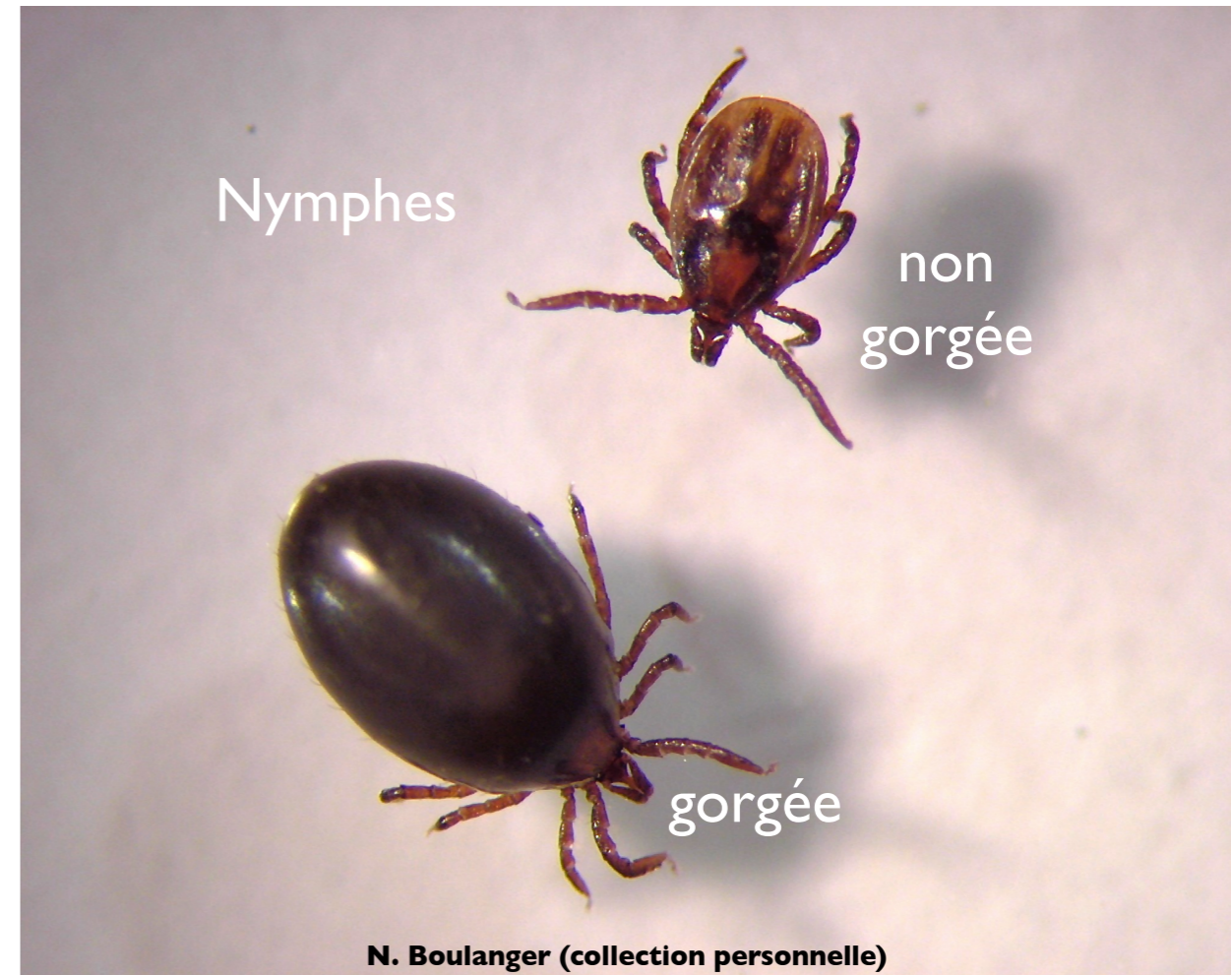
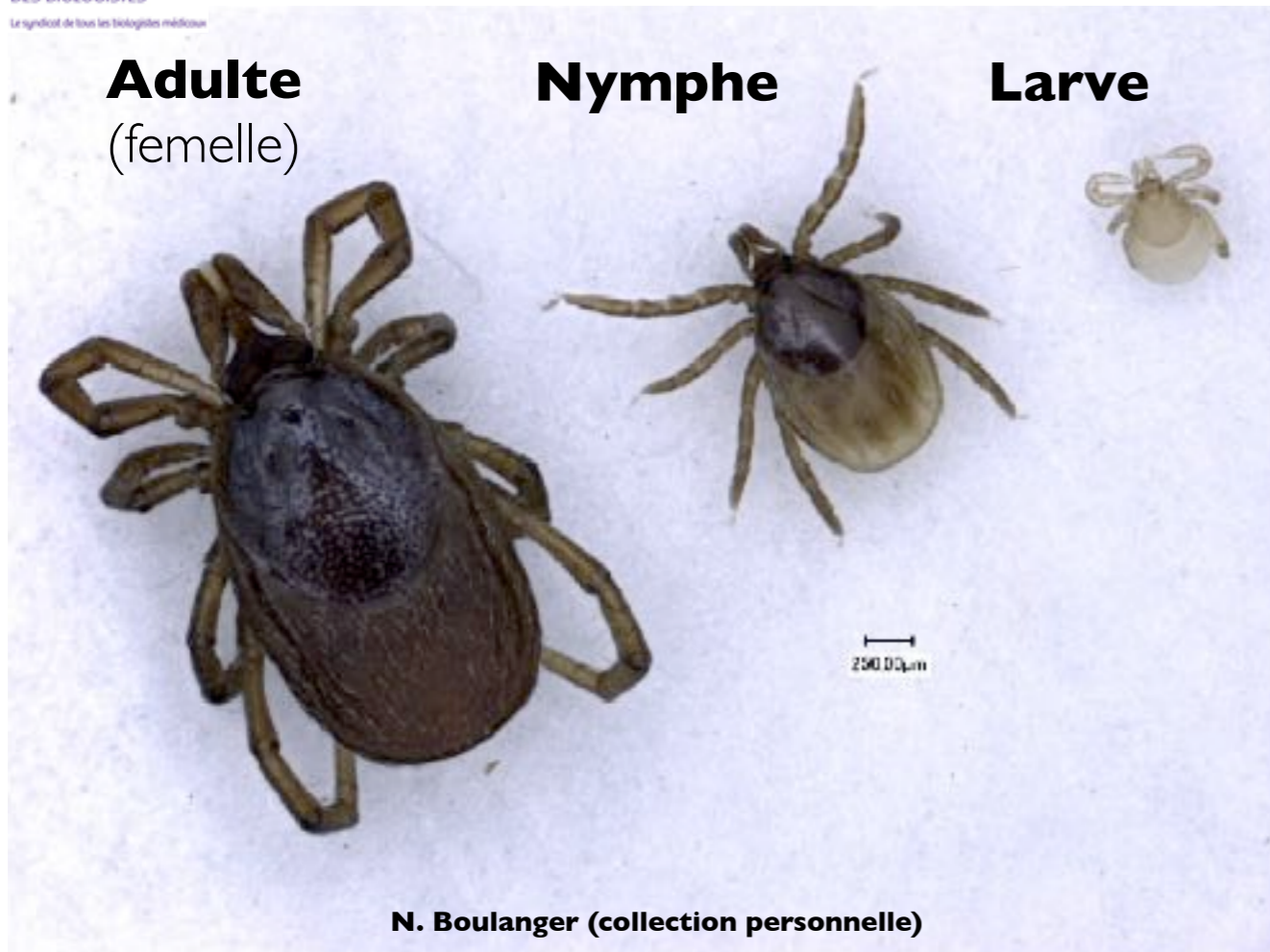
**Adulte**  
(mâle)

4 paires  
de pattes

**Adulte**  
(femelle)

4 paires  
de pattes

# Stases de développement de la tique *I. ricinus*



**métamorphose entre chaque stase après un repas sanguin**

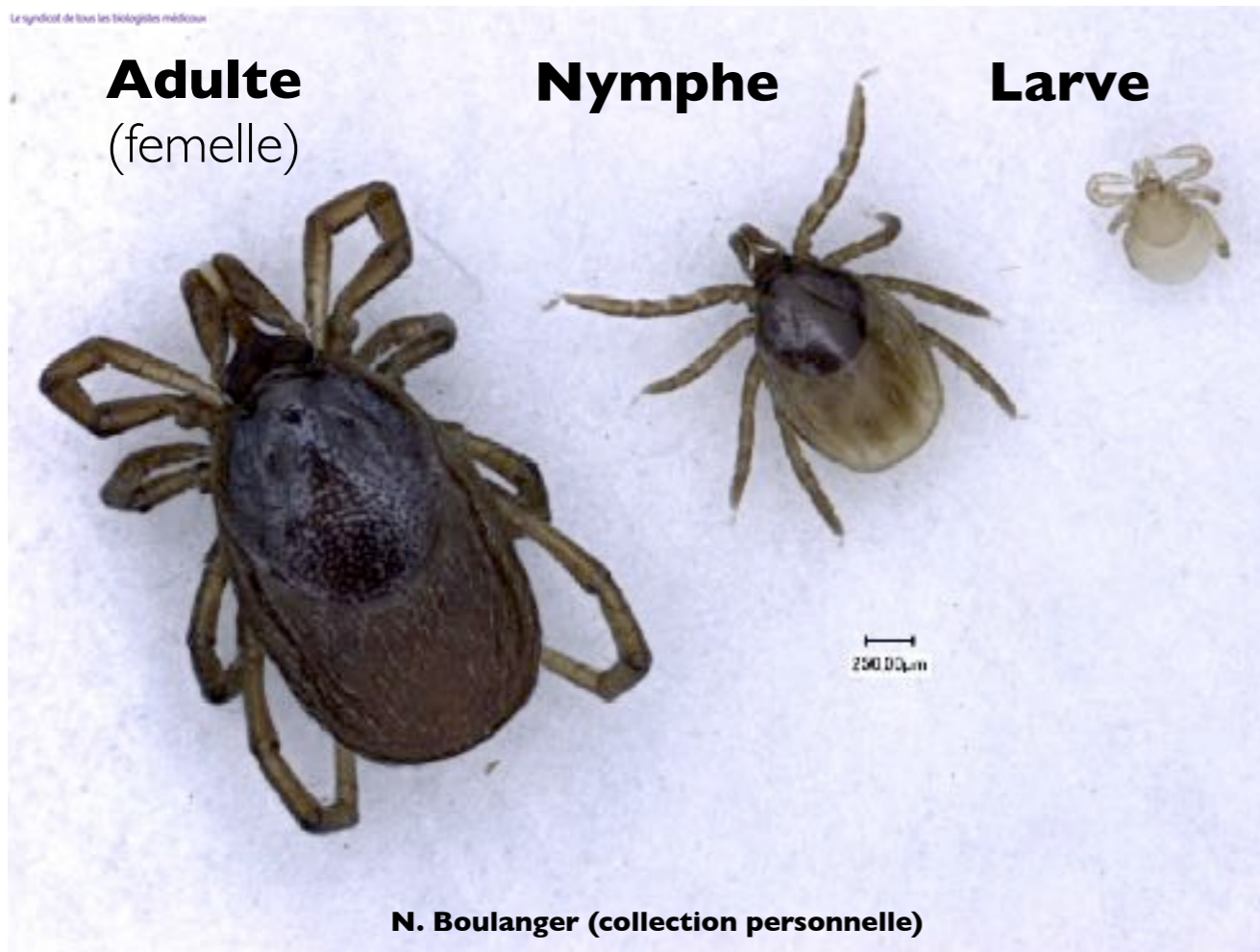


**Cycle complet**

- durée = 2 à 3 ans



# Stases de développement de la tique *I. ricinus*

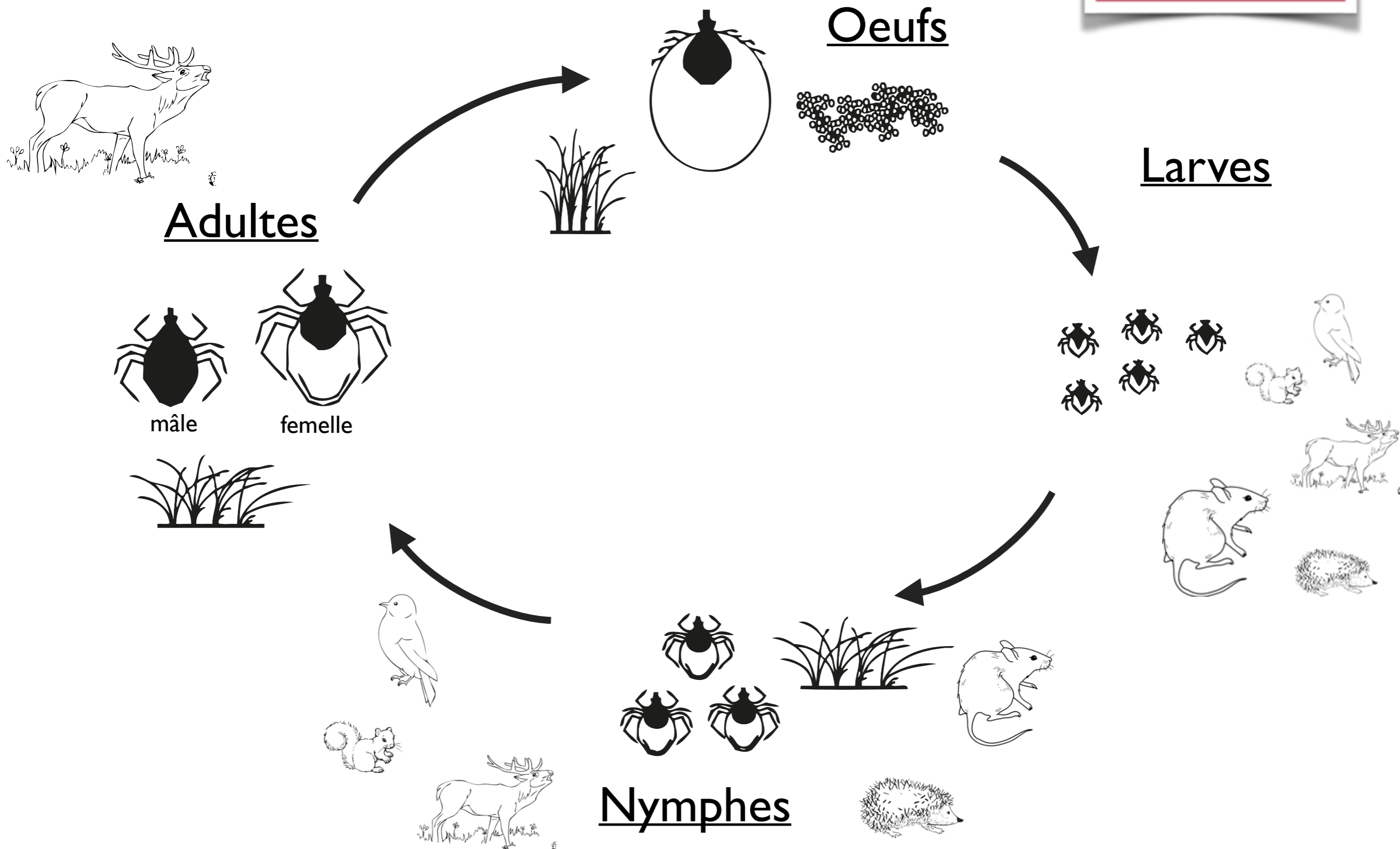


**métamorphose entre chaque stase après un repas sanguin**

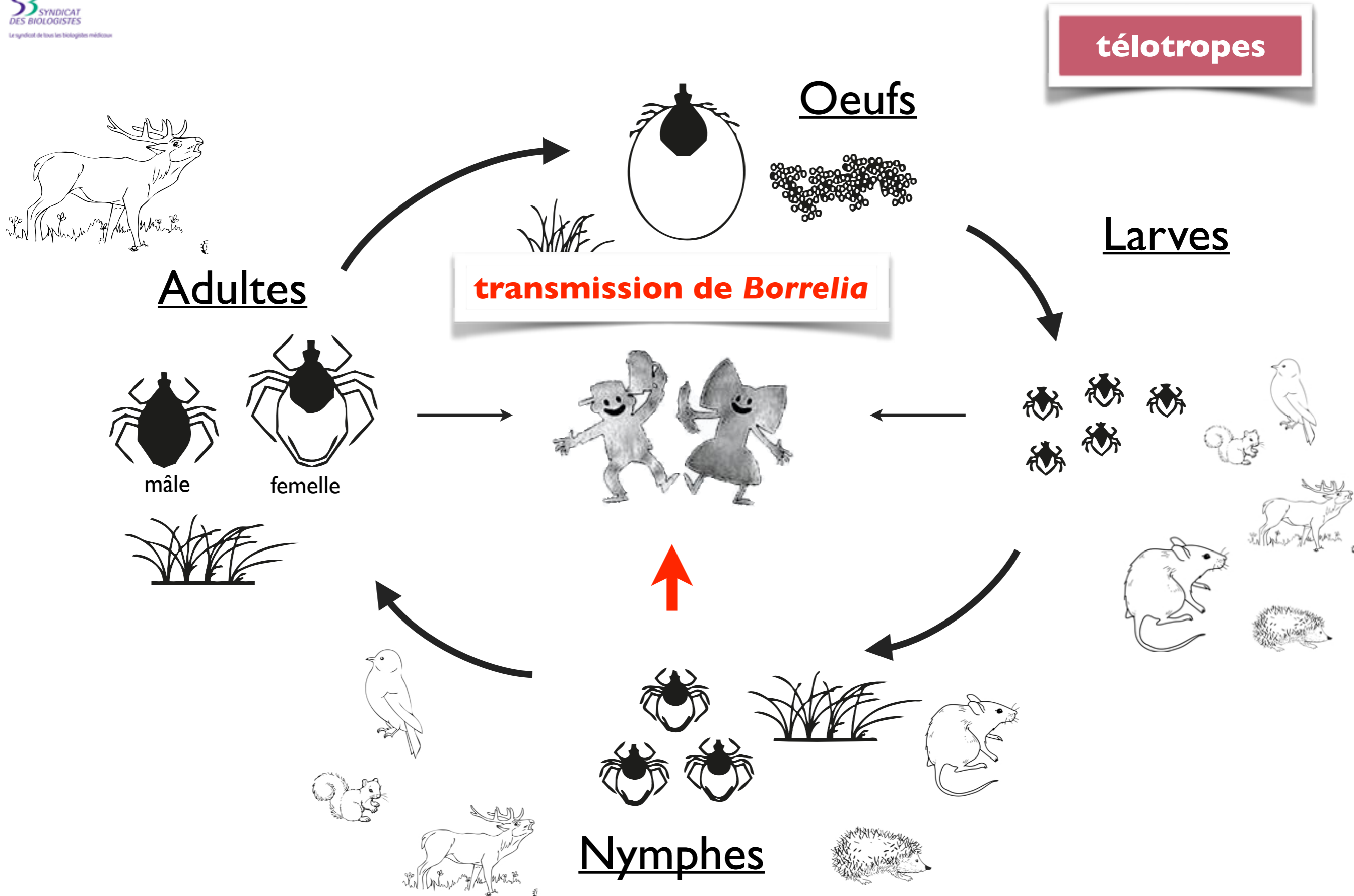
-  Cycle complet
  - durée = 2 à 3 ans
-  Repas sanguin **2-10 jours**
  - durée variable (fonction stase)

# Le cycle des tiques du genre *Ixodes*

télotropes

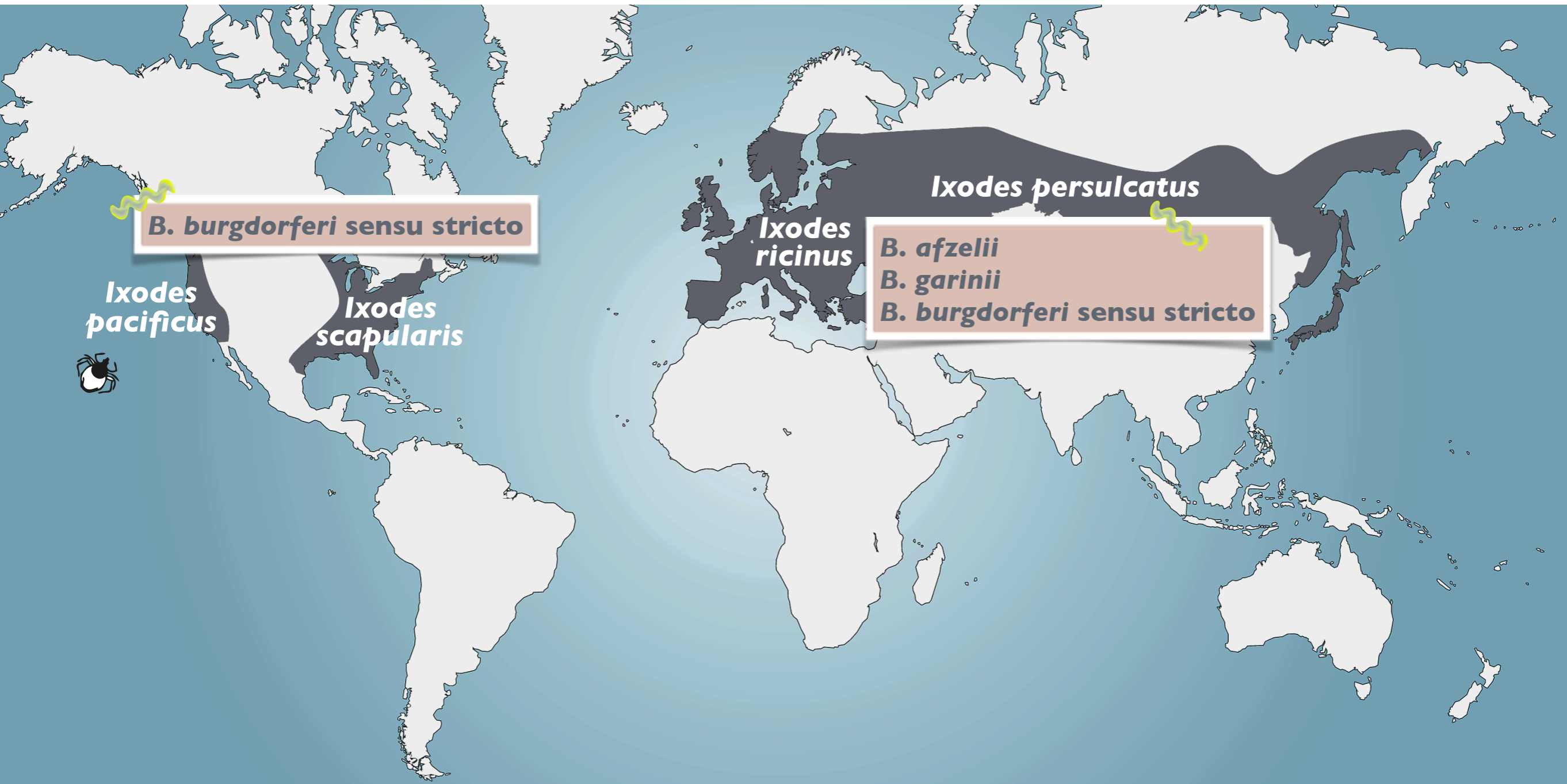


# Le cycle des tiques du genre *Ixodes*



# Répartition géographique

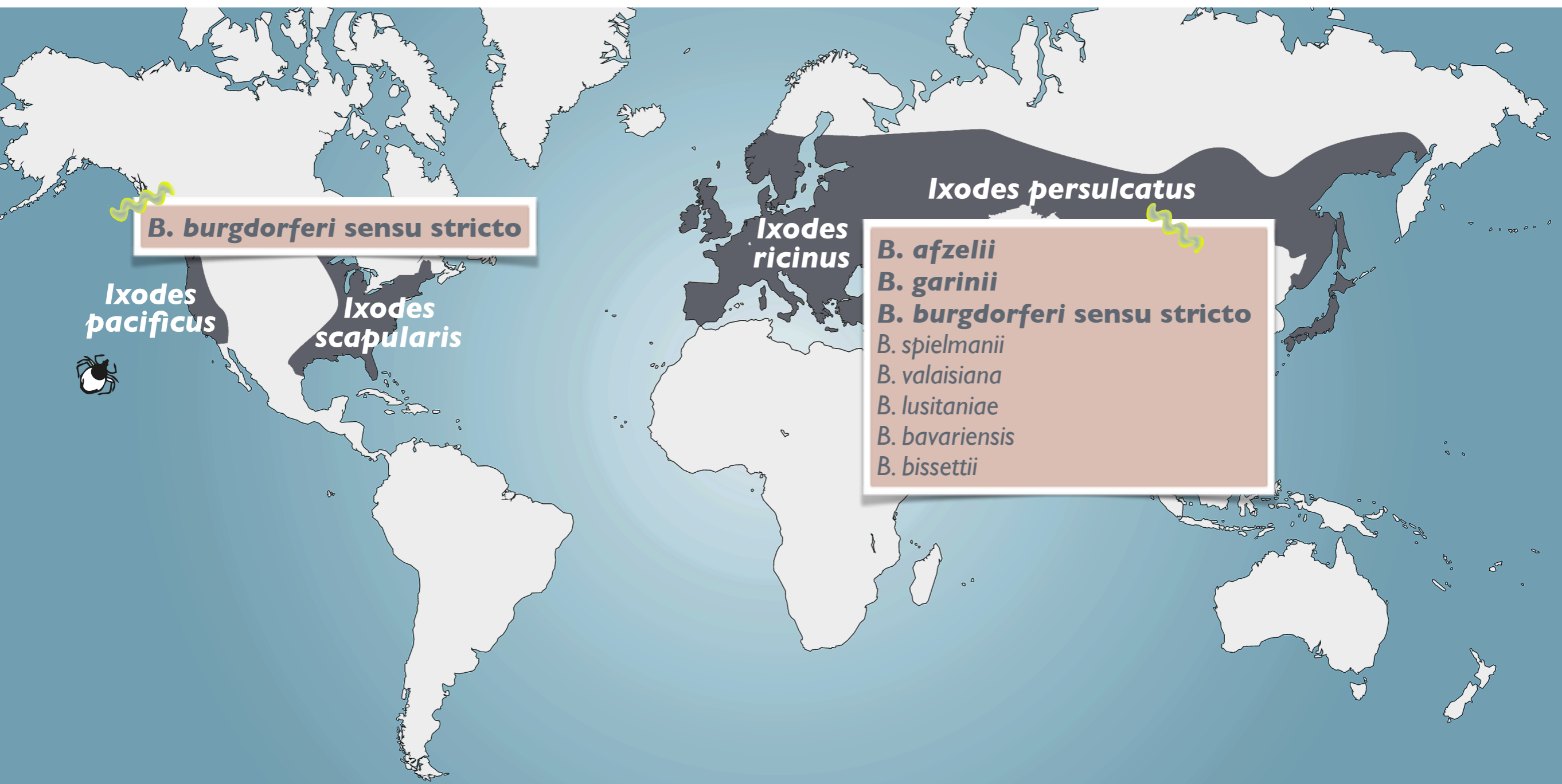
## Les vecteurs



***Borrelia* et son vecteur : espèces impliquées en pathologie humaine**

# Répartition géographique

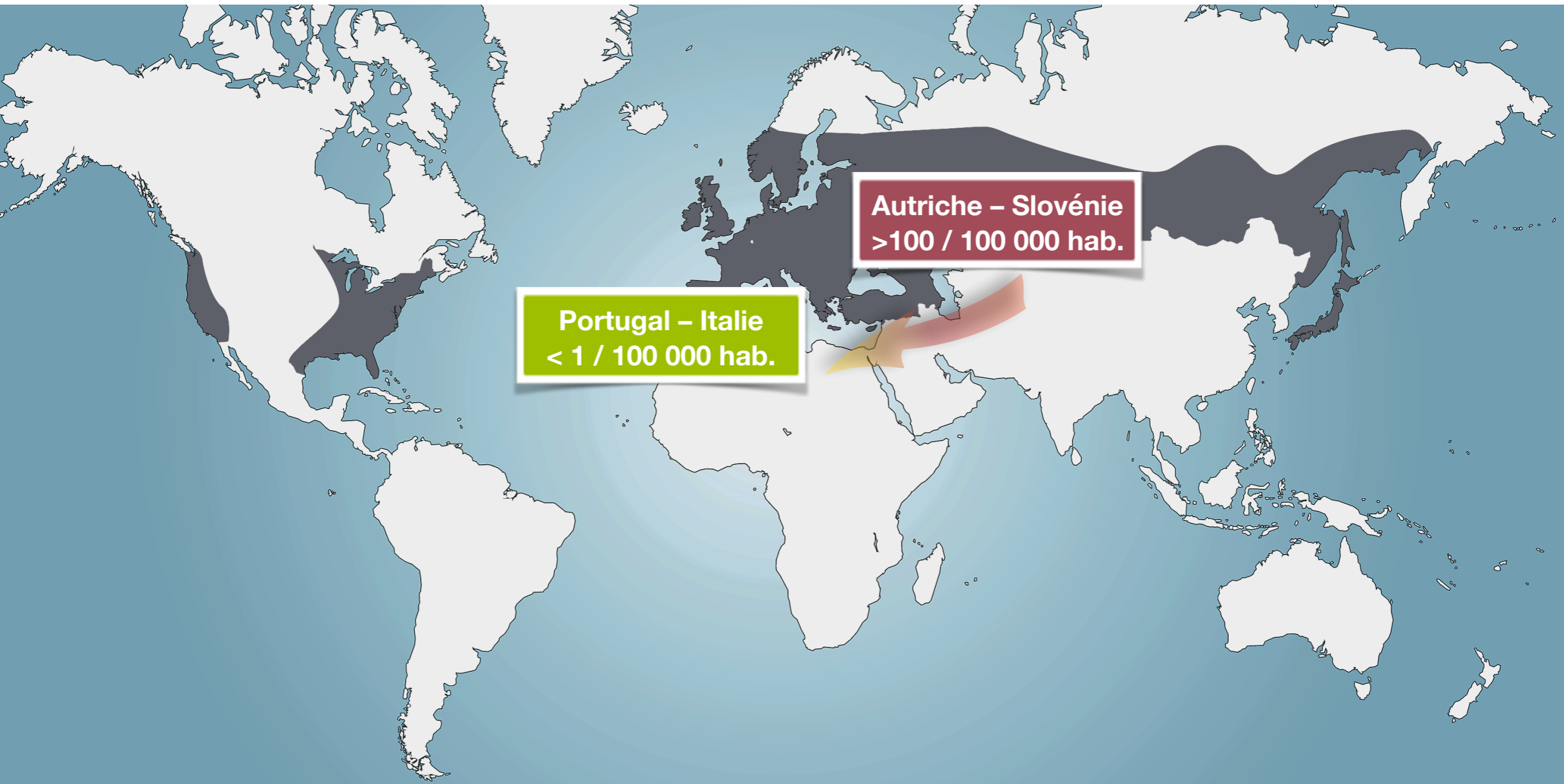
## Les vecteurs



***Borrelia* et son vecteur : espèces impliquées en pathologie humaine**

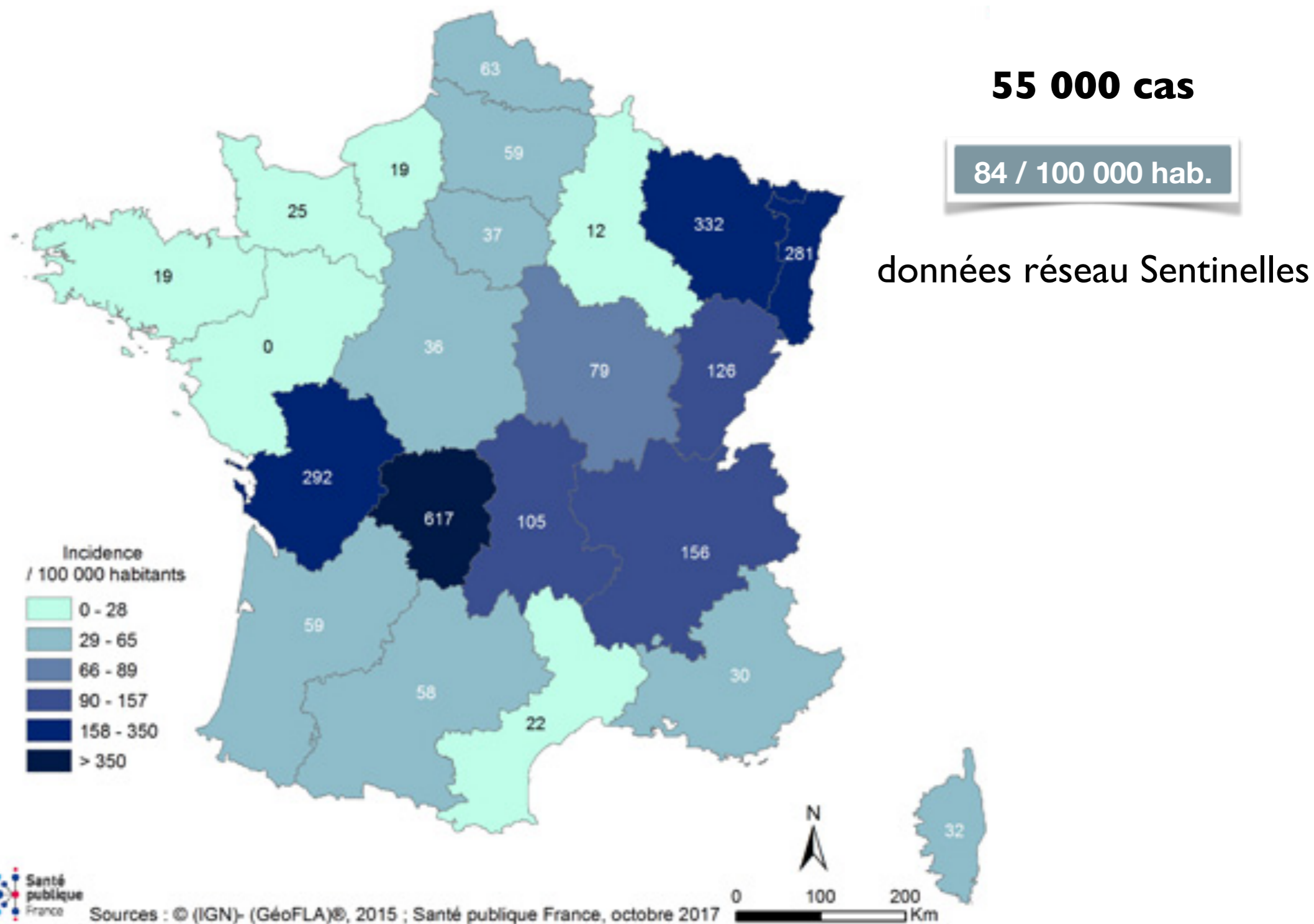
# Répartition géographique

## Superposition géographique : vecteur – maladie



# Répartition géographique

## France : estimations pour l'année 2016



## France

- incidence intermédiaire, mais disparités régionales : Centre de la France et Est

# Données françaises récentes

## Augmentation réelle du nombre de cas ?

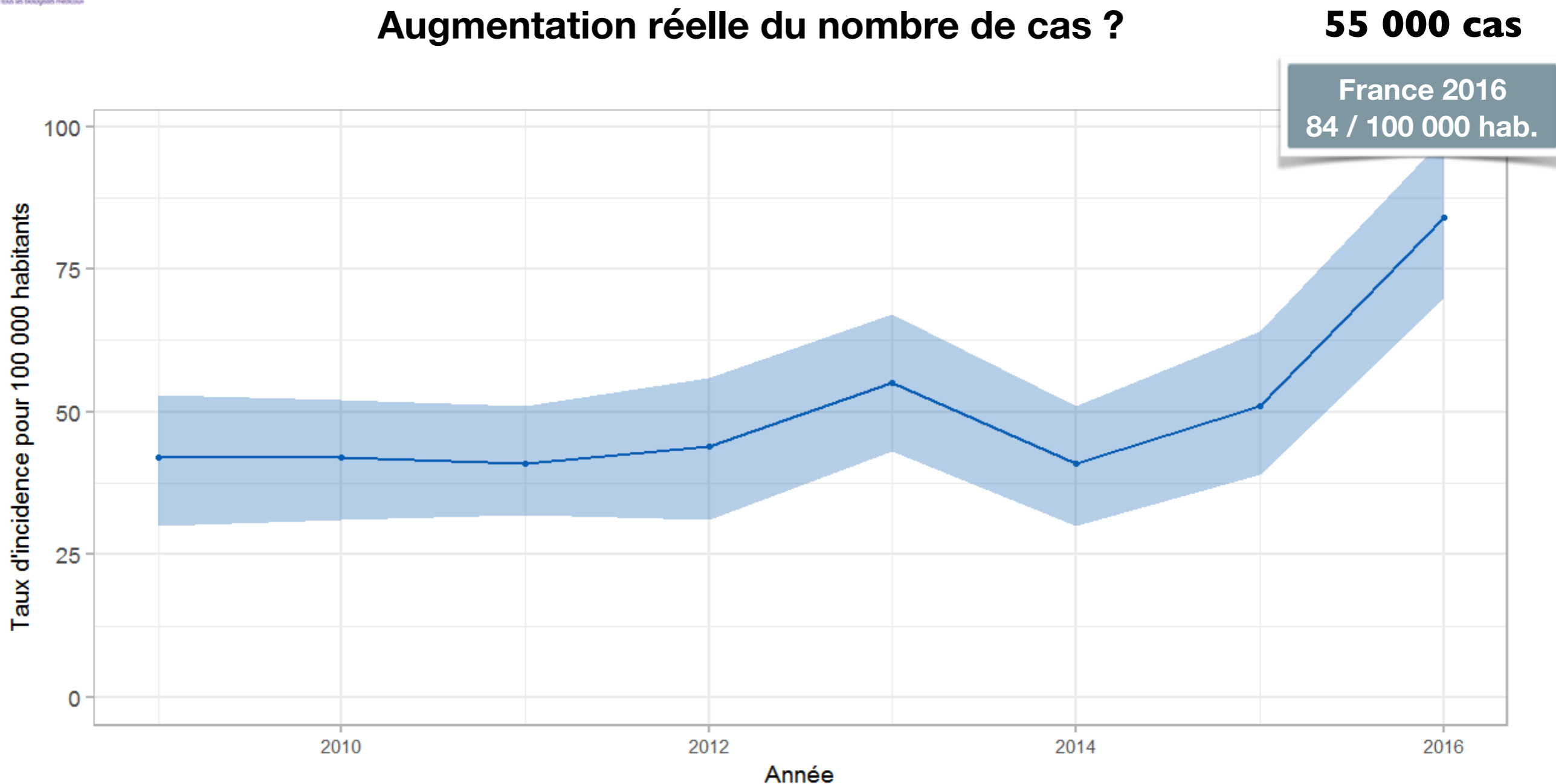


Figure 13.1 : Evolution du taux d'incidence annuel des cas de borréliose de Lyme vus en consultation de médecine générale en France métropolitaine de 2009 à 2016 (intervalle de confiance à 95%)

- ▶ Nombre de cas validés : 194, dont 194 (100 %) individuellement décrits
  - 184 érythèmes migrants (94,8%) et 10 formes disséminées (5,2%)

**très faible nb de cas (2016 n=194)**



# Histoire naturelle de la maladie



<http://vincentperrocheau.files.wordpress.com/2013/02/foret.jpg>

## Risque de transmission à l'homme

# Histoire naturelle de la maladie

- 📌 Risque d'exposition aux piqûres infestantes de tique
  - intensité d'exposition au vecteur (loisirs, professionnels exposés)
  - densité des tiques infectées (nymphes +++ ) dans le biotope fréquenté



- 📌 Risque de transmission à l'homme après piqûre de tique
  - le **risque** ↗ avec de la **durée d'attachement**
  - risque global estimé : 1-4 % → **très faible si < 24h** poss **dès 8h (Europe)** ou < 48h (US)

## 📌 Données expérimentales de la transmission



*I. scapularis* + *Bbss*



**hamster**

Transmission  
dès **24h**

Efficacité max  
à **72h**

Transmission  
dès **17h**

Efficacité max  
à **47h**

*I. ricinus* + *B. afzelii*



**gerbille**



# Histoire naturelle de la maladie

3 - 25 % tiques infectées  
en Europe

Piqûre de tique  
infectée

Pas de transmission

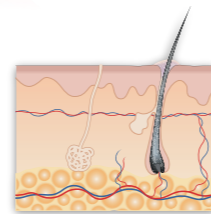
Transmission

Infection avortée

1 - 4 %

Borréliose  
de Lyme

phase précoce  
localisée



Érythème migrant

10 %

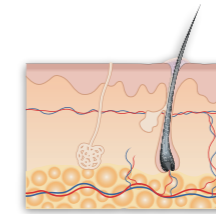
phase précoce  
disséminée



neuro



articulaire



Lymphocytome

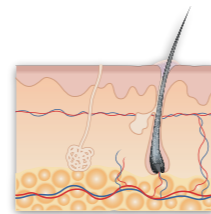


cardiaque



oculaire

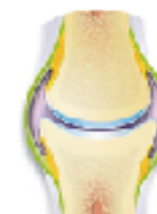
phase tardive



Acrodermatite  
Chronique  
Atrophiante



chroniques



absence de T

de plus

# Pathotypes

| Europe<br>Strle F, Stanek G. Curr Probl Dermatol<br>2009. Lipsker D, Jaulhac B, eds. |           |                   | <i>B. afzelii</i>                           | <i>B. garinii</i> | <i>Bb ss</i> |
|--|-----------|-------------------|---|-------------------|--------------|
|  | fréquence | remarque          |   |                   |              |
| Erythème migrant   | 70 - 90 % |                   | 70-90 %                                     | 10-20 %           | rare         |
| Neuroborréliose  | 15 - 25 % |                   | +   | ++                | rare         |
| Arthrite   | 2 - 7 %   |                   | données discordantes en fonction des études |                   |              |
| ACA  | 5 - 6 %   | fréq ♀, sujet âgé | ++  | rare              | très rare    |
| Lymphocytome   | 2 - 5 %   | fréq enfant       | ++  | rare              | rare         |
| Atteinte cardiaque, oculaire   | <1 %      |                   | pas assez de données                        |                   |              |

| USA<br>(données CDC, 2001-2010)<br>213 500 patients |           |                        | <i>Bb ss</i> |
|---|-----------|------------------------|--------------|
|   | fréquence | remarque               |              |
| Erythème migrant                                    | 70 %      |                        | 100 %        |
| Neuroborréliose                                     | 14 %      |                        | “            |
| Arthrite  | 30 %      | < 10 % séries récentes | “            |
| ACA   | -         | rarissime aux USA      | -            |
| Lymphocytome  | -         | rarissime aux USA      | -            |
| Atteinte cardiaque, oculaire                        | 1 %       |                        | “            |

# DIAGNOSTIC CLINIQUE & BIOLOGIQUE



# **DIAGNOSTIC BIOLOGIQUE**

## **LES OUTILS “VALIDÉS”**

# Diagnostic biologique direct

## Les outils du diagnostic direct

- culture

- ☆ croissance lente / milieu BSK spécifique mais non sélectif / expérience ++

Fond noir



- biologie moléculaire

- ☆ PCR "maison", peu de troussees commercialisées

PCR temps réel

- examen anatomopathologique

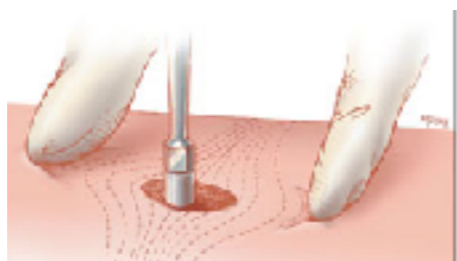
- ☆ infiltrat compatible mais non spécifique

Examens spécialisés

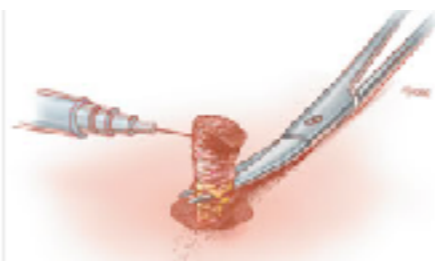
Prélèvements "invasifs"

**"deuxième intention"**

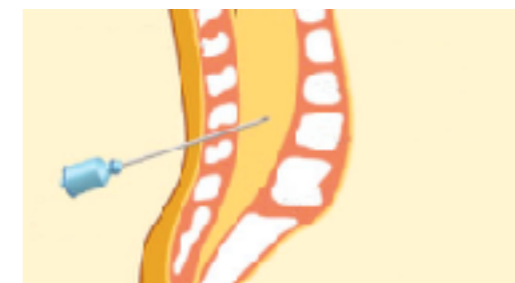
## Quels prélèvements ?



biopsie cutanée

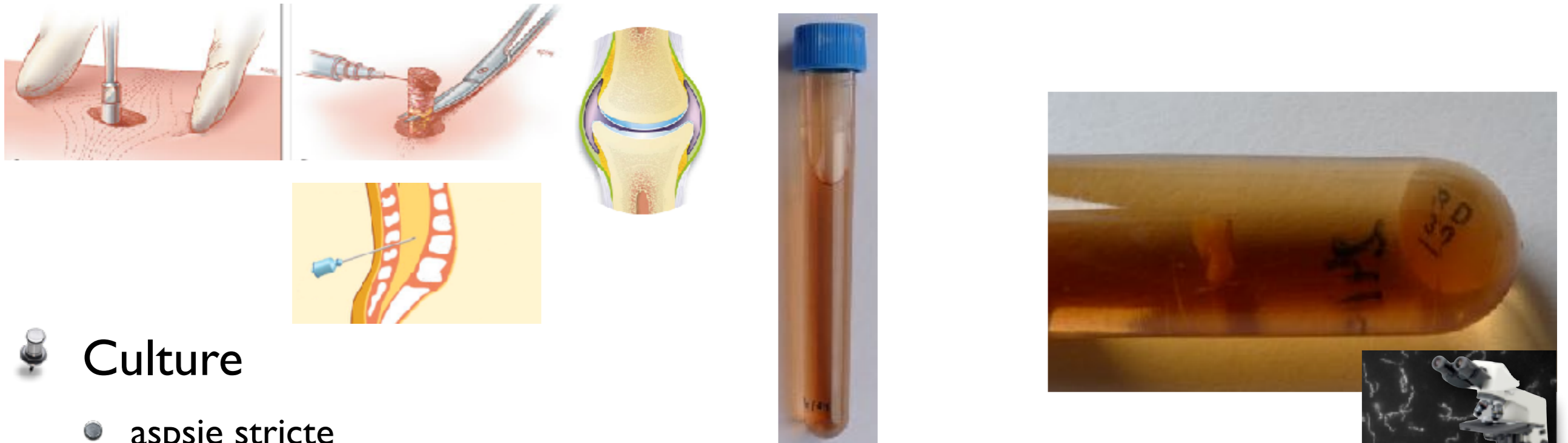


matériel articulaire



LCR

# Diagnostic biologique direct



## Culture

- aspsie stricte
- ensemencement immédiat en milieu BSK au lit du patient
- acheminement à T° ambiante
- + disque rifampicine à l'arrivée au labo (↘ risque de contamination)

## PCR

- acheminement à T° ambiante en milieu BSK si PCR + culture
- acheminement à -80 °C (tube stérile sans additif)
- acheminement à +4 °C possible si transport < 48h (dans eau  $\varphi$  si peau)



# Sérologie : techniques de dépistage

## Évolution des outils sérologiques



IFI



1<sup>re</sup> génération

Ag cellulaires complets



2<sup>e</sup> génération

Ag purifiés



3<sup>e</sup> génération

+ Ag recombinants (VIsE)

tests ELISA

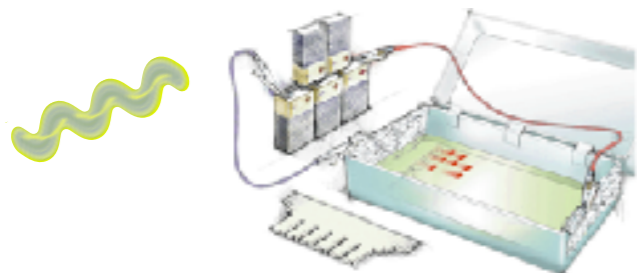
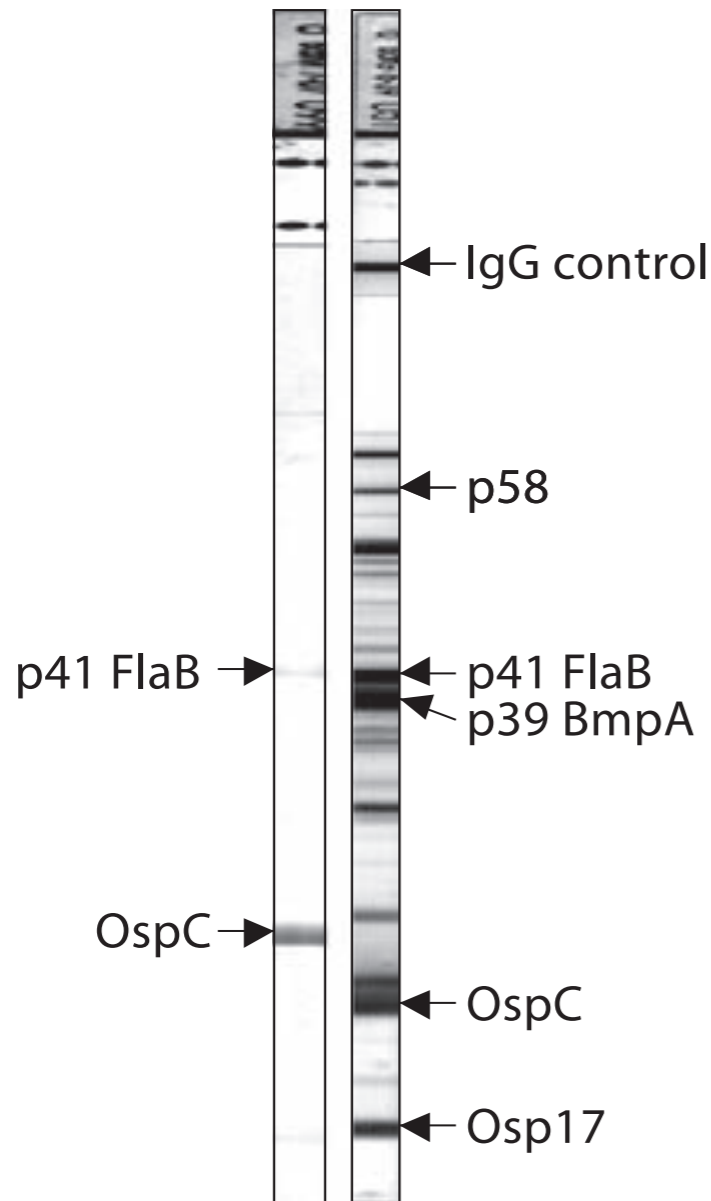
☆ Ac totaux ou détection séparée IgG/IgM (meilleure interprétation)

## Performances des tests ELISA

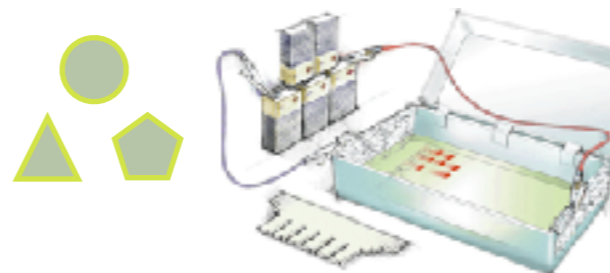
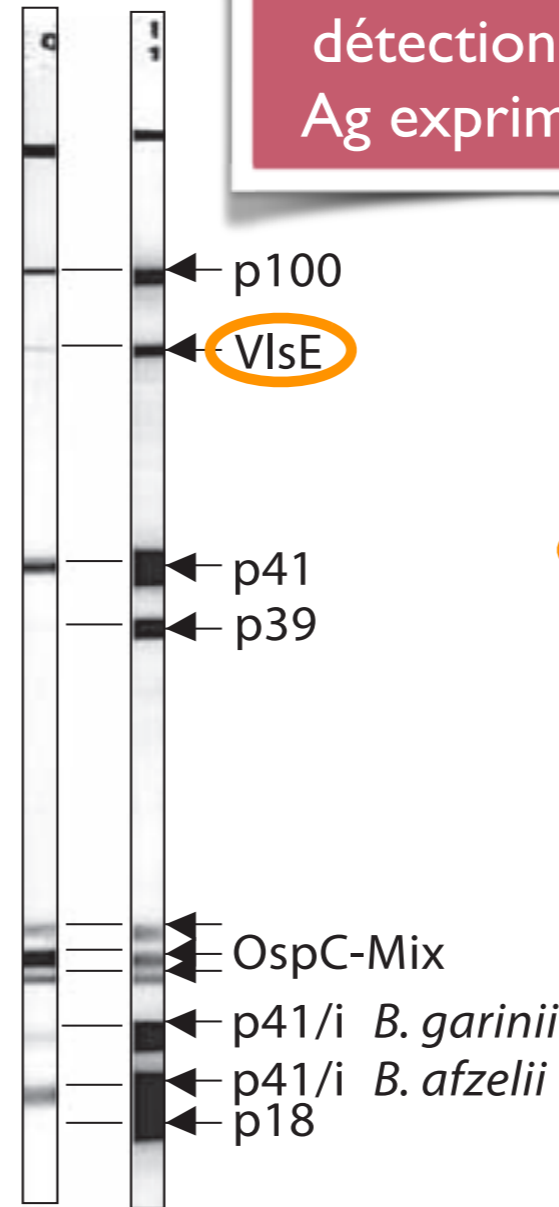
- sensibilité très bonne de la plupart des trousse
- marquage CE insuffisant pour garantir la qualité du réactif utilisé
- spécificité minimale de 90 % requise (critères EUCALB)

# Sérologie : techniques de confirmation

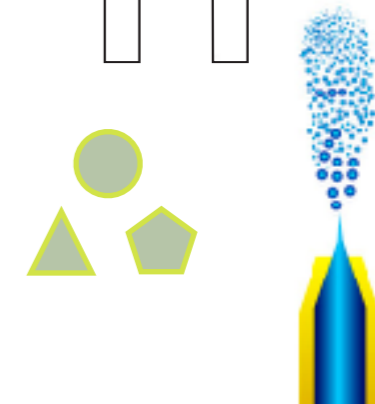
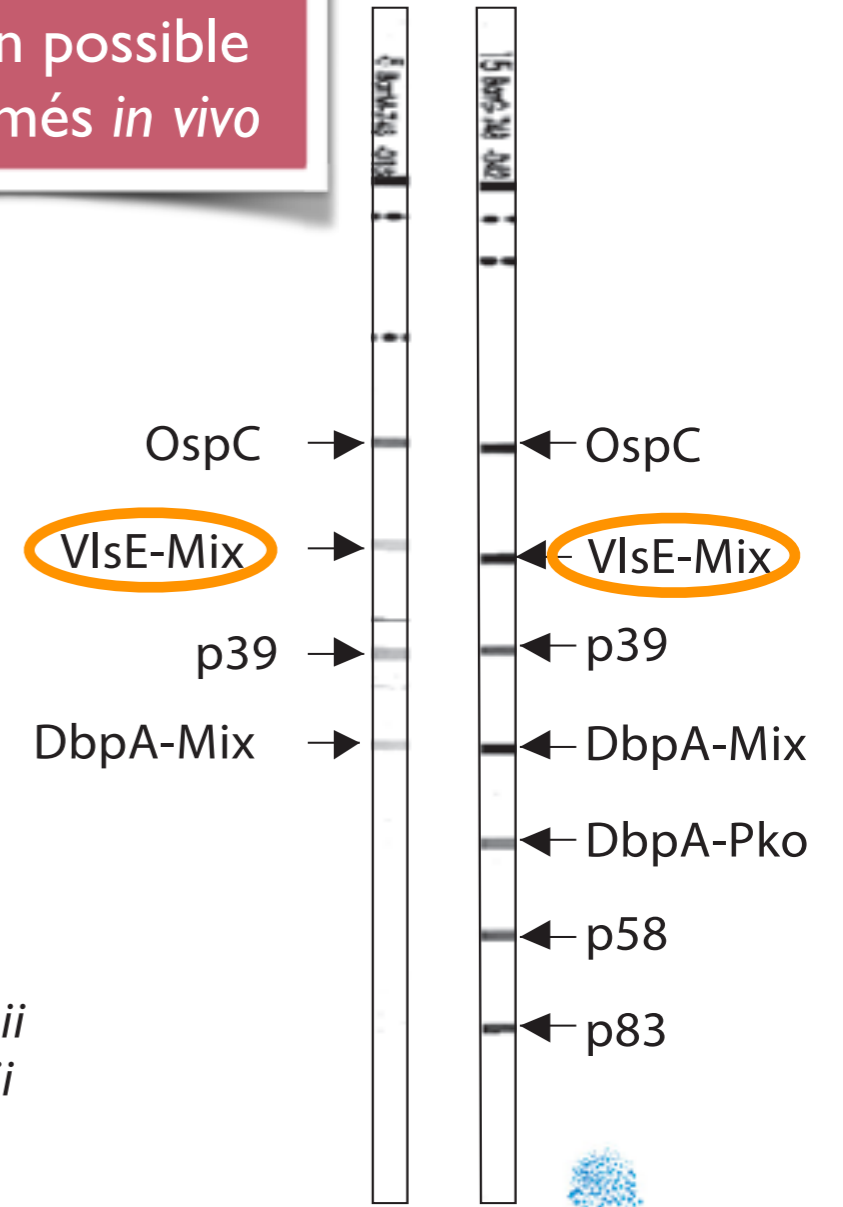
Whole cell  
immunoblot  
IgM IgG



Recombinant  
immunoblot  
IgM IgG



Line  
immunoblot  
IgM IgG



# Tests de confirmation

## Whole cell immunoblot

## Recombinant immunoblot

## Line immunoblot

tous Ag "naturels" accessibles

sélection de protéines recombinantes purifiées

Ag spé / Ag peu spé

choix d'Ag spé

choix d'AG spé

Ag exprimés en culture *in vitro*

possibilité incorporation d'Ag présents *in vivo* uniquement (VIsE)

**SDS-PAGE**

**SDS-PAGE**

**Ag "sprayés"**

Ag dénaturés

Ag dénaturés

détection possible d'Ac spé de l'Ag natif

Ag d'une seule espèce

possibilité Ag de pls espèces

possibilité Ag pls espèces  
+ détection séparée d'Ag de même PM

**peu standardisés**

**meilleure standardisation**

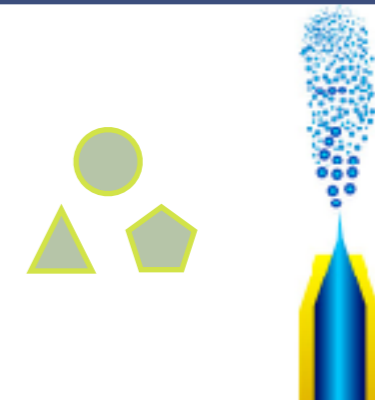
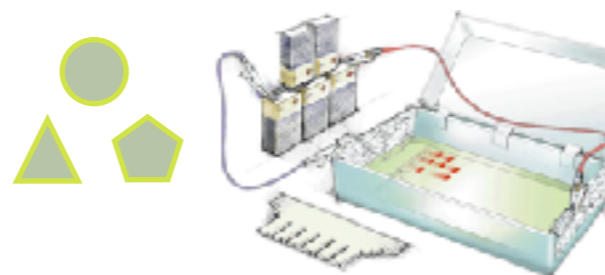
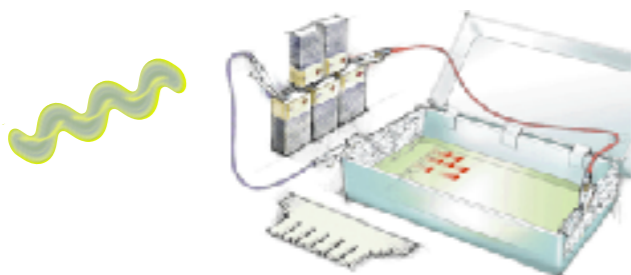
**expertise importante de lecture**

**lecture plus facile**

**coût le plus faible**

**coût élevé**

**coût le plus élevé**



# Diagnostic biologique indirect

## Les outils du diagnostic indirect : sérologie

### Stratégie en 2 temps

#### I. Test de première intention

tests ELISA

si - → **sérologie négative**

automates

- sensibilité très bonne de la plupart des trousse
- qualité du réactif utilisé ? marquage CE insuffisant
- spécificité minimale de 90 % requise (critères EUCALB)

**on recherche la meilleure sensibilité possible,  
quitte à avoir une spécificité "faible" (>90%)**

# Diagnostic biologique indirect

Les outils du diagnostic indirect : sérologie 

## Stratégie en 2 temps

1. Test de première intention

tests ELISA

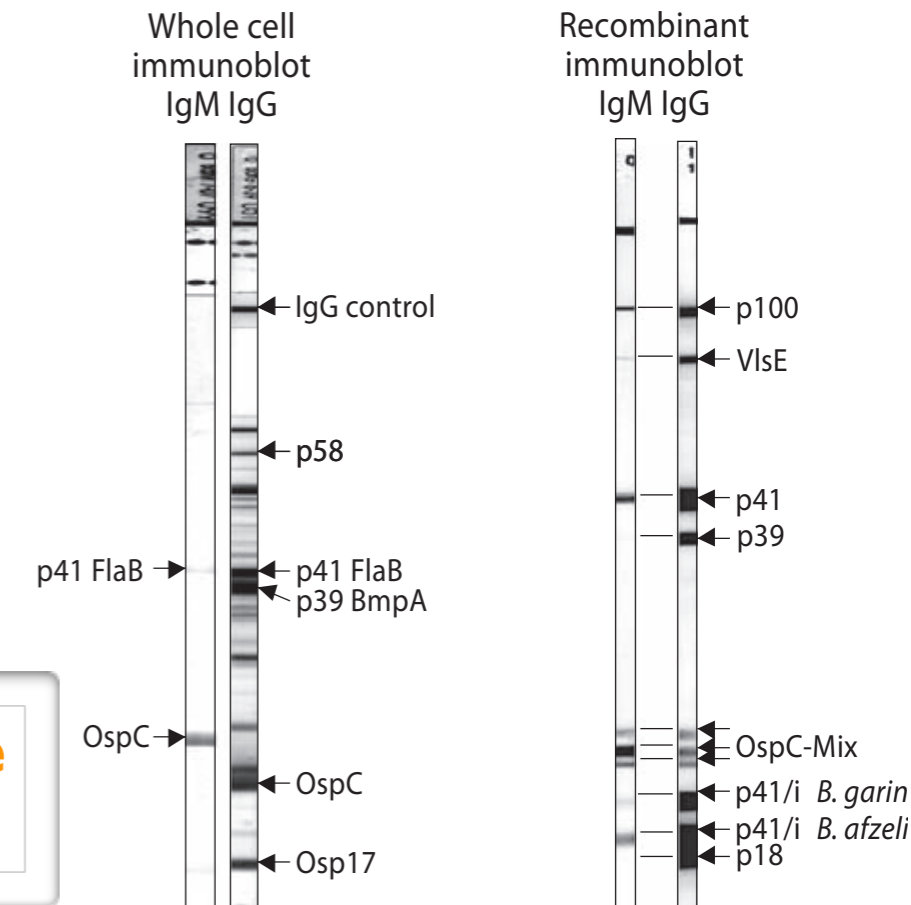
si - → sérologie négative

2. Test de confirmation

Immunoblots

- spécificité minimale de 95 % requise (critères EUCALB)
- **confirme la spécificité des Ac** détectés en ELISA
- large panel d'Ag de *Borrelia* → “profil Ac” du patient

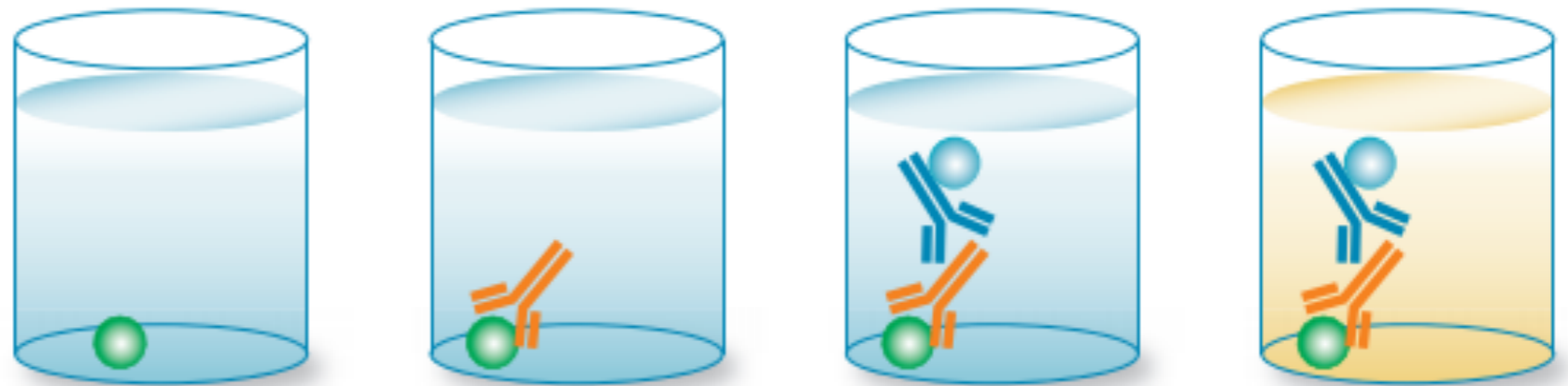
**on s'assure avec ce test spécifique de confirmer que les Ac détectés sont bien dirigés contre *Borrelia***



# Tests ELISA

**ELISA positif : Ac du patient ont « accroché » des épitopes des Ag présents**  
**Les anticorps détectés sont-ils bien dirigés contre *Borrelia* (spécifiques) ???**

## Exemple Test ELISA



### Test IgG

- Ag souche *B. afzelii* Pko (OspC ++) enrichi en VlsE

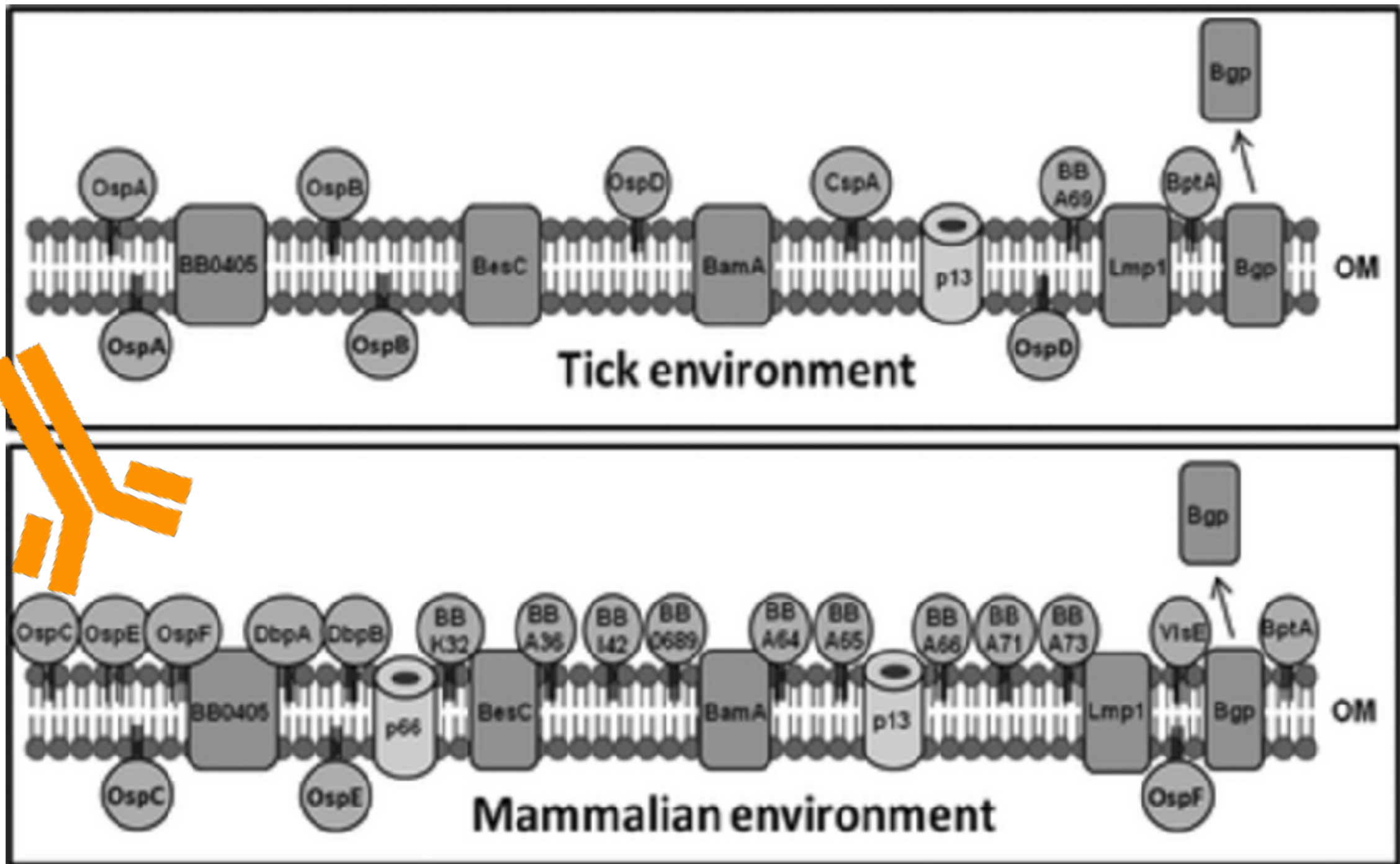


### Test IgM

- Idem avec préadsorption sérums (↘ f. rhumatoïde)

# Tests de confirmation

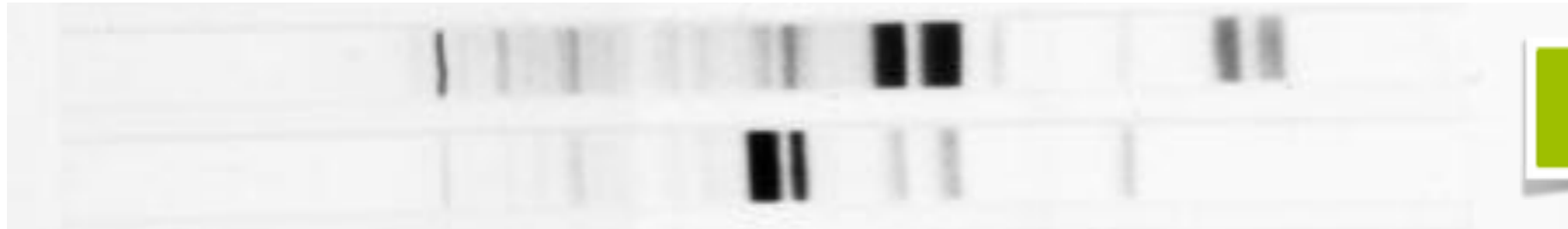
**ELISA positif : Ac du patient ont « accroché » des épitopes des Ag présents**  
**Les anticorps détectés sont-ils bien dirigés contre *Borrelia* (spécifiques) ???**



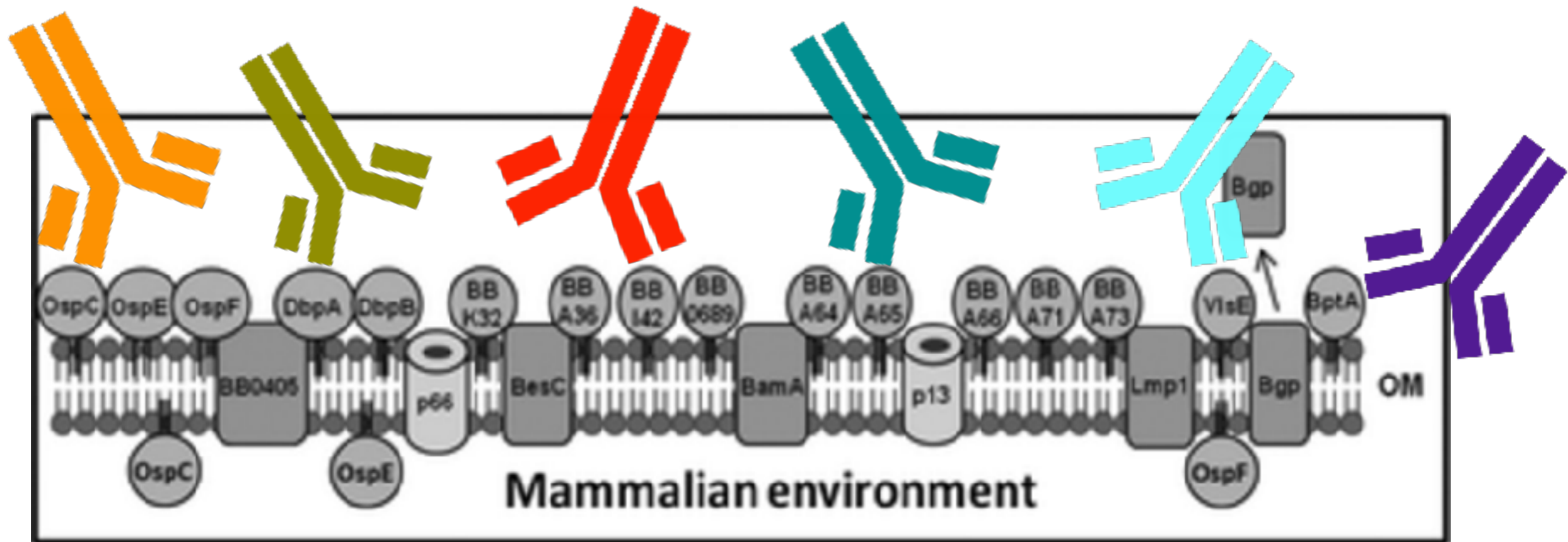
# Tests de confirmation

**ELISA positif : Ac du patient ont « accroché » des épitopes des Ag présents**  
**Les anticorps détectés sont-ils bien dirigés contre *Borrelia* (spécifiques) ???**

+



Profil riche  
Ac spécifiques

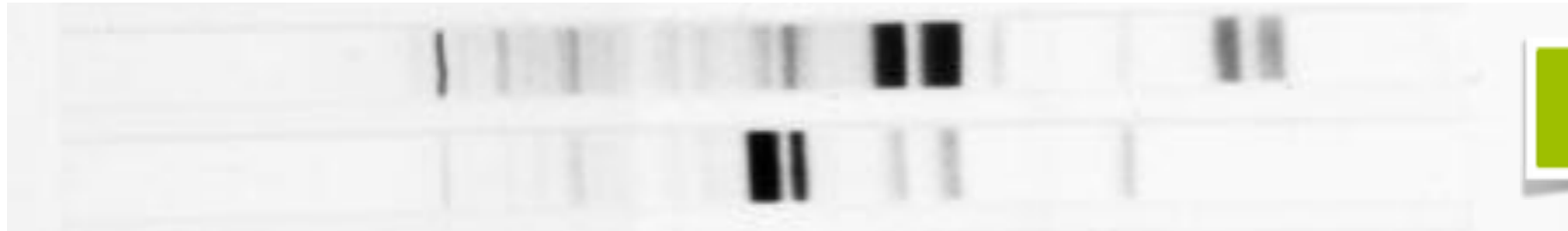




# Tests de confirmation

**ELISA positif : Ac du patient ont « accroché » des épitopes des Ag présents**  
**Les anticorps détectés sont-ils bien dirigés contre *Borrelia* (spécifiques) ???**

+

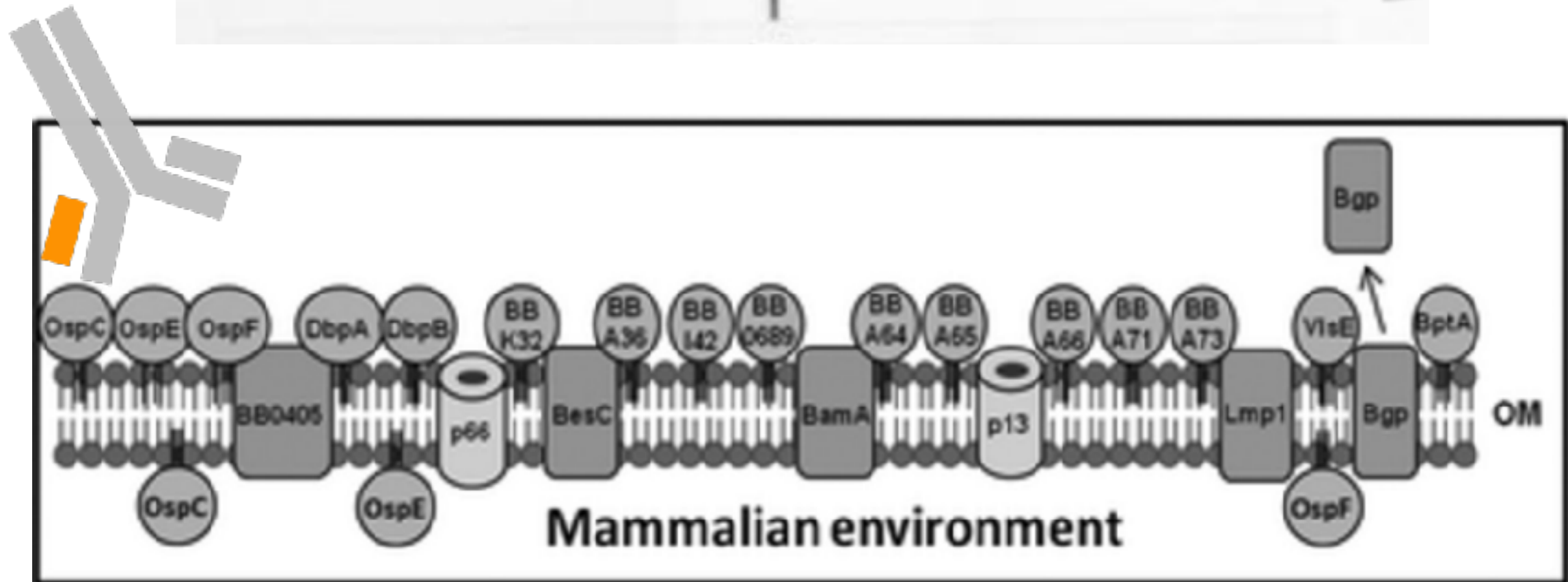


Profil riche  
Ac spécifiques

-



Profil pauvre  
Ac non spé

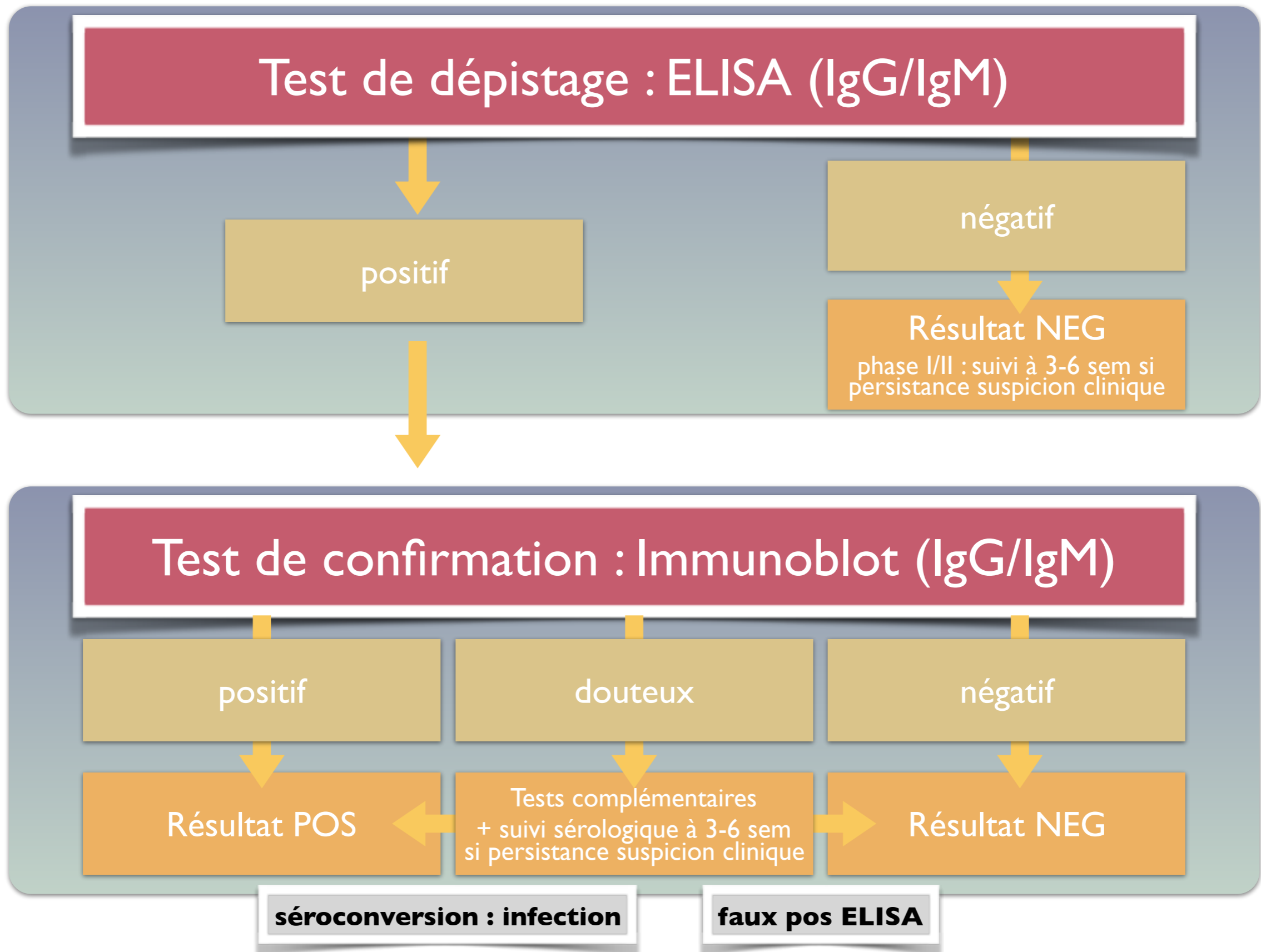


# Tests de confirmation

| Protéines                    | Phase précoce | Phases disséminée et tardive | Spécificité  |
|------------------------------|---------------|------------------------------|--------------|
| p83/100                      |               | +                            | <b>forte</b> |
| p58                          | +             | +                            | moyenne      |
| p43                          | +             | +                            | moyenne      |
| p41<br>( <b>flagelline</b> ) | +             | +                            | faible       |
| p39<br>( <b>BmpA</b> )       |               | +                            | moyenne      |
| <b>OspA</b>                  |               | + (arthrite)                 | moyenne      |
| p21<br><b>OspC</b>           | +             | +                            | <b>forte</b> |
| p17/p18<br>( <b>DbpA</b> )   |               | +                            | moyenne      |
| <b>VisE</b>                  | +             | +                            | <b>forte</b> |

**absence de p41 rend très peu probable le diagnostic**

# Sérologie Lyme : un “pas à pas” rationnel



# Évolution sérologique “classique”

## phase initiale de la maladie (au stade d'EM)

- **séropositivité** ( $\approx$  20-60 % des patients)
    - ☆ 40-80 % “faux” négatifs
  - **apparition initiale d'IgM (pas av 3 sem), puis apparition des IgG 2-3 sem plus tard**
    - ☆ séroconversion peut survenir
- après TT efficace ? ☆ **persistance possible d'Ac pls mois/années (y compris d'IgM)**
- ☆ absence totale d'Ac possible

## phases disséminée et tardive

- ↗ **progressive séropositivité** ( $\approx$  90% lymphocytome borrélien  $\approx$  100% ACA / arthrite)
- après TT efficace ? ☆ **persistance possible d'Ac pls mois/années (y compris d'IgM)**

pas recommandée pour le diagnostic d'EM typique

pas recommandée pour le suivi de l'efficacité du TT

présence d'IgM pas synonyme d'une infection aiguë

**sérologie**

# Sérologie positive $\neq$ borréliose de Lyme active



## Étude sérologique grand-Est France

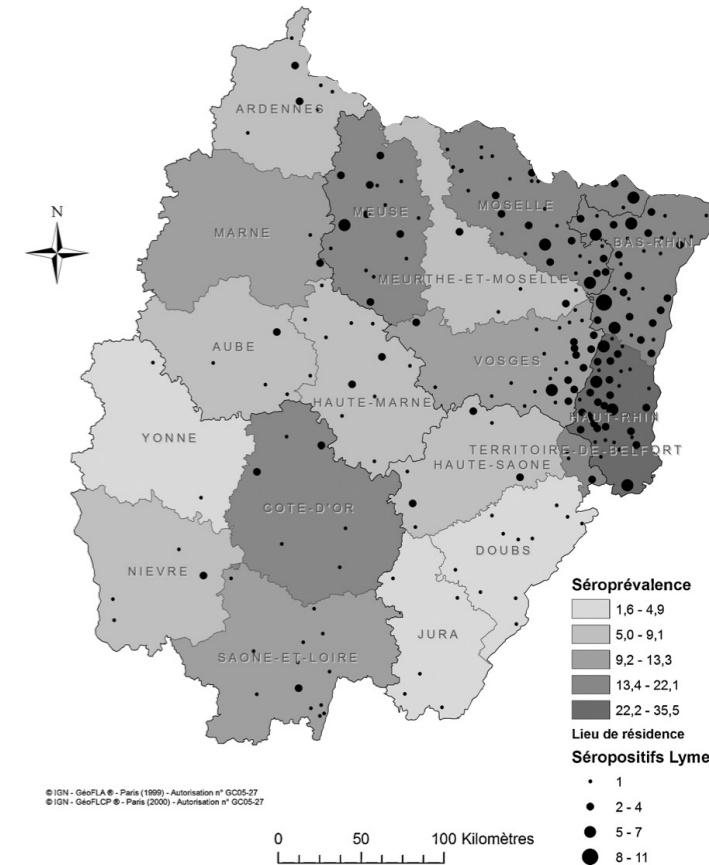
Thorin C et coll, Med Mal Inf 2008

- 2975 forestiers testés
- 17% séropositivité (27% en Alsace)



- ☆ manifestations articulaires : 14%
- ☆ érythème migrant : 12%

Séroprévalence



## Persistance Ac

- Ac résiduels infection *Borrelia* passée

Cicatrice sérologique



## Réactions croisées (++) IgM)

- Ac syphilis, EBV/CMV/HSV ... maladies de système, maladies dysimmunitaires, ...

Spécificité intrinsèque des tests sérologiques



# Investigation clinico-biologique



## éléments cliniques

- données anamnestiques : exposition possible piqûre de tique, évolution clinique
- type des manifestations cliniques observées



## données sérologiques (+ autres éléments biologiques)

- classe des immunoglobulines détectées (IgM, IgG)
- profil antigénique de la réaction sérologique (immunoempreintes)

IgM isolées  
Ag limités (Fla, OspC)



ACA / arthrite  
exclues

manifestations précoces  
réaction croisée ?

IgG prédominants  
Ag variés (p83/100, VlsE, OspA, DbpA, ...)



manifestations tardives  
cicatrice sérologique ?

infection récente  
peu probable

sauf réinfection !!!

# Performances intrinsèques/extrinsèques des tests

## Performances intrinsèques

- **sensibilité (se)** : % de test positif chez sujets malades
- **spécificité (spé)** : % de test négatif chez les sujets sains
- intrinsèques au test (pour une situation clinique donnée : ex arthrite de Lyme)
  - ☆ sont fixées par le seuil de positivité retenu (ne varient pas quand seuil fixé)
  - ☆ sont indépendantes de la prévalence de la maladie

## Performances extrinsèques

- **valeur prédictive positive (VPP)** : % de test sujets malades parmi les tests +
- **valeur prédictive négative (VPN)** : % de sujets sains parmi les tests -
- extrinsèques au test (pour une situation clinique donnée : ex arthrite de Lyme)
  - ☆ VPN et VPP varient en fonction du niveau de prévalence dans pop testée

# Performances intrinsèques/extrinsèques des tests

| <b>Séro ELISA</b>    | <b>Test +</b>         | <b>Test -</b>         | <b>Total</b>  |
|----------------------|-----------------------|-----------------------|---------------|
| <b>Lyme confirmé</b> | <b>Vrais positifs</b> | <b>Faux négatifs</b>  | <b>?</b>      |
| <b>Sujet sain</b>    | <b>Faux positifs</b>  | <b>Vrais négatifs</b> | <b>?</b>      |
| <b>Total</b>         | <b>?</b>              | <b>?</b>              | <b>10 000</b> |



# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

**Forte**

Spécificité : 90%

**Recos EUCALB**

Sensibilité : 90%

**Moyenne**

| Séro ELISA           | Test +                         | Test -                         | Total                |
|----------------------|--------------------------------|--------------------------------|----------------------|
| <b>Lyme confirmé</b> | <p>?</p> <p>Vrais positifs</p> | <p>?</p> <p>Faux négatifs</p>  | <p>?</p>             |
| <b>Sujet sain</b>    | <p>?</p> <p>Faux positifs</p>  | <p>?</p> <p>Vrais négatifs</p> | <p>?</p>             |
| <b>Total</b>         | <p>?</p>                       | <p>?</p>                       | <p><b>10 000</b></p> |

# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

**Forte**

Spécificité : 90%

**Recos EUCALB**

Sensibilité : 90%

**Moyenne**

| Séro ELISA    | Test +              | Test -              | Total         |
|---------------|---------------------|---------------------|---------------|
| Lyme confirmé | ?<br>Vrais positifs | ?<br>Faux négatifs  | <b>100</b>    |
| Sujet sain    | ?<br>Faux positifs  | ?<br>Vrais négatifs | <b>9 900</b>  |
| <b>Total</b>  | <b>?</b>            | <b>?</b>            | <b>10 000</b> |

# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

Forte

Spécificité : 90%

Recos EUCALB

Sensibilité : 90%

Moyenne

| Séro ELISA    | Test +               | Test -                  | Total         |
|---------------|----------------------|-------------------------|---------------|
| Lyme confirmé | ?<br>Vrais positifs  | ?<br>Faux négatifs      | 100           |
| Sujet sain    | 990<br>Faux positifs | 8 910<br>Vrais négatifs | 9 900         |
| <b>Total</b>  | ?                    | ?                       | <b>10 000</b> |

# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

Forte

Spécificité : 90%

Recos EUCALB

Sensibilité : 90%

Moyenne

| Séro ELISA    | Test +                      | Test -                         | Total         |
|---------------|-----------------------------|--------------------------------|---------------|
| Lyme confirmé | <b>90</b><br>Vrais positifs | <b>10</b><br>Faux négatifs     | <b>100</b>    |
| Sujet sain    | <b>990</b><br>Faux positifs | <b>8 910</b><br>Vrais négatifs | <b>9 900</b>  |
| <b>Total</b>  | <b>1 080</b>                | <b>8 920</b>                   | <b>10 000</b> |

# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

Forte

Spécificité : 90%

Recos EUCALB

Sensibilité : 98%

Excellente

| Séro ELISA    | Test +                      | Test -                         | Total         |
|---------------|-----------------------------|--------------------------------|---------------|
| Lyme confirmé | <b>98</b><br>Vrais positifs | <b>2</b><br>Faux négatifs      | <b>100</b>    |
| Sujet sain    | <b>990</b><br>Faux positifs | <b>8 910</b><br>Vrais négatifs | <b>9 900</b>  |
| <b>Total</b>  | <b>1 088</b>                | <b>8 912</b>                   | <b>10 000</b> |

# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

**Forte**

Spécificité : 95%

**> Recos EUCALB**

Sensibilité : 98%

**Excellente**

| Séro ELISA    | Test +                      | Test -                         | Total         |
|---------------|-----------------------------|--------------------------------|---------------|
| Lyme confirmé | <b>98</b><br>Vrais positifs | <b>2</b><br>Faux négatifs      | <b>100</b>    |
| Sujet sain    | <b>495</b><br>Faux positifs | <b>9 405</b><br>Vrais négatifs | <b>9 900</b>  |
| <b>Total</b>  | <b>593</b>                  | <b>9 407</b>                   | <b>10 000</b> |

# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

**Forte**

Spécificité : 95%

**> Recos EUCALB**

Sensibilité : 98%

**Excellente**

| Séro ELISA    | Test +                      | Test -                         | Total         |
|---------------|-----------------------------|--------------------------------|---------------|
| Lyme confirmé | <b>98</b><br>Vrais positifs | <b>2</b><br>Faux négatifs      | <b>100</b>    |
| Sujet sain    | <b>495</b><br>Faux positifs | <b>9 405</b><br>Vrais négatifs | <b>9 900</b>  |
|               | <b>593</b>                  | <b>9 407</b>                   | <b>10 000</b> |

pop à forte prévalence (1%)

**VPN = ???**

**VPP = ???**

# Performances intrinsèques/extrinsèques des tests



Prévalence : 1%

Forte

Spécificité : 95%

> Recos EUCALB

Sensibilité : 98%

Excellente

| Séro ELISA    | Test +               | Test -                  | Total  |
|---------------|----------------------|-------------------------|--------|
| Lyme confirmé | 98<br>Vrais positifs | 2<br>Faux négatifs      | 100    |
| Sujet sain    | 495<br>Faux positifs | 9 405<br>Vrais négatifs | 9 900  |
|               | 593                  | 9 407                   | 10 000 |

pop à forte prévalence (1%)

**VPN = 99,98 %**

**VPP = ???**



# Performances intrinsèques/extrinsèques des tests

Prévalence : 1%

Forte

Spécificité : 95%

> Recos EUCALB

Sensibilité : 98%

Excellente

| Séro ELISA    | Test +               | Test -                  | Total  |
|---------------|----------------------|-------------------------|--------|
| Lyme confirmé | 98<br>Vrais positifs | 2<br>Faux négatifs      | 100    |
| Sujet sain    | 495<br>Faux positifs | 9 405<br>Vrais négatifs | 9 900  |
|               | 593                  | 9 407                   | 10 000 |

pop à forte prévalence (1%)

**VPN = 99,98 %**

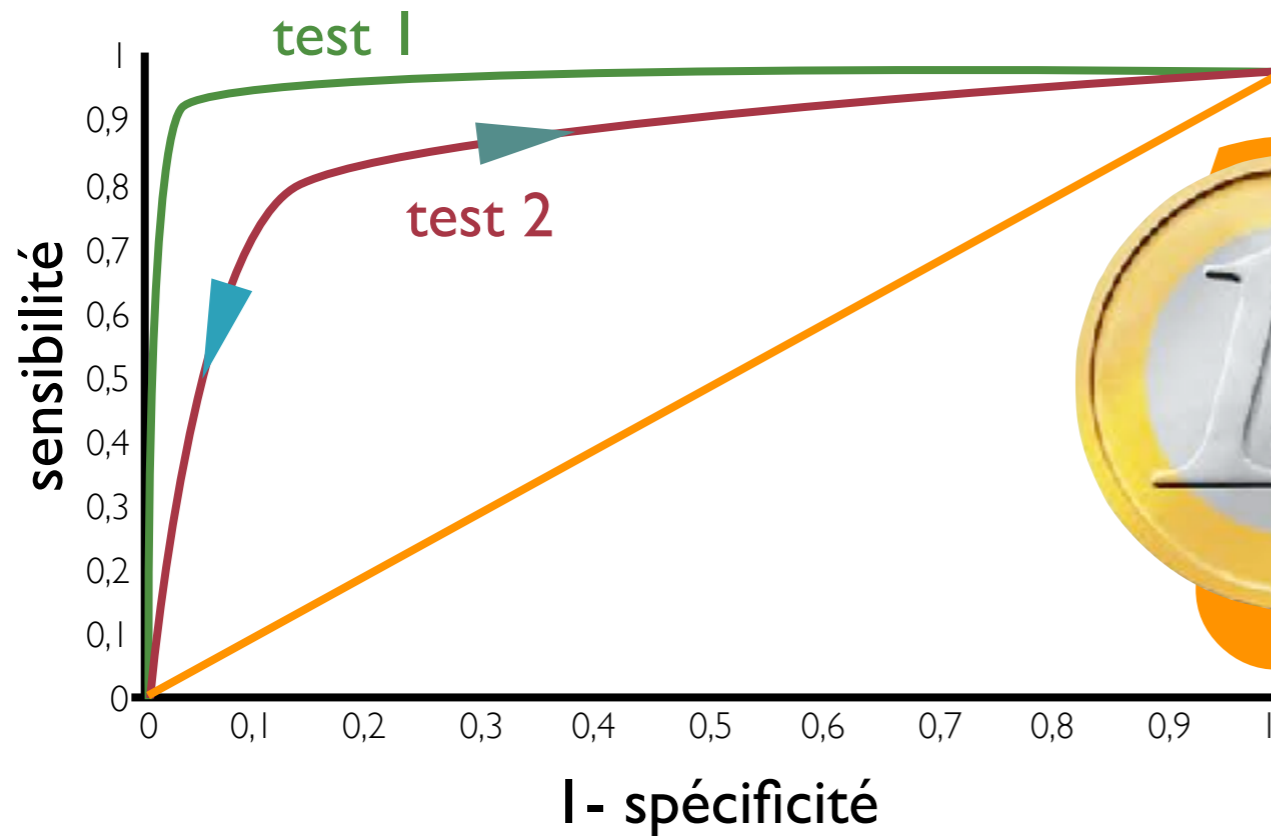
**VPP = 16,5 %**

# Bon usage des troussees commerciales

Prévalence : 1%

Spécificité : 95%

Sensibilité : 98%



Performances intrinsèques du test

se/spé test 1 > se/spé test 2

Détermination seuil positivité

seuil bas : ↗ se ↘ spé

seuil haut : ↘ se ↗ spé

pop à forte prévalence (1%)

**VPN = 99,98 %**

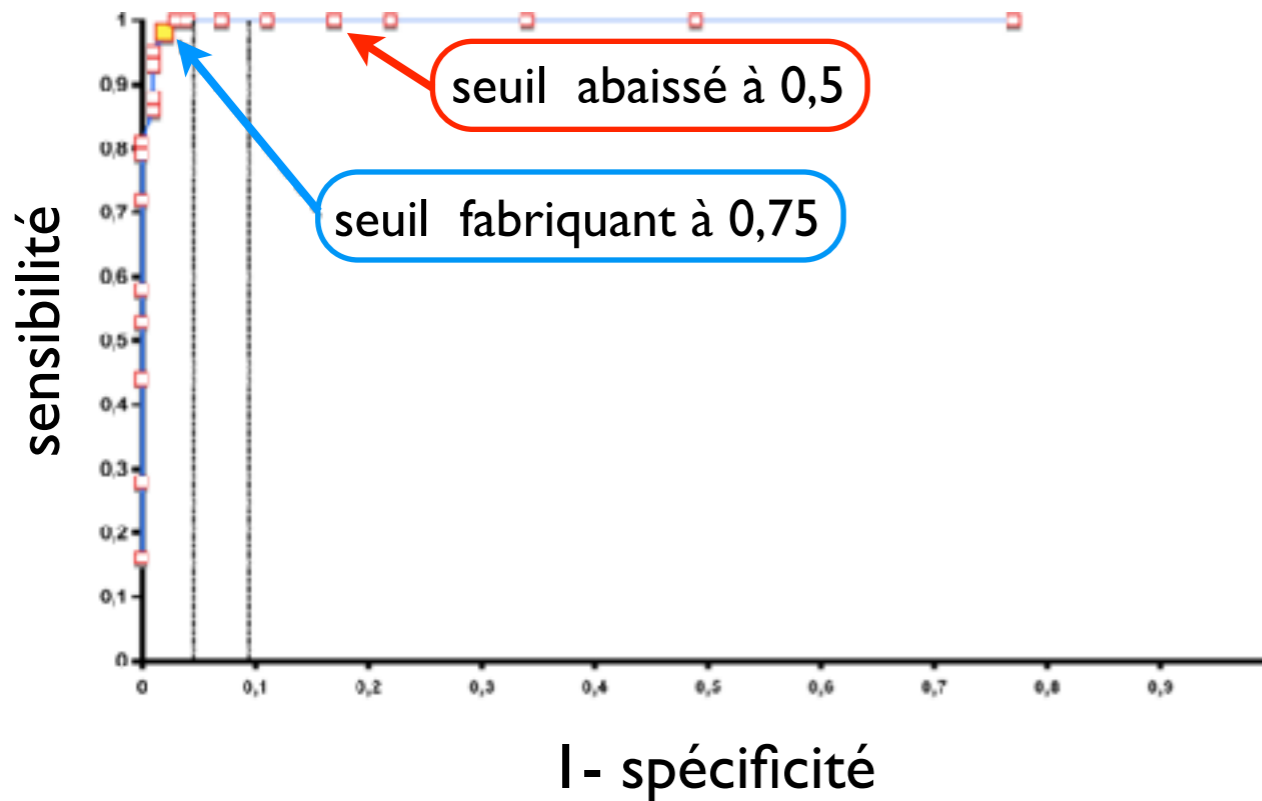
**VPP = 16,5 %**

# Bon usage des troussees commerciales

Prévalence : 1%

Spécificité : 95%

Sensibilité : 98%



37 sérums de sujets avec  
neuroborréliose confirmée

100 sérums de sujets indemnes de  
borréliose de Lyme

seuil fabriquant : se = 98% spé = 95%

seuil ↘ : se = 100% spé = 80%

pop à forte prévalence (1%)

**VPN = 99,98 %**

**VPP = 16,5 %**

pop à prévalence moy (0,1%)

**VPN = 99,99 %**

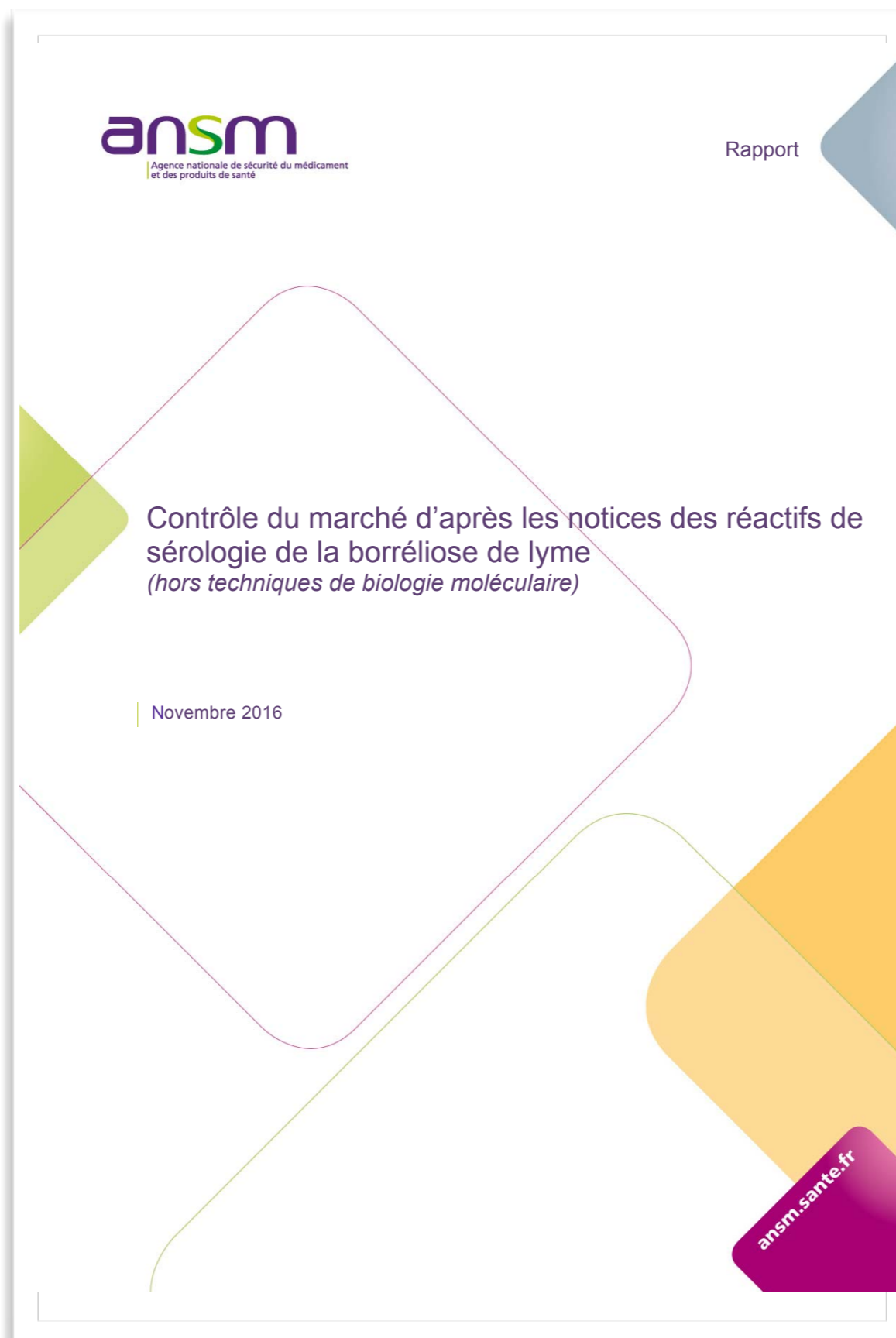
**VPP = 1,92 %**

pop à faible prévalence (0,1%)

**VPN = 100 %**

**VPP = 0,5 %**

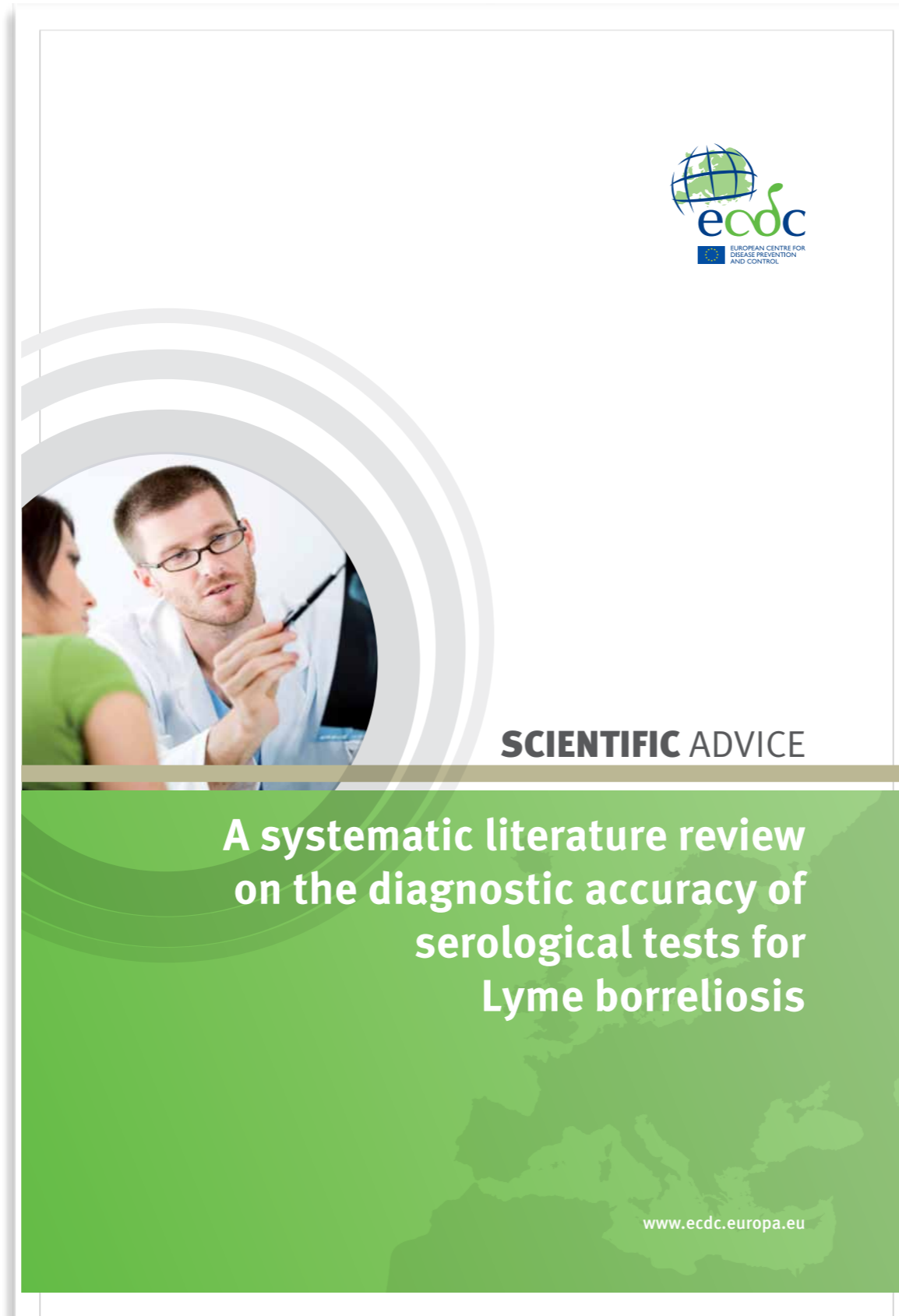
# Pour vous aider dans le choix des trousses




Analyses des notices

# Pour vous aider dans le choix des troussees

Analyses littérature



 **ecdc**  
EUROPEAN CENTRE FOR  
DISEASE PREVENTION  
AND CONTROL

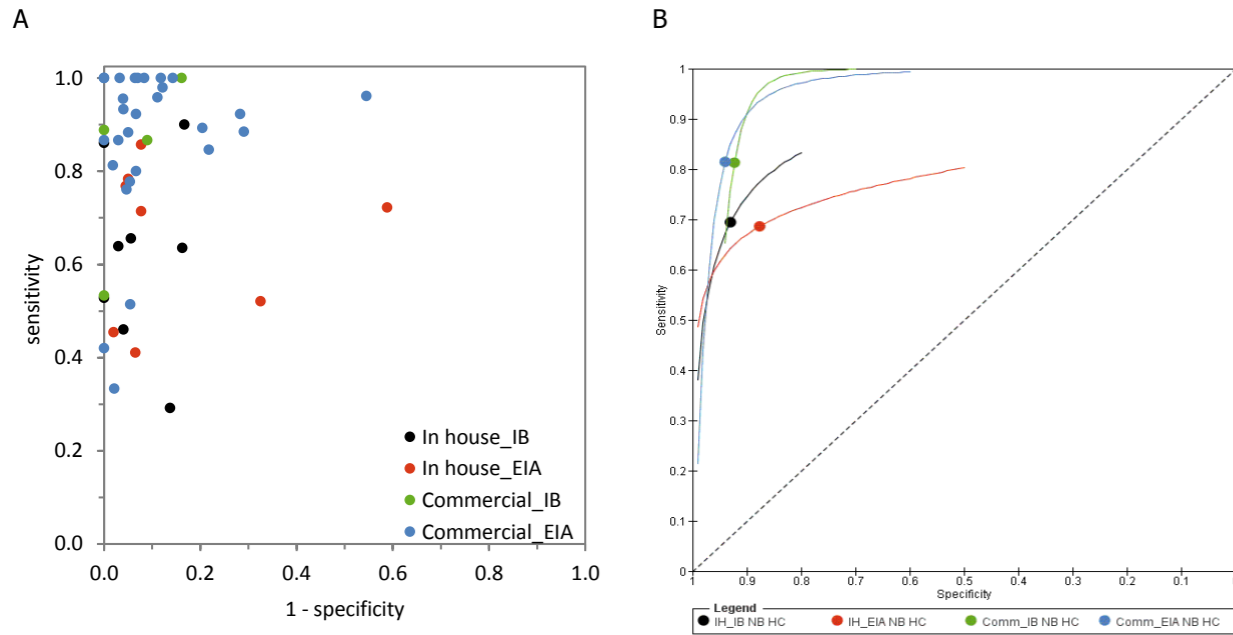
**SCIENTIFIC ADVICE**

**A systematic literature review  
on the diagnostic accuracy of  
serological tests for  
Lyme borreliosis**

[www.ecdc.europa.eu](http://www.ecdc.europa.eu)

# Pour vous aider dans le choix des trousse

**Figure 9. ROC scatter plot (A) and fitted summary ROC curves (B) for NB case-control studies with healthy controls**



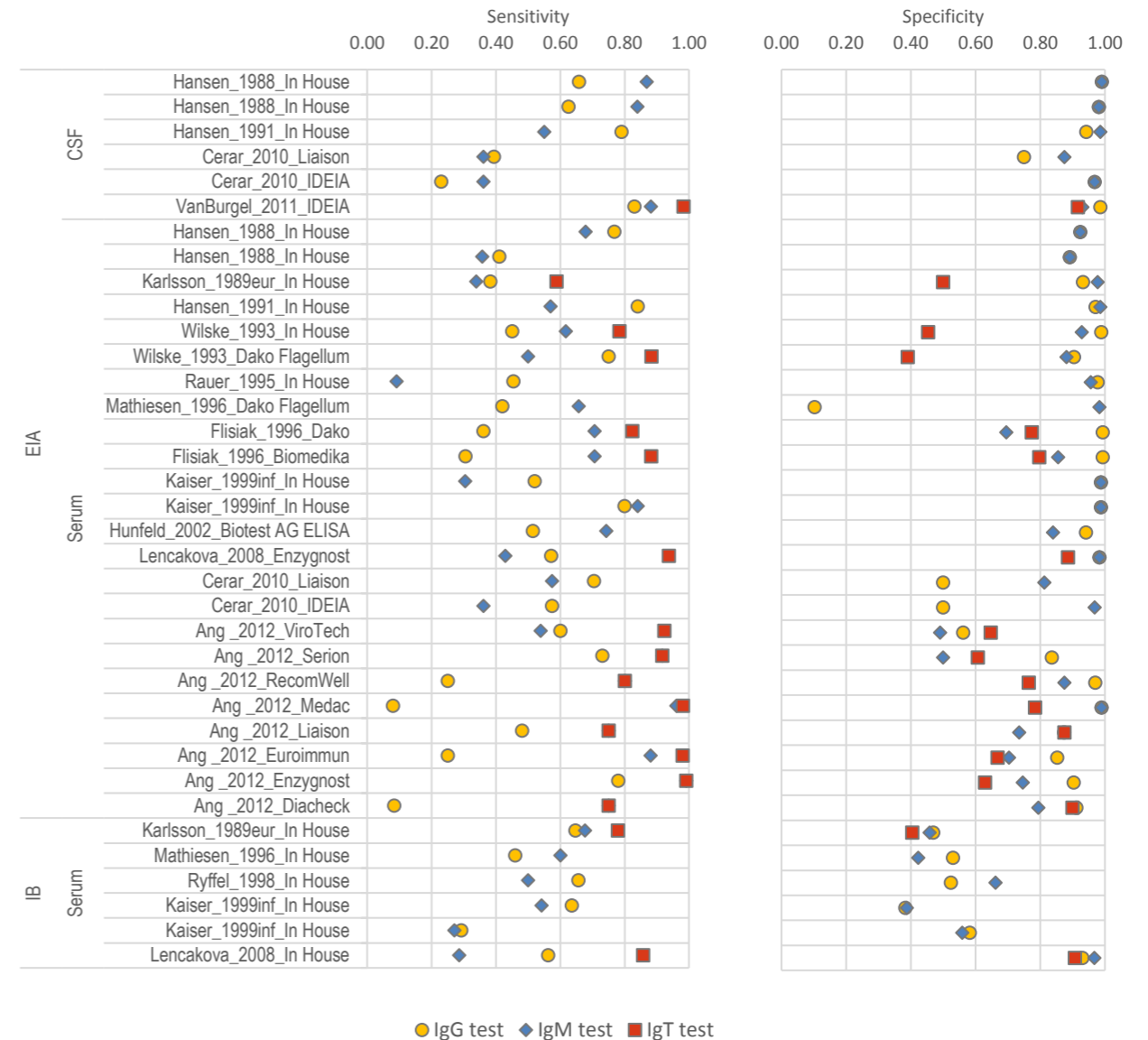
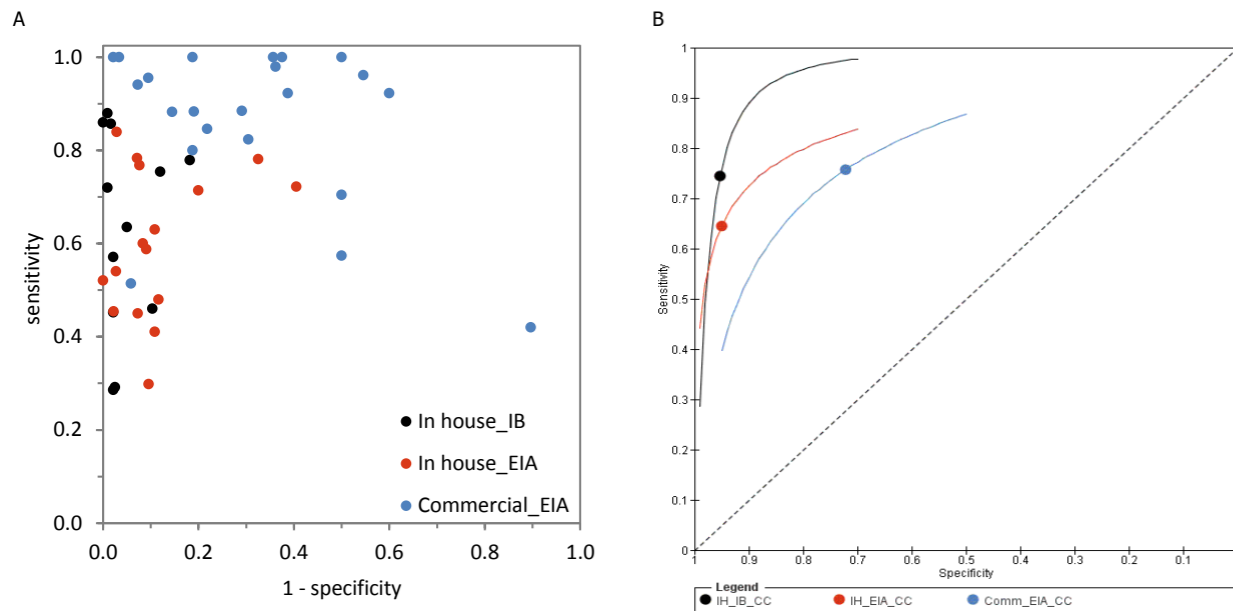
## Analyses littérature



### Annex 8. Neuroborreliosis: case-control studies with cross-reacting controls

Sensitivity and specificity of IgM, IgG and IgT tests for NB case-control studies with cross-reacting controls. Of the 36 tests, 30 are EIA and 6 are IB. Studies are sorted according to year of publication.

**Figure 13. ROC scatter plot (A) and fitted summary ROC curves (B) for NB case-control studies with cross-reacting controls**



# Pour vous aider dans le choix des trousse

Etude comparative



## Evaluation des trousse de sérologie *Borrelia* par immuno-empreinte

Drs S. De Martino, P. Zachary, Pr. Benoît Jaulhac

CNR des *Borrelia*, CHU de Strasbourg

<http://www.chru-strasbourg.fr/Les-centres-de-refernce/Borrelia>

# **TESTS “ALTERNATIFS” NON VALIDÉS**



# TESTS DE TRANSFORMATION LYMPHOCYTAIRES

# Test de transformation lymphocytaire (LTT)

Send Orders of Reprints at [reprints@benthamscience.org](mailto:reprints@benthamscience.org)

104

The Open Neurology Journal, 2012, 6, (Suppl 1-M5) 104-112

Open Access

## The Lymphocyte Transformation Test for Borrelia Detects Active Lyme Borreliosis and Verifies Effective Antibiotic Treatment

Volker von Baehr<sup>1</sup>, Cornelia Doebis<sup>1</sup>, Hans-Dieter Volk<sup>2</sup>, Rüdiger von Baehr<sup>1,\*</sup>

Send Orders of Reprints at [reprints@benthamscience.org](mailto:reprints@benthamscience.org)

The Open Neurology Journal, 2012, 6, (Suppl 1-M5) 104-112

Open Access

### The Lymphocyte Transformation Test for Borrelia Detects Active Lyme Borreliosis and Verifies Effective Antibiotic Treatment

Volker von Baehr<sup>1</sup>, Cornelia Doebis<sup>1</sup>, Hans-Dieter Volk<sup>2</sup>, Rüdiger von Baehr<sup>1,\*</sup>

<sup>1</sup>Institute for Medical Diagnostics, Immunology Department, Nicolaisstrasse 22, 12247 Berlin

<sup>2</sup>Institute for Medical Immunology, Charité University Medicine Berlin, Casparystr. 1, 10117 Berlin

**Abstract:** Borrelia-specific antibodies are not detectable until several weeks after infection and even if they are present, they are no proof of an active infection. Since the sensitivity of culture and PCR for the diagnosis or exclusion of borreliosis is too low, a method is required that detects an active Borrelia infection as early as possible. For this purpose, a lymphocyte transformation test (LTT) using lysate antigens of Borrelia burgdorferi sensu stricto, Borrelia afzelii and Borrelia garinii and recombinant OspC was developed and validated through investigations of seronegative and seropositive healthy individuals as well as of seropositive patients with clinically manifested borreliosis. The sensitivity of the LTT in clinical borreliosis before antibiotic treatment was determined as 89.4% while the specificity was 98.7%. In 1480 patients with clinically suspected borreliosis, results from serology and LTT were comparable in 76.8% of cases. 18% were serologically positive and LTT-negative. These were mainly patients with borreliosis after antibiotic therapy. 2.2% showed a negative serology and a positive LTT result. Half of them had an early erythema migrans. Following antibiotic treatment, the LTT became negative or borderline in patients with early manifestations of borreliosis, whereas in patients with late symptoms, it showed a regression while still remaining positive. Therefore, we propose the follow-up monitoring of disseminated Borrelia infections as the main indication for the Borrelia-LTT.

**Keywords:** Borrelia serology, borreliosis, diagnostics, immune response, lymphocyte transformation test, T cells

#### INTRODUCTION

Lyme borreliosis is the most common disease transmitted by tick bite. Lyme borreliosis first manifests locally on the skin at the site of the tick bite and then systemically, possibly affecting one or more organs such as the skin, joints, muscles, sense organs, nervous system and heart. In the latter case, early (stage I and II) and late (stage III) manifestations can be distinguished [1]. Lyme borreliosis should be diagnosed by history and clinical symptoms. If the clinical symptoms are clear, laboratory diagnostics are of secondary importance only. The difficulty is, however, that the tick bite often goes unnoticed and the erythema migrans does not necessarily occur or is not noticed. In these cases, the requirement for early antibiotic treatment of borreliosis to prevent the complications of systemic dissemination of the pathogen, particularly of late borreliosis, cannot be met.

The symptoms associated with the systemic phase of Lyme borreliosis can be highly varied and ambiguous. In these cases, the detection of Borrelia-specific antibodies (serological laboratory diagnosis) becomes important for the diagnosis and treatment decision. The necessarily high quality demands cannot yet be completely fulfilled by Borrelia serology due to the following reasons: 1) Borrelia-specific

IgM antibodies, and IgG antibodies in particular, cannot be detected until several weeks after infection [1, 2]. Seronegative cases with late stage Lyme borreliosis have also been recently described [3]. But these are becoming more rare with the increasing quality of the assays following the introduction of recombinant Borrelia antigens. 2) The heterogeneity of Borrelia species and strains within a species requires a polymorphism of the Borrelia-specific protein antigens [4, 5]. This is a difficult problem for the sensitivity of Borrelia serology. 3) IgM antibodies against Borrelia OspC may be of the non-specific type [4, 5]. 4) A positive serological finding alone is not proof of a current active Borrelia infection [1, 4, 5]. 5) Borrelia serology is not suitable for the monitoring of therapy and evaluation of progress as IgG and IgM antibodies may persist for years after borreliosis has been cured [6].

The direct detection of Borrelia by culture or PCR has a high diagnostic value in the case of a positive result, but a negative result does not rule out Lyme borreliosis [4, 5].

There is currently no method available which, in addition to the serology, answers the question as to whether a specific case is a status post Borrelia infection or active borreliosis.

Each humoral immune response to an infection requires a specific cellular immune response with clonal proliferation of various antigen-specific lymphocyte subpopulations. Of central importance here are antigen-specific T helper lymphocytes (CD4<sup>+</sup> T<sub>H</sub> cells). In addition to effector T cells, long-lived T and B memory lymphocytes are formed. In the presence of antigen-presenting cells and protein antigens,

\*Address correspondence to this author at the Institut für Medizinische Diagnostik Berlin, Nicolaisstr. 22, 12247 Berlin, Germany.  
Tel: +49-30-77001210; Fax: +49-30-77001210;  
E-mail: v.vonbaehr@med.uni-berlin.de

Se : 89,4 %  
Spé : 98,7 %

**Distinction infection active vs cicatrice ?  
Vérification de l'efficacité du TT ?**

# Test de transformation lymphocytaire (LTT)



## Design de l'étude

- 94 Lyme+ : critères pour affirmer le diagnostic étiologique non précisés
- 160 contrôles : présélectionnés séro neg = biais sélection (corr LTT/séro)
- 1480 "clinical diagnosis of suspected Lyme borreliosis" : pas définition clinique

## Capacité du TTL à détecter une infection active ?

- design de l'étude : pas preuve infection active (clinique ? PCR ? Culture ?)

## Capacité du TTL à vérifier l'efficacité du TT ?

- design de l'étude : pas de suivi prospectif avec un groupe contrôle

**Ni le design de l'étude, ni les données présentées ne justifient le contenu du titre ou des CC de l'article**

## Autres remarques

- pas d'ethic statement et pas de conflits d'intérêt déclarés ...
- mais lien avec un labo commercialisant et recommandant les tests ELISPOT
- <http://www.imd-berlin.de/en/special-areas-of-competence/lymphocyte-transformation-test-ltt.html>

**Se : 89,4 %**  
**Spé : 98,7 %**

# Test de transformation lymphocytaire (LTT)

*Final Orders of Reprints at reprints@wileyonlinetext.com*

136 The Open Neurology Journal, 2012, 6, (Suppl 1-26): 136-142

**The Lymphocyte Transformation Test for Borrelia Detects Active Lyme Borreliosis and Verifies Effective Antibiotic Treatment**

Volker von Haehring<sup>1</sup>, Cornelia Doebnis<sup>1</sup>, Hans-Dieter Volk<sup>2</sup>, Rüdiger von Haehring<sup>1\*</sup>

*N Institute for Medical Diagnostics, Dermatology Department, Nicolausstrasse 22, 12247 Berlin*  
*2 Institute for Medical Immunology, Charité University Medicine Berlin, Casparystr. 11, 10117 Berlin*

**Abstract:** Borrelia-specific antibodies are not detectable until several weeks after infection and even if they are present, they are no proof of an active infection. Since the sensitivity of culture and PCR for the diagnosis or exclusion of borreliosis is too low, a method is required that detects an active Borrelia infection as early as possible. For this purpose, a lymphocyte transformation test (LTT) using lysate antigens of Borrelia burgdorferi sensu stricto, Borrelia spirocheta and Borrelia garinii and recombinant OspC was developed and validated through investigations of seronegative and seropositive healthy individuals as well as of seropositive patients with clinically manifested borreliosis. The sensitivity of the LTT in clinical borreliosis before antibiotic treatment was determined as 89.4% while the specificity was 98.7%. In 1480 patients with clinically suspected borreliosis, results from serology and LTT were comparable in 76.8% of cases. 18% were serologically positive and LTT-negative. These were mainly patients with borreliosis after antibiotic therapy. 2.2% showed a negative serology and a positive LTT result. Half of them had an early erythema migrans. Following antibiotic treatment, the LTT became negative or borderline in patients with early manifestations of borreliosis, whereas in patients with late symptoms, it showed a regression while still remaining positive. Therefore, we propose the follow-up monitoring of disseminated Borrelia infections as the main indication for the Borrelia-LTT.

**Keywords:** Borrelia serology, borreliosis, diagnostics, immune response, lymphocyte transformation test, T cells

**INTRODUCTION**

Lyme borreliosis is the most common disease transmitted by tick bite. Lyme borreliosis first manifests locally on the skin at the site of the tick bite and then systemically, possibly affecting one or more organs such as the skin, joints, muscles, sense organs, nervous system and heart. In the latter case, early (stage I and II) and late (stage III) manifestations can be distinguished [1]. Lyme borreliosis should be diagnosed by history and clinical symptoms. If the clinical symptoms are clear, laboratory diagnostics are of secondary importance only. The difficulty is, however, that the tick bite often goes unnoticed and the erythema migrans does not necessarily occur or is not noticed. In these cases, the requirement for early antibiotic treatment of borreliosis to prevent the complications of systemic dissemination of the pathogen, particularly of late borreliosis, cannot be met.

The symptoms associated with the systemic phase of Lyme borreliosis can be highly varied and ambiguous. In these cases, the detection of Borrelia-specific antibodies (serological laboratory diagnosis) becomes important for the diagnosis and treatment decision. The necessary high quality demands cannot yet be completely fulfilled by Borrelia serology due to the following reasons: 1) Borrelia-specific

IgM antibodies, and IgG antibodies in particular, cannot be detected until several weeks after infection [1, 2]. Seronegative cases with late stage Lyme borreliosis have also been recently described [3]. But these are becoming more rare with the increasing quality of the assays following the introduction of recombinant Borrelia antigens. 2) The heterogeneity of Borrelia species and strains within a species requires a polymorphism of the Borrelia-specific protein antigens [4, 5]. This is a difficult problem for the sensitivity of Borrelia serology. 3) IgM antibodies against Borrelia OspC may be of the non-specific type [4, 5]. 4) A positive serological finding alone is not proof of a current active Borrelia infection [1, 4, 5]. 5) Borrelia serology is not suitable for the monitoring of therapy and evaluation of progress as IgG and IgM antibodies may persist for years after borreliosis has been cured [6].

The direct detection of Borrelia by culture or PCR has a high diagnostic value in the case of a positive result, but a negative result does not rule out Lyme borreliosis [4, 5].

There is currently no method available which, in addition to the serology, answers the question as to whether a specific case is a status post Borrelia infection or active borreliosis.

Each humoral immune response to an infection requires a specific cellular immune response with clonal proliferation of various antigen-specific lymphocyte subpopulations. Of central importance here are antigen-specific T helper lymphocytes (CD4<sup>+</sup> T cells). In addition to effector T cells, long-lived T and B memory lymphocytes are formed. In the presence of antigen-presenting cells and protein antigens,

LETTER

**The lymphocyte transformation test for the diagnosis of Lyme borreliosis has currently not been shown to be clinically useful**

R. B. Dessau<sup>1</sup>, V. Fingerle<sup>2</sup>, J. Gray<sup>3</sup>, K.-P. Hunfeld<sup>4</sup>, B. Jaulhac<sup>5</sup>, O. Kahle<sup>6</sup>, W. Kristoferitsch<sup>7</sup>, G. Stanek<sup>8</sup> and F. Strle<sup>9</sup>

*1) Department of Clinical Microbiology, Rigshospitalet, Copenhagen, Denmark; 2) Service de Médecine Interne, Hôpital Pasteur, Strasbourg, France; 3) Department of Neurology, University of Cologne, Cologne, Germany; 4) Institute for Laboratory Medicine, Allergy and Infectious Diseases, National Medical Center, University of Vienna, Vienna, Austria; 5) Institute for Laboratory Medicine, University of Cologne, Cologne, Germany; 6) Institute for Laboratory Medicine, Allergy and Infectious Diseases, National Medical Center, University of Vienna, Vienna, Austria; 7) Institute for Laboratory Medicine, University of Cologne, Cologne, Germany; 8) Institute for Laboratory Medicine, Allergy and Infectious Diseases, National Medical Center, University of Vienna, Vienna, Austria; 9) Department of Clinical Microbiology, University Medical Centre Ljubljana, Ljubljana, Slovenia*

**Keywords:** Borrelia burgdorferi, laboratory diagnosis, Lyme borreliosis, lymphocyte transformation test, sensitivity and specificity

10.1111/j.1469-7580.2012.01581.x

**Corresponding author:** R. B. Dessau, Department of Clinical Microbiology, Rigshospitalet, Artillerivej 65, 2300 Copenhagen, Denmark.  
E-mail: rbd@rigshospitalet.dk

The authors of this submission are members of the ESCMID group (group for Lyme borreliosis) www.esmid.org/ESMIDCB

This letter is a comment on a study using the lymphocyte transformation test (LTT) for the diagnosis of active Lyme borreliosis caused by Borrelia burgdorferi sensu lato [1]. The LTT study reports the findings derived from a validation panel containing 120 blood donors (seronegative for Borrelia), 40 seronegative patients with autoimmune diseases, 48 healthy seropositive controls, and 94 seropositive patients with clinical signs of Lyme borreliosis. Furthermore, 1480 samples were investigated with both serology (Borrelia IgG and IgM ELISA, and western blot; Mikrogen, Munich, Germany) and the LTT.

The study has several major shortcomings. Concerning inclusion criteria, it was not clearly specified how the 94 patients with clinical Lyme borreliosis were defined. For example, it was not specified whether the six patients with Borrelia-specific antibodies had joint pleurisy and a positive antibody index, as required by the European case definitions for Lyme borreliosis, and it remains unclear how it was determined that the 24 patients with migratory arthralgias were suffering from Lyme borreliosis [2]. The 1480 controls for the LTT were preselected as being seronegative for Borrelia-specific antibodies, and this could introduce a selection bias, because serology and LTT results tend to correlate. The specificity of the LTT could therefore be overestimated. Concerning the selection criteria for the large group of 1480 patients, it is not clear what it means by 'clinical diagnosis of suspected Lyme borreliosis', among which appears to be a mixture of prazosin disorders. The clinical spectrum of these patients was not described. Concerning the method, it is confusing to the reader that a cut-off for a positive serological index may be both >5 and >1. In the serology section, the reaction of subjects in the tubes numbered 2-5 was not explained and the numbers do not add up. For example, 202 of the 1480 patients were reported to be LTT-positive; however, only 90 appear in Table 1 without an explanation of how this subset was selected. A flow diagram would have been helpful. Forty percent of the 1480 patients suspected of having Lyme borreliosis were LTT-positive, and 61% were serology-positive. This is a high percentage of positive results as compared with a series of seronegative patients suspected of having Lyme borreliosis in Denmark, where 12% were found to be IgM-positive and 3.7% IgG-positive. This indicates either selection bias or specificity problems in the LTT under the serology assay.

The main point of the article as taken from the title is the ability of the LTT to detect active infection and the effect of antibiotic treatment. However, owing to the study design, evidence of active infection is lacking. Clinical history, including follow-up and/or detection of the organism by culture or PCR, are absent. Also, the conclusion that the Borrelia LTT may be used for follow-up monitoring of disseminated B burgdorferi sensu lato infections and provide indications for antibiotic treatment is not supported by the study design, as this would require a prospective trial with a control group. Thus, the LTT does not contain methodological shortcomings with a risk of selection bias, and the study design and the data do not support the content of the title or the

Cells 2012, 1, 153-167; doi:10.3390/cells1020153

OPEN ACCESS

**cells**  
ISSN 2073-4409  
www.mdpi.com/journal/cells

Article

**Can ELISPOT Be Applied to A Clinical Setting as A Diagnostic Utility for Neuroborreliosis?**

Marika Nordberg<sup>1,2\*</sup>, Pia Forsberg<sup>1,3</sup>, Dag Nyman<sup>2</sup>, Barbro H. Skogman<sup>4</sup>, Clara Nyberg<sup>2</sup>, Jan Ernerudh<sup>5,6</sup>, Ingvar Eliasson<sup>7</sup> and Christina Ekerfelt<sup>5</sup>

*1) Department of Clinical and Experimental Medicine, Infectious Medicine Faculty of Health Sciences, Linköping University, SE-581 83 Linköping, Sweden; 2) HUS, SE-581 83 Linköping, Sweden; 3) The Aland Research Centre, Åland, SE-22100 Mariehamn, Åland, Sweden; 4) Medical and Surgical Research Unit (MUS), University Hospital of Örebro, SE-701 85 Örebro, Sweden; 5) Department of Clinical Microbiology, County Council of Östergötland, SE-601 88 Linköping, Sweden; 6) Center for Clinical Research (CCR), Uppsala, SE-751 85 Uppsala, Sweden; 7) MMR, SE-22100 Mariehamn, Åland, Sweden*

**Abstract:** The aim of this prospective study was to investigate the diagnostic performance of Borrelia (Bb) indirect immunofluorescence (IF) in comparison to ELISPOT method in the ability for clinical diagnosis of a supplementary test in the laboratory diagnosis of Lyme neuroborreliosis (LNB) in an endemic setting. Between 2002 and 2009, patients with symptoms of suspected clinical LNB were included in a study conducted on the Åland Islands in the Finnish archipelago, which is a hyperendemic area for Lyme borreliosis (LB). Ninety-seven patients with confirmed LNB and 140 patients with non-LNB were included, and the spectrum of seropositive and Bb-cultured IF-responding cells were assessed by the ELISPOT test. The ELISPOT assay showed a weak diagnostic performance



**Se : 89,4 %**  
**Spé : 98,7 %**

**Erreurs méthodologiques majeures**

**Se : 36 %**  
**Spé : 82 %**

**étude contrôlée cas/T**

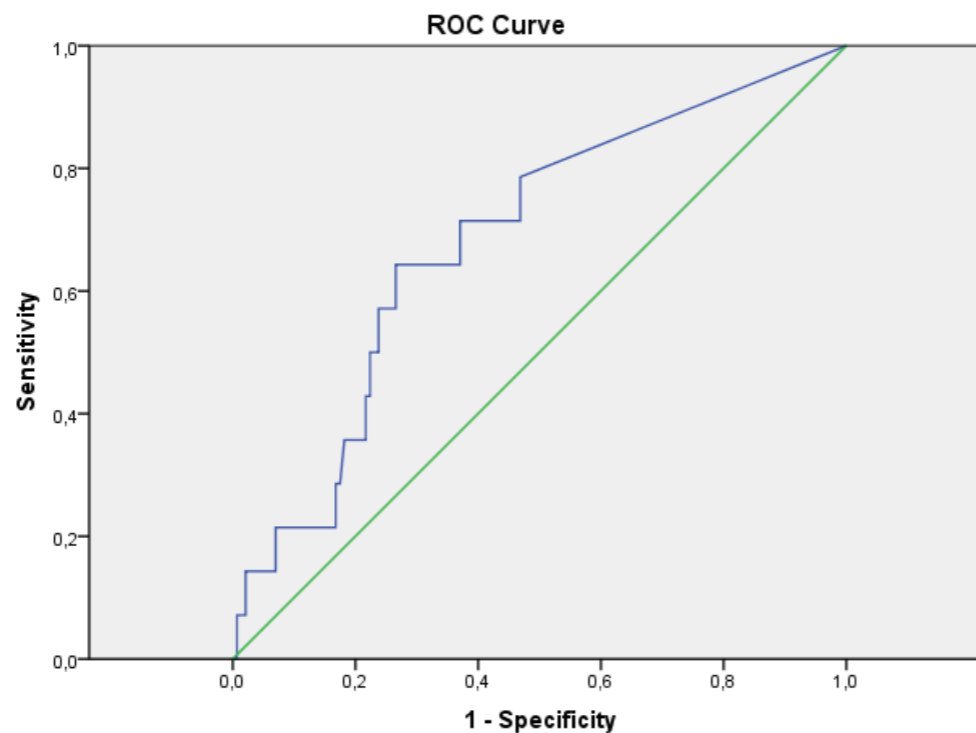
# Test de transformation lymphocytaire (LTT)



## Design de l'étude

- 14 neuroborrélioses : clinique + LCR  $\geq 5$  MNC/ $\mu$ L + SIT IgG
- 103 contrôles : symptomatiques non-Lyme (neuro, art, ...séro sg et SIT neg)

| Diagnostic groups              | ELISPOT cut-off $\geq 5$ spots |          | ELISPOT cut-off $\geq 10$ spots |          |
|--------------------------------|--------------------------------|----------|---------------------------------|----------|
|                                | Positive                       | Negative | Positive                        | Negative |
| Lyme neuroborreliosis (n = 14) | 5 (36%)                        | 9 (64%)  | 3 (21%)                         | 11 (79%) |
| Non-Lyme borreliosis (n = 103) | 19 (18%)                       | 84 (82%) | 8 (8%)                          | 95 (92%) |



**Performances très faibles**

**Spécificité médiocre (nbx faux + si test sur large pop)**

Cells 2012, 1, 153-167; doi:10.3390/cells1020153

OPEN ACCESS

cells

ISSN 2073-4409

www.mdpi.com/journal/cells

Article

**Can ELISPOT Be Applied to A Clinical Setting as A Diagnostic Utility for Neuroborreliosis?**

Marika Nordberg <sup>1,2,\*</sup>, Pia Forsberg <sup>1,3</sup>, Dag Nyman <sup>2</sup>, Barbro H. Skogman <sup>4</sup>, Clara Nyberg <sup>2</sup>, Jan Ernerudh <sup>5,6</sup>, Ingvar Eliasson <sup>7</sup> and Christina Ekerfelt <sup>5</sup>

<sup>1</sup> Department of Clinical and Experimental Medicine, Infectious Medicine Faculty of Health Sciences, Linköping University, SE-581 83 Linköping, Sweden; E-Mail: pia.forsberg@liu.se  
<sup>2</sup> The Almed Hospital, Almed, SE-211 01 Malmö, Sweden  
<sup>3</sup> U-Med, Dag Nyman Institute for Health and Environmental Studies (U-Med)  
<sup>4</sup> Department of Infectious Diseases, County Council of Östergötland, SE-581 83 Linköping, Sweden  
<sup>5</sup> Center for Clinical Research (CCR) Uppsala, SE-751 85 Uppsala, Sweden  
<sup>6</sup> U-Med, Infectious Medicine  
<sup>7</sup> Department of Clinical and Experimental Medicine, Clinical Microbiology, Linköping University, SE-581 83 Linköping, Sweden; E-Mail: ingvar.eliasson@liu.se  
<sup>8</sup> Department of Clinical Microbiology and Infectious Medicine, County Council of Östergötland, SE-581 83 Linköping, Sweden  
<sup>9</sup> Department of Laboratory Medicine, NPL, SE-581 83 Linköping, Sweden; E-Mail: ingvar.eliasson@regionliu.se  
\* Author to whom correspondence should be addressed; E-Mail: marika.nordberg@liu.se; Tel.: +318-487-347470; Fax: +318-481-1000.  
Received: 7 April 2012; revised: 27 May 2012; accepted: 8 May 2012  
Published: 8 June 2012

**Abstract:** The aim of this prospective study was to investigate the diagnostic performance of ELISPOT (ELISPOT) for clinical diagnosis of Lyme neuroborreliosis (LNB) in an endemic setting. Between 2007 and 2009, patients with symptoms of suspected clinical LNB were included in a study conducted in the Almed islands in the Swedish archipelago, which is a hyperendemic area for Lyme borreliosis (LB). Patients' patients with confirmed LNB and 100 patients with non-LNB were included, and the presence of seropositive and seronegative IgG-secreting cells were assessed by the ELISPOT assay. The ELISPOT assay showed a weak diagnostic performance

**Neuroborrélioses**

**Se : 36 %**

**Spé : 82 %**

**étude contrôlée cas/T**

# Test de transformation lymphocytaire (LTT)

Prévalence : 1%

Forte

Spécificité : 82%

<< Recos EUCALB

Sensibilité : 36%

Très faible

| LTT                       | Test +                 | Test -                  | Total         |
|---------------------------|------------------------|-------------------------|---------------|
| Neuroborréliose confirmée | 36<br>Vrais positifs   | 64<br>Faux négatifs     | 100           |
| Sujet sain                | 1 782<br>Faux positifs | 8 118<br>Vrais négatifs | 9 900         |
| <b>Total</b>              | <b>1 818</b>           | <b>8 182</b>            | <b>10 000</b> |

# Test de transformation lymphocytaire (LTT)



Le syndicat de tous les biologistes médicaux

AMERICAN SOCIETY FOR MICROBIOLOGY | Journal of Clinical Microbiology®

BACTERIOLOGY



## An Enzyme-Linked Immunosorbent Spot Assay Measuring *Borrelia burgdorferi* B31-Specific Interferon Gamma-Secreting T Cells Cannot Discriminate Active Lyme Neuroborreliosis from Past Lyme Borreliosis: a Prospective Study in the Netherlands

T. van Gorkom,<sup>a,f</sup> S. U. C. Sankatsing,<sup>b</sup> W. Voet,<sup>c</sup> D. M. Ismail,<sup>a</sup> R. H. Muilwijk,<sup>a</sup> M. Salomons,<sup>a</sup> B. J. M. Vlamincx,<sup>d</sup> A. W. J. Bossink,<sup>e</sup> D. W. Notermans,<sup>f</sup> J. J. M. Bouwman,<sup>a\*</sup> K. Kremer,<sup>f</sup> S. F. T. Thijsen<sup>a</sup>

<sup>a</sup>Department of Medical Microbiology and Immunology, Erasmus University Medical Center, the Netherlands  
<sup>b</sup>Department of Internal Medicine, Theoretical and Applied Physiology, the Netherlands  
<sup>c</sup>Department of Neurology, Donders Institute for Brain, Cognition and Behaviour  
<sup>d</sup>Department of Pathology, Erasmus University Medical Center, the Netherlands  
<sup>e</sup>Department of Medical Microbiology and Immunology, St. Elisabeth Hospital, Middelburg, the Netherlands  
<sup>f</sup>Laboratory for Infectious Diseases and Immunity, University of Groningen, Groningen, the Netherlands  
\*Address correspondence to J. J. M. Bouwman, j.j.m.bouwman@erasmusmc.nl

**ABSTRACT** Two-tier serology testing is most frequently used for the diagnosis of Lyme borreliosis (LB); however, a positive result is no proof of active disease. To establish a diagnosis of active LB, better diagnostics are needed. Tests investigating the cellular immune system are available, but studies evaluating the utility of these tests on well-defined patient populations are lacking. Therefore, we investigated the utility of an enzyme-linked immunosorbent spot (ELISpot) assay to diagnose active Lyme neuroborreliosis. Peripheral blood mononuclear cells (PBMCs) of various study groups were stimulated by using *Borrelia burgdorferi* strain B31 and various recombinant antigens, and subsequently, the number of *Borrelia*-specific interferon gamma (IFN- $\gamma$ )-secreting T cells was measured. We isolated 21 active and 37 treated Lyme neuroborreliosis patients, 28 healthy individuals treated for an early manifestation of LB in the past, and 145 untreated healthy individuals. The median numbers of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells/2.5  $\times 10^6$  PBMCs did not differ between active Lyme neuroborreliosis patients (5.0; interquartile range [IQR], 0.3 to 14.8), treated Lyme neuroborreliosis patients (4.5; IQR, 2.3 to 18.6), and treated healthy individuals (7.8; IQR, 2.3 to 14.8) ( $P = 1.000$ ); however, the median number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells/2.5  $\times 10^6$  PBMCs among untreated healthy individuals was lower (2.0; IQR, 0.5 to 3.9) ( $P = 0.016$ ). We conclude that the ELISpot assay, measuring the number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells/2.5  $\times 10^6$  PBMCs, correlates with exposure to the *Borrelia* bacterium but cannot be used for the diagnosis of active Lyme neuroborreliosis.

**KEYWORDS:** *Borrelia burgdorferi*, ELISpot, Lyme borreliosis, Lyme neuroborreliosis, T-cell activation, active disease, antibodies, cytokines, diagnosis, interferon gamma

In the Netherlands, Lyme borreliosis (LB) poses a considerable threat to human health. A study among general practitioners (GPs) found a threefold increase of patients reporting tick bites and diagnoses of erythema migrans (EM), an early, localized skin rash, in the period between 1994 and 2009 (1). Between 2009 and 2016, the incidence of reported tick bites ranged between 486 and 564 consultations per 100,000 inhabitants and the number of GP-reported diagnoses of EM ranged between 134 and 140 per 100,000 inhabitants (2). The true incidence rate is probably higher, since only a

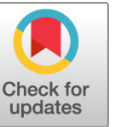
Received 21 July 2017; returned for modification 17 November 2017; accepted 17 January 2018.  
This paper is published in the Journal of Clinical Microbiology, Volume 56, Issue 4, April 2018, pages e01695-17. DOI: 10.1128/JCM.01695-17.  
Copyright © 2018, American Society for Microbiology. All rights reserved.  
\*Address correspondence to J. J. M. Bouwman, j.j.m.bouwman@erasmusmc.nl.  
\*Present address: J. J. M. Bouwman, Department of Pathology, Erasmus University Medical Center, Rotterdam, the Netherlands.



AMERICAN SOCIETY FOR MICROBIOLOGY

Journal of Clinical Microbiology®

BACTERIOLOGY



## An Enzyme-Linked Immunosorbent Spot Assay Measuring *Borrelia burgdorferi* B31-Specific Interferon Gamma-Secreting T Cells Cannot Discriminate Active Lyme Neuroborreliosis from Past Lyme Borreliosis: a Prospective Study in the Netherlands

T. van Gorkom,<sup>a,f</sup> S. U. C. Sankatsing,<sup>b</sup> W. Voet,<sup>c</sup> D. M. Ismail,<sup>a</sup> R. H. Muilwijk,<sup>a</sup> M. Salomons,<sup>a</sup> B. J. M. Vlamincx,<sup>d</sup> A. W. J. Bossink,<sup>e</sup> D. W. Notermans,<sup>f</sup> J. J. M. Bouwman,<sup>a\*</sup> K. Kremer,<sup>f</sup> S. F. T. Thijsen<sup>a</sup>

April 2018 Volume 56 Issue 4 e01695-17

Journal of Clinical Microbiology

### Pas de distinction infection active vs passée

# Test de transformation lymphocytaire (LTT)



Le syndicat de tous les biologistes médicaux

AMERICAN SOCIETY FOR MICROBIOLOGY Journal of Clinical Microbiology®

BACTERIOLOGY



## An Enzyme-Linked Immunosorbent Spot Assay Measuring *Borrelia burgdorferi* B31-Specific Interferon Gamma-Secreting T Cells Cannot Discriminate Active Lyme Neuroborreliosis from Past Lyme Borreliosis: a Prospective Study in the Netherlands

T. van Gorkom,<sup>a,f</sup> S. U. C. Sankatsing,<sup>b</sup> W. Voet,<sup>c</sup> D. M. Ismail,<sup>a</sup> R. H. Muijlwijk,<sup>a</sup> M. Salomons,<sup>a</sup> B. J. M. Vlamincx,<sup>d</sup> A. W. J. Bossink,<sup>e</sup> D. W. Notermans,<sup>f</sup> J. J. M. Bouwman,<sup>a,g</sup> K. Kremer,<sup>f</sup> S. F. T. Thijsen<sup>a</sup>

<sup>a</sup>Department of Medical Microbiology and Immunology, Erasmus University Medical Center, the Netherlands  
<sup>b</sup>Department of Internal Medicine, The Netherlands Tropic, Uva, the Netherlands  
<sup>c</sup>Department of Neurology, The Netherlands Tropic, Uva, the Netherlands  
<sup>d</sup>Department of Pathology, The Netherlands Tropic, Uva, the Netherlands  
<sup>e</sup>Department of Medical Microbiology and Immunology, St. Elisabeth Hospital, Middelburg, the Netherlands  
<sup>f</sup>Laboratory for Infectious Diseases and Immunity, University of Groningen, Groningen, the Netherlands  
<sup>g</sup>Medical Faculty, Groningen University, Groningen, the Netherlands

**ABSTRACT** Two-tier serology testing is most frequently used for the diagnosis of Lyme borreliosis (LB); however, a positive result is no proof of active disease. To establish a diagnosis of active LB, better diagnostics are needed. Tests investigating the cellular immune system are available, but studies evaluating the utility of these tests on well-defined patient populations are lacking. Therefore, we investigated the utility of an enzyme-linked immunosorbent spot (ELISpot) assay to diagnose active Lyme neuroborreliosis. Peripheral blood mononuclear cells (PBMCs) of various study groups were stimulated by using *Borrelia burgdorferi* strain B31 and various recombinant antigens, and subsequently, the number of *Borrelia*-specific interferon gamma (IFN- $\gamma$ )-secreting T cells was measured. We included 21 active and 37 treated Lyme neuroborreliosis patients, 28 healthy individuals treated for an early manifestation of LB in the past, and 145 untreated healthy individuals. The median numbers of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^3$  PBMCs) did not differ between active Lyme neuroborreliosis patients (IQR, interquartile range: 302, 63 to 144), treated Lyme neuroborreliosis patients (IQR, 33 to 186), and treated healthy individuals (IQR, 2.3 to 14.8) ( $P = 1.000$ ); however, the median number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^3$  PBMCs) among untreated healthy individuals was lower (IQR, 0.5 to 3.9) ( $P = 0.016$ ). We conclude that the ELISpot assay, measuring the number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^3$  PBMCs), correlates with exposure to the *Borrelia* bacterium but cannot be used for the diagnosis of active Lyme neuroborreliosis.

**KEYWORDS:** *Borrelia burgdorferi*, ELISpot, Lyme borreliosis, Lyme neuroborreliosis, T-cell activation, active disease, antibodies, cytokines, diagnosis, interferon gamma

In the Netherlands, Lyme borreliosis (LB) poses a considerable threat to human health. A study among general practitioners (GPs) found a threefold increase of patients reporting tick bites and diagnoses of erythema migrans (EM), an early, localized skin rash, in the period between 1994 and 2009 (1). Between 2009 and 2016, the incidence of reported tick bites ranged between 486 and 564 consultations per 100,000 inhabitants and the number of GP-reported diagnoses of EM ranged between 134 and 140 per 100,000 inhabitants (2). The true incidence rate is probably higher, since only a

Received 21 July 2017; returned for modification 17 November 2017; accepted 17 January 2018.

This rapid response paper is available at <https://doi.org/10.1128/JCM.01481-17>.

**Editorial Note:** This article was published as a rapid response paper in the *Journal of Clinical Microbiology*. The authors are responsible for the accuracy and completeness of the information. The authors are not responsible for the accuracy and completeness of the information. The authors are not responsible for the accuracy and completeness of the information.

**Copyright:** © 2018, American Society for Microbiology. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, without the prior written permission of the American Society for Microbiology.

**Address correspondence:** Dr. T. van Gorkom, Department of Medical Microbiology and Immunology, Erasmus University Medical Center, 3512 GG Rotterdam, the Netherlands. E-mail: [t.van.gorkom@erasmusmc.nl](mailto:t.van.gorkom@erasmusmc.nl)

**Address correspondence:** Dr. S. F. T. Thijsen, Department of Medical Microbiology and Immunology, Erasmus University Medical Center, 3512 GG Rotterdam, the Netherlands. E-mail: [s.f.t.thijsen@erasmusmc.nl](mailto:s.f.t.thijsen@erasmusmc.nl)

**Address correspondence:** Dr. K. Kremer, Department of Medical Microbiology and Immunology, Erasmus University Medical Center, 3512 GG Rotterdam, the Netherlands. E-mail: [k.kremer@erasmusmc.nl](mailto:k.kremer@erasmusmc.nl)

**Address correspondence:** Dr. S. U. C. Sankatsing, Department of Neurology, The Netherlands Tropic, Uva, the Netherlands. E-mail: [s.u.c.sankatsing@uva.nl](mailto:s.u.c.sankatsing@uva.nl)

**Address correspondence:** Dr. W. Voet, Department of Neurology, The Netherlands Tropic, Uva, the Netherlands. E-mail: [w.voet@uva.nl](mailto:w.voet@uva.nl)

## Design de l'étude

- 33 NB actives : clinique + LCR  $\geq 5$  MNC/ $\mu$ L +/- SIT IgG (n=25)
- 37 NB traitées : idem, mais  $\geq 4$  mois après arrêt du TT
- 28 contrôles sains (asympto), TT dans le passé pour Lyme (5/28 séro sg +)
- 145 contrôles sains (asympto) sans ATCD de Lyme (18/145 séro sg +)



# Test de transformation lymphocytaire (LTT)



Le syndicat de tous les biologistes médicaux



Journal of Clinical Microbiology®

BACTERIOLOGY



## An Enzyme-Linked Immunosorbent Spot Assay Measuring *Borrelia burgdorferi* B31-Specific Interferon Gamma-Secreting T Cells Cannot Discriminate Active Lyme Neuroborreliosis from Past Lyme Borreliosis: a Prospective Study in the Netherlands

T. van Gorkom,<sup>a,f</sup> S. U. C. Sankatsing,<sup>b</sup> W. Voet,<sup>c</sup> D. M. Ismail,<sup>a</sup> R. H. Muijlwijk,<sup>a</sup> M. Salomons,<sup>a</sup> B. J. M. Vlamincx,<sup>d</sup> A. W. J. Bossink,<sup>e</sup> D. W. Notermans,<sup>f</sup> J. J. M. Bouwman,<sup>a\*</sup> K. Kremer,<sup>f</sup> S. F. T. Thijsen<sup>a</sup>

<sup>a</sup>Department of Medical Microbiology and Immunology, Erasmus University Medical Center, the Netherlands; <sup>b</sup>Department of Internal Medicine, The Netherlands Tropic and Travel Medicine; <sup>c</sup>Department of Neurology, The Netherlands Tropic and Travel Medicine; <sup>d</sup>Department of Pathology, The Netherlands Tropic and Travel Medicine; <sup>e</sup>Department of Medical Microbiology and Immunology, St. Elisabeth Hospital, Middelburg, the Netherlands; <sup>f</sup>Laboratory for Infectious Diseases and Immunity, University of Groningen, Groningen, The Netherlands; <sup>\*</sup>Corresponding author: J. J. M. Bouwman, j.j.m.bouwman@erasmusmc.nl

**ABSTRACT** Two-tier serology testing is most frequently used for the diagnosis of Lyme borreliosis (LB); however, a positive result is no proof of active disease. To establish a diagnosis of active LB, better diagnostics are needed. Tests investigating the cellular immune system are available, but studies evaluating the utility of these tests on well-defined patient populations are lacking. Therefore, we investigated the utility of an enzyme-linked immunosorbent spot (ELISPOT) assay to diagnose active Lyme neuroborreliosis. Peripheral blood mononuclear cells (PBMCs) of various study groups were stimulated by using *Borrelia burgdorferi* strain B31 and various recombinant antigens, and subsequently, the number of *Borrelia*-specific interferon gamma (IFN- $\gamma$ )-secreting T cells was measured. We isolated 21 active and 37 treated Lyme neuroborreliosis patients, 28 healthy individuals treated for an early manifestation of LB in the past, and 145 untreated healthy individuals. The median numbers of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells/ $2.5 \times 10^5$  PBMCs did not differ between active Lyme neuroborreliosis patients (5.0; interquartile range [IQR], 0.3 to 14.8), treated Lyme neuroborreliosis patients (4.5; IQR, 2.3 to 18.6), and treated healthy individuals (7.4; IQR, 2.3 to 14.8) ( $P = 1.000$ ); however, the median number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells/ $2.5 \times 10^5$  PBMCs among untreated healthy individuals was lower (2.0; IQR, 0.5 to 3.9) ( $P = 0.016$ ). We conclude that the ELISPOT assay, measuring the number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells/ $2.5 \times 10^5$  PBMCs, correlates with exposure to the *Borrelia* bacterium but cannot be used for the diagnosis of active Lyme neuroborreliosis.

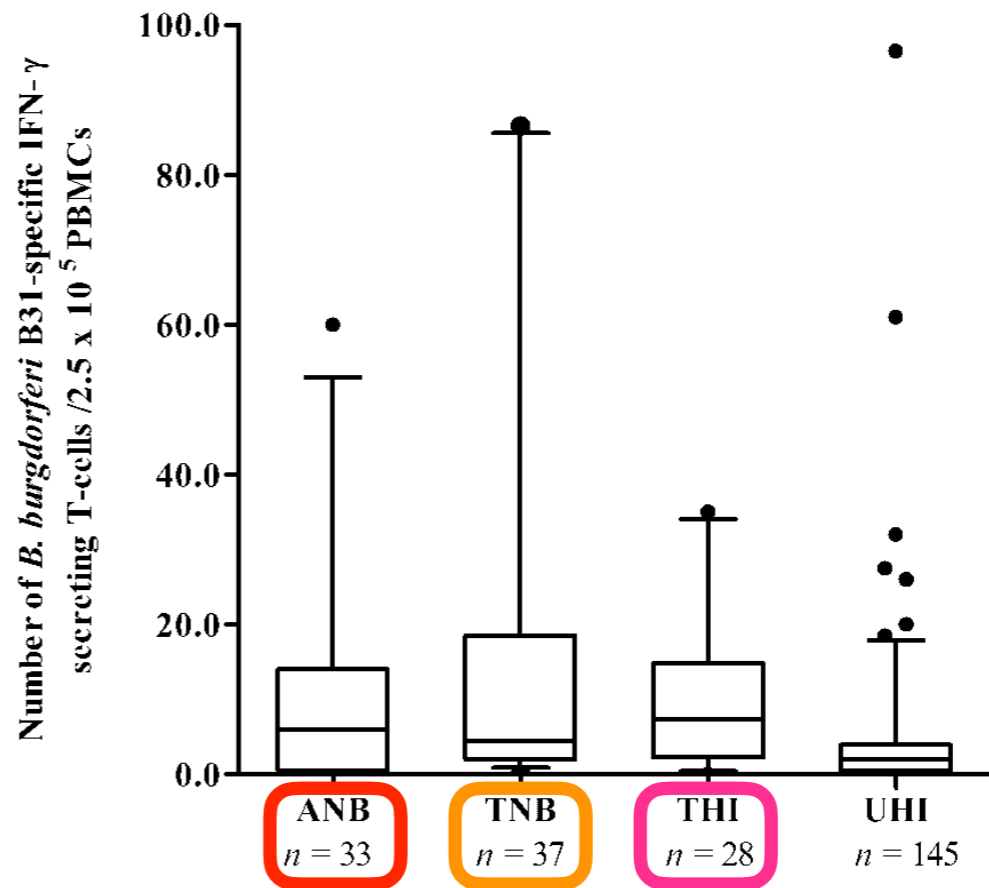
**KEYWORDS:** *Borrelia burgdorferi*, ELISPOT, Lyme borreliosis, Lyme neuroborreliosis, T-cell activation, active disease, antibodies, cytokines, diagnosis, interferon gamma

In the Netherlands, Lyme borreliosis (LB) poses a considerable threat to human health. A study among general practitioners (GPs) found a threefold increase of patients reporting tick bites and diagnoses of erythema migrans (EM), an early, localized skin rash, in the period between 1994 and 2009 (1). Between 2009 and 2016, the incidence of reported tick bites ranged between 486 and 564 consultations per 100,000 inhabitants and the number of GP-reported diagnoses of EM ranged between 134 and 140 per 100,000 inhabitants (2). The true incidence rate is probably higher, since only a

Received 21 July 2017; returned for modification 17 November 2017; accepted 17 January 2018.  
This paper reports on a prospective study in patients with Lyme neuroborreliosis (LNB) and healthy individuals. The study was conducted in the Netherlands. The study was approved by the local ethics committee. The study was registered at ClinicalTrials.gov (NCT01454444).  
\* Author for correspondence: J. J. M. Bouwman, j.j.m.bouwman@erasmusmc.nl.  
© 2018 American Society for Microbiology. All rights reserved. DOI: 10.1128/JCM.01454-17

## Design de l'étude

- 33 NB actives : clinique + LCR  $\geq 5$  MNC/ $\mu$ L +/- SIT IgG (n=25)
- 37 NB traitées : idem, mais  $\geq 4$  mois après arrêt du TT
- 28 contrôles sains (asympto), TT dans le passé pour Lyme (5/28 séro sg +)
- 145 contrôles sains (asympto) sans ATCD de Lyme (18/145 séro sg +)



aucune  $\neq$  entre 3 groupes

# Test de transformation lymphocytaire (LTT)



Le syndicat de tous les biologistes médicaux



BACTERIOLOGY



## An Enzyme-Linked Immunosorbent Spot Assay Measuring *Borrelia burgdorferi* B31-Specific Interferon Gamma-Secreting T Cells Cannot Discriminate Active Lyme Neuroborreliosis from Past Lyme Borreliosis: a Prospective Study in the Netherlands

T. van Gorkom,<sup>a,f</sup> S. U. C. Sankatsing,<sup>b</sup> W. Voet,<sup>c</sup> D. M. Ismail,<sup>a</sup> R. H. Muijlwijk,<sup>a</sup> M. Salomons,<sup>a</sup> B. J. M. Vlamincx,<sup>d</sup> A. W. J. Bossink,<sup>e</sup> D. W. Notermans,<sup>f</sup> J. J. M. Bouwman,<sup>a,g</sup> K. Kremer,<sup>f</sup> S. F. T. Thijsen<sup>a</sup>

<sup>a</sup>Department of Medical Microbiology and Immunology, Erasmus University Medical Center, Rotterdam, The Netherlands; <sup>b</sup>Department of Internal Medicine, The Netherlands Tropic, UvA, The Netherlands; <sup>c</sup>Department of Neurology, The Netherlands Tropic, UvA, The Netherlands; <sup>d</sup>Department of Pathology, The Netherlands Tropic, UvA, The Netherlands; <sup>e</sup>Department of Medical Microbiology and Immunology, St. Elisabeth Hospital, Middelburg, The Netherlands; <sup>f</sup>Laboratory for Infectious Diseases and Immunity, University of Groningen, Groningen, The Netherlands; <sup>g</sup>Department of Public Health and Social Epidemiology, Erasmus University Medical Center, Rotterdam, The Netherlands

**ABSTRACT** Two-tier serology testing is most frequently used for the diagnosis of Lyme borreliosis (LB); however, a positive result is no proof of active disease. To establish a diagnosis of active LB, better diagnostics are needed. Tests investigating the cellular immune system are available, but studies evaluating the utility of these tests in well-defined patient populations are lacking. Therefore, we investigated the utility of an enzyme-linked immunosorbent spot (ELISpot) assay to diagnose active Lyme neuroborreliosis. Peripheral blood mononuclear cells (PBMCs) of various study groups were stimulated by using *Borrelia burgdorferi* strain B31 and various recombinant antigens, and subsequently, the number of *Borrelia*-specific interferon gamma (IFN- $\gamma$ )-secreting T cells was measured. We included 21 active and 37 treated Lyme neuroborreliosis patients, 28 healthy individuals treated for an early manifestation of LB in the past, and 145 untreated healthy individuals. The median numbers of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^5$  PBMCs) did not differ between active Lyme neuroborreliosis patients (5.0; interquartile range [IQR], 0.3 to 14.8), treated Lyme neuroborreliosis patients (4.5; IQR, 2.3 to 18.6), and treated healthy individuals (7.4; IQR, 2.3 to 14.8) ( $P = 1.000$ ); however, the median number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^5$  PBMCs) among untreated healthy individuals was lower (2.0; IQR, 0.5 to 3.9) ( $P = 0.016$ ). We conclude that the ELISpot assay, measuring the number of *B. burgdorferi* B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^5$  PBMCs), correlates with exposure to the *Borrelia* bacterium but cannot be used for the diagnosis of active Lyme neuroborreliosis.

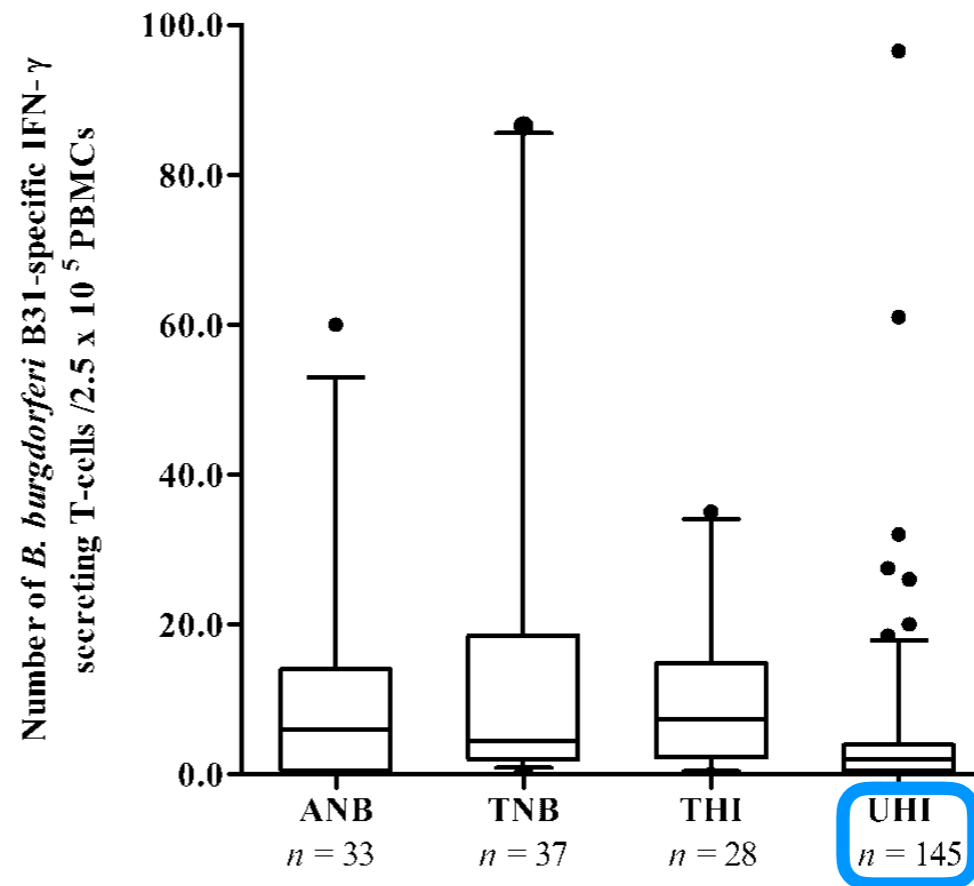
**KEYWORDS:** *Borrelia burgdorferi*, ELISpot, Lyme borreliosis, Lyme neuroborreliosis, T-cell activation, active disease, antibodies, cytokines, diagnosis, interferon gamma

In the Netherlands, Lyme borreliosis (LB) poses a considerable threat to human health. A study among general practitioners (GPs) found a threefold increase of patients reporting tick bites and diagnoses of erythema migrans (EM), an early, localized skin rash, in the period between 1994 and 2009 (1). Between 2009 and 2016, the incidence of reported tick bites ranged between 486 and 564 consultations per 100,000 inhabitants and the number of GP-reported diagnoses of EM ranged between 134 and 140 per 100,000 inhabitants (2). The true incidence rate is probably higher, since only a

Received 21 July 2017; returned for modification 17 November 2017; accepted 17 January 2018.  
This rapid response paper was published in January 2018.  
© 2018 American Society for Microbiology. All rights reserved. This article is distributed under the terms of the American Society for Microbiology's Open Access Policy at <http://www.asm.org>.  
This article is a U.S. Government work and, as such, is in the public domain in the United States of America.  
DOI: 10.1128/JCM.01442-17  
Editor: Thomas A. Johnson, University of Michigan  
Copyright © 2018, American Society for Microbiology. All rights reserved.  
\*Address correspondence to S. F. T. Thijsen, s.f.t.thijsen@erasmusmc.nl.

## Design de l'étude

- 33 NB actives : clinique + LCR  $\geq 5$  MNC/ $\mu$ L +/- SIT IgG (n=25)
- 37 NB traitées : idem, mais  $\geq 4$  mois après arrêt du TT
- 28 contrôles sains (asympto), TT dans le passé pour Lyme (5/28 séro sg +)
- **145 contrôles sains** (asympto) sans ATCD de Lyme (18/145 séro sg +)



aucune  $\neq$  entre 3 groupes

sujets sains non-TT : taux plus bas

# Test de transformation lymphocytaire (LTT)



Le syndicat de tous les biologistes médicaux



BACTERIOLOGY



## An Enzyme-Linked Immunosorbent Spot Assay Measuring *Borrelia burgdorferi* B31-Specific Interferon Gamma-Secreting T Cells Cannot Discriminate Active Lyme Neuroborreliosis from Past Lyme Borreliosis: a Prospective Study in the Netherlands

T. van Gorkom,<sup>a,f</sup> S. U. C. Sankatsing,<sup>b</sup> W. Voet,<sup>c</sup> D. M. Ismail,<sup>a</sup> R. H. Muijlwijk,<sup>a</sup> M. Salomons,<sup>a</sup> B. J. M. Vlamincx,<sup>d</sup> A. W. J. Bossink,<sup>e</sup> D. W. Notermans,<sup>f</sup> J. J. M. Bouwman,<sup>a,g</sup> K. Kremer,<sup>f</sup> S. F. T. Thijsen<sup>a</sup>

<sup>a</sup>Department of Medical Microbiology and Immunology, Erasmus University Medical Center, the Netherlands; <sup>b</sup>Department of Internal Medicine, The Netherlands; <sup>c</sup>Department of Neurology, The Netherlands; <sup>d</sup>Department of Neurology, The Netherlands; <sup>e</sup>Department of Pathology, The Netherlands; <sup>f</sup>Department of Pathology, The Netherlands; <sup>g</sup>Department of Medical Microbiology and Immunology, The Netherlands; <sup>h</sup>Department of Neurology, The Netherlands; <sup>i</sup>Department of Neurology, The Netherlands; <sup>j</sup>Department of Neurology, The Netherlands; <sup>k</sup>Department of Neurology, The Netherlands; <sup>l</sup>Department of Neurology, The Netherlands; <sup>m</sup>Department of Neurology, The Netherlands; <sup>n</sup>Department of Neurology, The Netherlands; <sup>o</sup>Department of Neurology, The Netherlands; <sup>p</sup>Department of Neurology, The Netherlands; <sup>q</sup>Department of Neurology, The Netherlands; <sup>r</sup>Department of Neurology, The Netherlands; <sup>s</sup>Department of Neurology, The Netherlands; <sup>t</sup>Department of Neurology, The Netherlands; <sup>u</sup>Department of Neurology, The Netherlands; <sup>v</sup>Department of Neurology, The Netherlands; <sup>w</sup>Department of Neurology, The Netherlands; <sup>x</sup>Department of Neurology, The Netherlands; <sup>y</sup>Department of Neurology, The Netherlands; <sup>z</sup>Department of Neurology, The Netherlands

**ABSTRACT** Two-tier serology testing is most frequently used for the diagnosis of Lyme borreliosis (LB); however, a positive result is no proof of active disease. To establish a diagnosis of active LB, better diagnostics are needed. Tests investigating the cellular immune system are available, but studies evaluating the utility of these tests on well-defined patient populations are lacking. Therefore, we investigated the utility of an enzyme-linked immunosorbent spot (ELISPOT) assay to diagnose active Lyme neuroborreliosis. Peripheral blood mononuclear cells (PBMCs) of various study groups were stimulated by using *Borrelia burgdorferi* strain B31 and various recombinant antigens, and subsequently, the number of Borrelia-specific interferon gamma (IFN- $\gamma$ )-secreting T cells was measured. We included 21 active and 37 treated Lyme neuroborreliosis patients, 28 healthy individuals treated for an episode of meningitis of LB in the past, and 145 untreated healthy individuals. The median numbers of B. burgdorferi B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^3$  PBMCs) did not differ between active Lyme neuroborreliosis patients (IQR, 0.5 to 18.6), and treated healthy individuals (IQR, 2.3 to 14.8) ( $P = 1.000$ ); however, the median number of B. burgdorferi B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^3$  PBMCs) among untreated healthy individuals was lower (IQR, 0.5 to 3.9) ( $P = 0.016$ ). We conclude that the Borrelia ELISPOT assay, measuring the number of B. burgdorferi B31-specific IFN- $\gamma$ -secreting T cells ( $2.5 \times 10^3$  PBMCs), correlates with exposure to the Borrelia bacterium but cannot be used for the diagnosis of active Lyme neuroborreliosis.

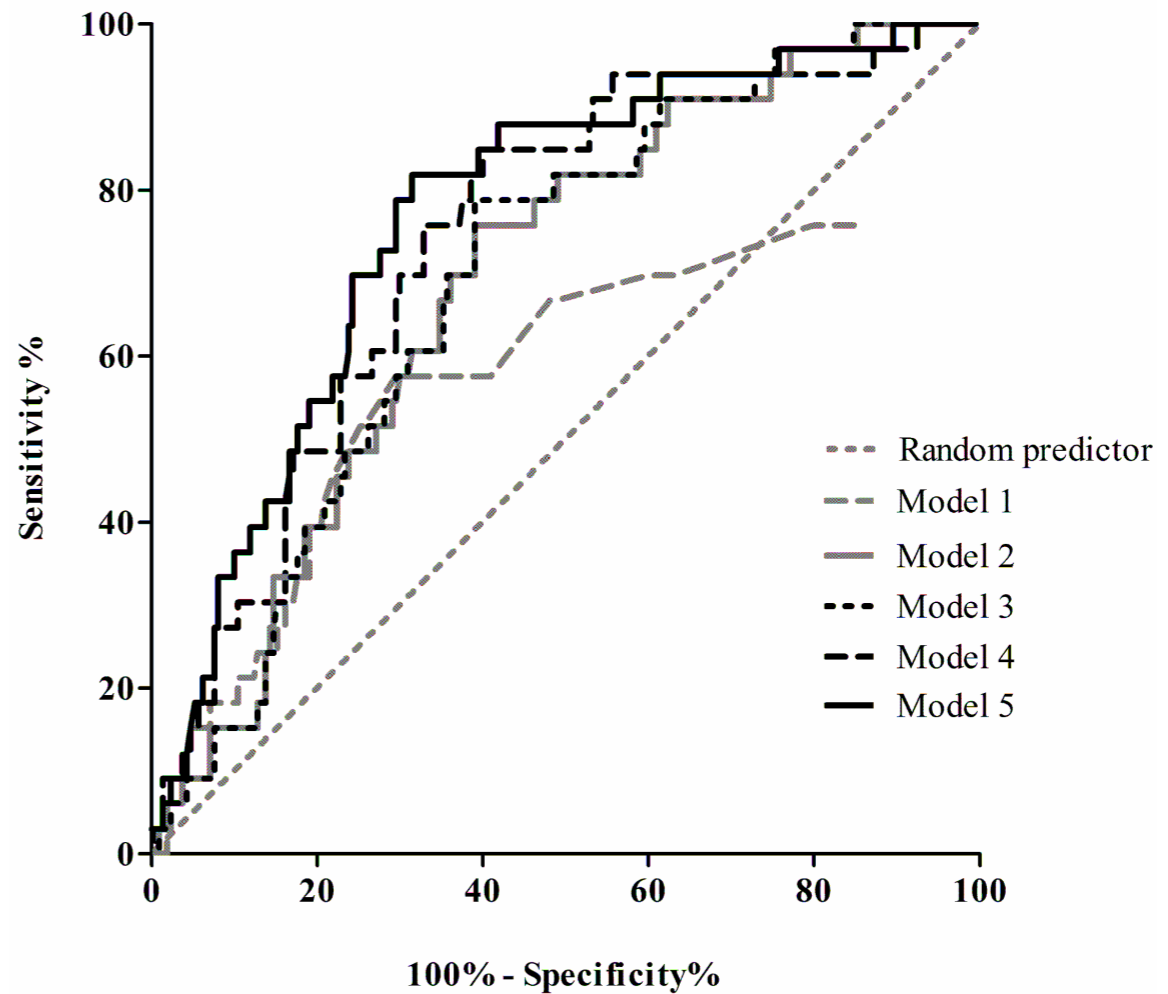
**KEYWORDS:** *Borrelia burgdorferi*, ELISPOT, Lyme borreliosis, Lyme neuroborreliosis, T-cell activation, active disease, antibodies, cytokines, diagnosis, interferon gamma

In the Netherlands, Lyme borreliosis (LB) poses a considerable threat to human health. A study among general practitioners (GPs) found a threefold increase of patients reporting tick bites and diagnoses of erythema migrans (EM), an early localized skin rash, in the period between 1994 and 2009 (1). Between 2009 and 2016, the incidence of reported tick bites ranged between 486 and 564 consultations per 100,000 inhabitants and the number of GP-reported diagnoses of EM ranged between 134 and 140 per 100,000 inhabitants (2). The true incidence rate is probably higher, since only a

Received 21 July 2017; returned for modification 17 November 2017; accepted 17 January 2018.  
This article published online ahead of print on January 22, 2018.  
© 2018 American Society for Clinical Microbiology. All rights reserved. This article is distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.  
Address correspondence to S. F. T. Thijsen, Department of Medical Microbiology and Immunology, Erasmus University Medical Center, 3512 GG Rotterdam, the Netherlands. E-mail: s.f.t.thijsen@erasmusmc.nl  
DOI: 10.1128/JCM.01442-17

## Courbes ROC

- Model 1 : performances de l'ELISPOT
- Model 2 : performances facteurs de risques (piqûre tique et âge)
- Model 3 : Model 2 + ELISPOT



**ELISPOT performances médiocres**  
**ELISPOT moins bon que F. risques**  
**ELISPOT + F. risques à peine mieux**

# Test de transformation lymphocytaire (LTT)

**Les données scientifiques actuelles ne permettent pas de recommander ce test diagnostique dans les borrélioses de Lyme tardives en raison de son manque de spécificité**

# MARQUAGE NK CD57

# Marquage CD57

## → NK CD57 associée aux formes tardives de borréliose ? Normalisation NK CD57 pourrait permettre de vérifier l'efficacité du TT ?

PubMed

Format: Summary   Sort by: Most Recent   Per page: 20

### Search results

Items: 6

- [\[Cellular Borrelia tests\].](#)
  1. Tveten Y, Noraas S, Aase A.  
Tidsskr Nor Laegeforen. 2014 Jan 28;134(2):146-7. doi: 10.4045/tidsskr.13.1053. Norwegian. No abstract available.  
PMID: 24477143   **Free Article**
  
- [\[Indolent lymphoma of the ear\].](#)
  2. Valois A, Bastien C, Granel-Broca F, Cuny JF, Barbaud A, Schmutz JL.  
Ann Dermatol Venereol. 2012 Dec;139(12):818-23. doi: 10.1016/j.annder.2012.10.578. Epub 2012 Nov 26. French.  
PMID: 23237280
  
- [Natural killer cell counts are not different between patients with post-Lyme disease syndrome and controls.](#)
  3. Marques A, Brown MR, Fleisher TA.  
Clin Vaccine Immunol. 2009 Aug;16(8):1249-50. doi: 10.1128/CVI.00167-09. Epub 2009 Jun 10.  
PMID: 19515868   **Free PMC Article**
  
- [Musical hallucinations in patients with Lyme disease.](#)
  4. Stricker RB, Winger EE.  
South Med J. 2003 Jul;96(7):711-5.  
PMID: 12940329
  
- [Longterm decrease in the CD57 lymphocyte subset in a patient with chronic Lyme disease.](#)
  5. Stricker RB, Burrascano J, Winger E.  
Ann Agric Environ Med. 2002;9(1):111-3.  
PMID: 12088407
  
- [Decreased CD57 lymphocyte subset in patients with chronic Lyme disease.](#)
  6. Stricker RB, Winger EE.  
Immunol Lett. 2001 Feb 1;76(1):43-8.  
PMID: 11222912

# Marquage CD57

→ **NK CD57 associée aux formes tardives de borréliose ?**  
**Normalisation NK CD57 pourrait permettre de vérifier l'efficacité du TT ?**

Decreased **CD57** lymphocyte subset in patients with chronic **Lyme** disease.

Stricker RB, Winger EE.  
Immunol Lett. 2001 Feb 1;76(1):43-8.

n=73 "Lyme chronique" ... mais signes non spé et mal définis  
choix des sujets contrôle inappropriés (10 Lyme "aigu" + 22 AIDS)

Longterm decrease in the **CD57** lymphocyte subset in a patient with chronic **Lyme** disease.

Stricker RB, Burrascano J, Winger E.  
Ann Agric Environ Med. 2002;9(1):111-3.

n=1



Musical hallucinations in patients with **Lyme** disease.

Stricker RB, Winger EE.  
South Med J. 2003 Jul;96(7):711-5.

n=1



# Marquage CD57

## Functional significance of CD57 expression on human NK cells and relevance to disease

Carolyn M. Nielsen, Matthew J. White, Martin R. Goodier and Eleanor M. Riley\*

Department of Immunology and Infection, London School of Hygiene and Tropical Medicine, London, UK

**Edited by:**

Yerlan Bryceson, Karolinska Institutet, Sweden

**Reviewed by:**

William Garrow Kerr, SUNY Upstate Medical University, USA  
Björn Önfelt, Karolinska Institutet, Sweden

**\*Correspondence:**

Eleanor M. Riley, Department of Immunology and Infection, London School of Hygiene and Tropical Medicine, Room 236, Keppel Street, London WC1E 7HT, UK  
e-mail: eleanor.riley@lshtm.ac.uk

Historically, human NK cells have been identified as CD3<sup>-</sup>CD56<sup>+</sup>CD16<sup>±</sup> lymphocytes. More recently it has been established that CD57 expression defines functionally discrete sub-populations of NK cells. On T cells, CD57 expression has been regarded as a marker of terminal differentiation and (perhaps wrongly) of anergy and senescence. Similarly, CD57 expression seems to identify the final stages of peripheral NK cell maturation; its expression increases with age and is associated with chronic infections, particularly human cytomegalovirus infection. However, CD57<sup>+</sup> NK cells are highly cytotoxic and their presence seems to be beneficial in a number of non-communicable diseases. The purpose of this article is to review our current understanding of CD57 expression as a marker of NK cell function and disease prognosis, as well as to outline areas for further research.

**Keywords:** CD57, NK cells, HCMV infection, ageing, chronic infection, cancer, autoimmune diseases, T cells

**CD57 IS A MARKER OF NK CELL DIFFERENTIATION**

CD57 was first identified on cells with natural killer activity using the mouse monoclonal antibodies Human Natural Killer-1 (HNK-1) (1) and Leu-7 (2) and was subsequently assigned the cluster of differentiation (CD) designation, CD57, at the Fourth International Workshop of Human Leukocyte Antigens in 1989. HNK-1/Leu-7/CD57 was initially believed to be uniquely expressed on NK cells – and was used to define this population (1, 3) – although it was soon apparent that CD57 was expressed only on a subset of functionally distinct NK cells (4). CD57 was subsequently identified on CD8<sup>+</sup> T cells (5–7) as well as cells of neural crest origin (7, 8–11). Indeed, it was the recognition of a common epitope that ultimately defined CD57 as a terminally sulfated carbohydrate epitope (glucuronic acid 3-sulfate) (14–16). In neural cells, the CD57 epitope is predominantly restricted to adhesion molecules (17) but little attention has been paid to the precise identity of the molecules expressing the CD57 epitope on NK cells and T cells, precluding a full understanding of the relationship between CD57 expression and lymphocyte function. Although one study identified the CD57 epitope on the IL-6 receptor gp130 of resting lymphocytes (18), the cells expressing CD57/gp130 were not identified and no comprehensive analysis of CD57-expressing molecules on T cells or NK cells has been reported.

While first characterized as an NK cell marker, CD57 has been most widely exploited as a marker of replicative senescence on T cells (19). Under conditions of persistent immune stimulation, memory T cells convert from CD45<sup>RO</sup>CD57<sup>-</sup> to CD45<sup>RA</sup>CD57<sup>+</sup> (20); CD57<sup>+</sup> cells have short telomeres, low telomerase activity, low expression of cell-cycle associated genes and limited proliferative capacity (20, 21). However, CD57<sup>+</sup>CD45<sup>RO</sup>CD4<sup>+</sup> T cells can proliferate given an appropriate cytokine milieu (22), their sensitivity to apoptosis is disrupted (23, 24), they are highly cytotoxic (25, 26) and express natural killer receptors (27). CD57<sup>+</sup>CD4<sup>+</sup> T cells should thus be regarded as terminally differentiated, oligoclonal

populations of cytotoxic cells generated in response to chronic antigen stimulation.

In light of the T cell data it was suggested that CD57 may also be a marker of NK cells with poor proliferative capacity and, perhaps, a degree of immunosenescence (21, 23, 28). Indeed, acquisition of CD57 on NK cells – following stimulation with IL-2 or coculture with target cells – correlates with maturation of the CD56<sup>dim</sup> NK cell subset, with lower expression of NKp46, NKp30, NKp113, and NKG2A, and higher expression of CD16, LIR1, and killer cell immunoglobulin-like receptors (KIRs) (29). Similarly, in hematopoietic stem cell transplant recipients exposed to human cytomegalovirus (HCMV) infection, differentiation of CD56<sup>dim</sup> NK cells involves acquisition of CD57, loss of NKG2A, gain of KIRs, and changing expression of homing molecules (30). These studies, together with experiments in Rag1<sup>-/-</sup>γc<sup>-/-</sup> mice reconstituted with human hematopoietic stem cells and treated with IL-15 (30), and the observation that fetal and newborn NK cells lack CD57 (31), indicate that CD57<sup>+</sup> NK cells differentiate from CD56<sup>dim</sup>CD57<sup>-</sup> NK cells in an irreversible process with highly stable expression of CD57 likely being the final step in maturation (30, 31). This differentiation is accompanied by functional changes (29, 30): compared with CD57<sup>-</sup> cells, CD57<sup>+</sup> NK cells proliferate less well in response to IL-2 and IL-15 and produce less IFN-γ in response to IL-12 and IL-18, consistent with their lower levels of IL-12Rβ mRNA (29) and reduced surface expression of IL-2Rβ and IL-18Rα (30). On the other hand, CD57<sup>+</sup> NK cells retain their cytolytic potential (30) and a proportion of CD57<sup>+</sup> NK cells are able to produce IFN-γ after crosslinking of CD16 [Ref. (29); White et al. submitted] indicating that CD57<sup>+</sup> NK cells are intrinsically able to produce IFN-γ but that they may have different activation requirements.

In summary, therefore, progression from CD56<sup>dim</sup> to CD56<sup>dim</sup>CD57<sup>+</sup> to CD56<sup>dim</sup>CD57<sup>+</sup> reflects a maturation pathway for NK cells (33, 34) and rather than being a marker of anergy or

Cellules NK : lymphocytes CD3–CD56+CD16±

CD57 exprimé par une ss-pop de NK

CD57 aussi exprimé par ss-pop LT CD8+ (marqueur diff terminale)

CD57 aussi exprimé par cellules dérivées des crête neurales



# Marquage CD57

| Cancer type                        | Observations  | Reference                |
|------------------------------------|---|--------------------------|
| Acute lymphoblastic leukemia       | Increased NK cell activity and increased numbers of CD57 <sup>+</sup> and CD16 <sup>+</sup> NK cells in bone marrow associated with complete remission  | Sorskaar et al. (57)     |
| Hodgkin's disease                  | Absence/low number of CD57 <sup>+</sup> NK cells in tumor tissue (by immunohistochemistry) associated with relapse  | Ortaç et al. (58)        |
| Non-Hodgkin's lymphoma             | Higher numbers of intratumoral CD57 <sup>+</sup> NK cells are associated with relapse free survival in pediatric cases  | Ortaç et al. (58)        |
| Metastatic tumors in the brain     | CD57 <sup>+</sup> NK cells infiltrate brain metastases of various origins (lung, breast, and renal carcinomas; melanoma) but no correlation between numbers of infiltrating CD57 <sup>+</sup> NK cells and apoptosis of malignant cells | Vaquero et al. (59)      |
| Colorectal cancer                  | Increased CD57 <sup>+</sup> NK cells in germinal centers of draining lymph nodes, but rarely in primary or metastatic lesions; CD57 <sup>+</sup> NK cells may prevent establishment of tumor in lymph nodes?                            | Adachi et al. (60)       |
| Bladder carcinoma                  | Lower frequency of CD56 <sup>+</sup> and CD57 <sup>+</sup> PBMC in patients with invasive and non-invasive tumors is correlated with reduced cytotoxicity against T24 bladder cancer cell line  | Hermann et al. (61)      |
| Breast carcinoma                   | Survival is positively correlated with the number of tumor infiltrating CD57 <sup>+</sup> NK cells and with expression of CX3CL1 (a known NK cell chemoattractant) by the tumor cells   | Park et al. (62)         |
| Gastric carcinoma                  | CD57 <sup>+</sup> NK cell infiltration associated with a lower clinical grade tumor, reduced venous invasion, fewer lymph node metastases, less lymphocytic invasion, and increased 5 year survival outcome                             | Ishigami et al. (63)     |
| Oral squamous cell carcinoma       | Low density of tumor infiltrating CD57 <sup>+</sup> NK cells and high numbers of TNF <sup>+</sup> cells associated with higher clinical staging   | Turkseven and Oygur (64) |
| Esophageal squamous cell carcinoma | Tumor infiltrating CD57 <sup>+</sup> NK cells positively associated with increased survival over 80 months  | Lv et al. (87)           |
| Squamous cell lung carcinoma       | Tumor infiltrating CD57 <sup>+</sup> NK cells positively correlated with increased survival 2 years after surgery   | Villegas et al. (88)     |
| Pulmonary adenocarcinoma           | Higher absolute numbers of tumor infiltrating CD57 <sup>+</sup> NK cells correlated with tumor regression   | Takanami et al. (89)     |
| Various                            | Low numbers of CD57 <sup>+</sup> NK cells in peripheral blood are associated with carcinomas of colon, lung, breast, and neck; no association was with melanoma or sarcoma  | Balch et al. (90)        |

# Marquage CD57

## Observations

## Reference

### AUTOIMMUNE DISEASE

|                    |  |   |
|--------------------|--|---|
| Alopecia areata    | CD57 <sup>+</sup> NK cells are significantly reduced in peripheral blood of patients with multiple foci of alopecia  | Imai et al. ( <a href="#">91</a> )  |
| Atopic dermatitis  | Reduced frequencies of CD57 <sup>+</sup> NK cells in peripheral blood of patients compared to healthy controls, with greatest reduction in the most severe cases | Wehrmann et al. ( <a href="#">126</a> ) and Matsumura ( <a href="#">127</a> ) |
| Sjögren's syndrome | Decreased numbers of CD57 <sup>+</sup> NK cells observed in peripheral blood of patients compared to controls  | Struyf et al. ( <a href="#">128</a> )   |
| IgA nephropathy    | Decreased proportion of CD57 <sup>+</sup> CD16 <sup>+</sup> lymphocytes in the peripheral blood of patients compared to healthy controls                         | Antonaci et al. ( <a href="#">129</a> )                                       |
| Psoriasis          | NK cells infiltrating skin lesions – but also unaffected skin – are predominantly CD57 <sup>low</sup>  | Batista et al. ( <a href="#">85</a> )   |

### INFECTION

|                             |   |   |
|-----------------------------|---|---|
| HCMV                        | Increased proportions of CD57 <sup>+</sup> NK cells in infected individuals; CD57 expression limited to the NKG2C <sup>+</sup> subset   | Gratama et al. ( <a href="#">110</a> ), Lopez-Vergès et al. ( <a href="#">99</a> ) and Foley et al. ( <a href="#">111</a> , <a href="#">112</a> ) |
| HIV                         | In chronic infections, there is a loss of CD57 <sup>-</sup> /dim NK cells, but the absolute number of CD57 <sup>+</sup> NK cells remains constant   | Hong et al. ( <a href="#">100</a> )   |
| Chikungunya virus           | Increased proportions of CD57 <sup>+</sup> NK cells after infection in HCMV <sup>+</sup> patients   | Petitdemange et al. ( <a href="#">115</a> )   |
| Hantavirus                  | NKG2C <sup>+</sup> NK cell subset expanded during infection in HCMV <sup>+</sup> patients and the majority of these cells are CD57 <sup>+</sup>   | Björkström et al. ( <a href="#">114</a> )   |
| Hepatitis B and Hepatitis C | NKG2C <sup>+</sup> NK cell population is expanded in chronic infections, and these are predominantly CD57 <sup>+</sup> , but co-infection with HCMV appears to be the driver of this effect | Béziat et al. ( <a href="#">97</a> )  |
| Lyme disease                | Conflicting evidence on whether chronic disease leads to a reduced proportion of CD57 <sup>+</sup> NK cells in peripheral blood   | Stricker et al. ( <a href="#">117</a> ), Stricker and Winger ( <a href="#">118</a> ), and Marques et al. ( <a href="#">119</a> )                  |



## Design de l'étude

- 9 PLDS (post- Lyme disease syndrome) : déf CDC, séro sg+, >6 mois postTT
- 12 REC (recovered) = Lyme guéris : déf CDC, asympto ap TT
- 9 HV (healthy volunteers) : pas d'ATCD Lyme et séro sg neg

### Natural Killer Cell Counts Are Not Different between Patients with Post-Lyme Disease Syndrome and Controls<sup>▽</sup>

Adriana Marques,<sup>1\*</sup> Margaret R. Brown,<sup>2</sup> and Thomas A. Fleisher<sup>2</sup>

Laboratory of Clinical Infectious Diseases, National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, Maryland,<sup>1</sup> and Immunology Service, Department of Laboratory Medicine, Clinical Center, National Institutes of Health, Bethesda, Maryland<sup>2</sup>

Received 16 April 2009/Accepted 1 June 2009

It has been reported that patients with “chronic Lyme disease” have a decreased number of natural killer cells, as defined by the CD57 marker. We performed immunophenotyping in 9 individuals with post-Lyme disease syndrome, 12 who recovered from Lyme disease, and 9 healthy volunteers. The number of natural killer cells was not significantly different between the groups.

Lyme disease, the most common vector-borne illness in the United States, is caused by *Borrelia burgdorferi* and transmitted by the bite of the *Ixodes* sp. tick (the deer tick). The disease usually begins with erythema migrans, an expanding skin lesion at the site of the tick bite. Within several days or weeks, there is hematogenous dissemination of the spirochetes, and patients may present with dermatologic, neurological, cardiac, and rheumatologic involvement (7). “Chronic Lyme disease” is a controversial term applied to a broad spectrum of patients, including individuals with Lyme disease and those with post-Lyme disease syndrome (PLDS), as well as patients with no evidence of current or past *B. burgdorferi* infection (5, 6). PLDS is defined as the persistence or relapse of nonspecific symptoms (such as fatigue, musculoskeletal pain, and cognitive complaints) in patients who have had Lyme disease and have received an adequate course of antibiotic therapy.

It has been reported that patients diagnosed with chronic Lyme disease have a decreased number of natural killer cells, as defined by the CD57 marker, and that the changes in the number of CD57<sup>+</sup> cells can be monitored as evidence of response to therapy (8–10). CD57 was initially used as a marker for NK cells, but it is not expressed by all NK cells and is also expressed by T-cell subpopulations. It is thought that CD57 is a marker of terminally differentiated cells (4). Currently, the most common approach for identifying NK cells utilizes a combination of CD56 and CD16 surface markers used together with CD3 to exclude T cells expressing NK markers (NK T cells). The CD57 test is offered in some clinical laboratories and is being used by some health practitioners to evaluate and follow patients diagnosed with chronic Lyme disease. To further evaluate the utility of NK cell numbers in evaluating and/or monitoring this patient group, we performed immunophenotyping in 9 patients with PLDS, 12 individuals who recovered from Lyme disease, and 9 healthy volunteers.

Patients with PLDS had a past history of Lyme disease according to the Centers for Disease Control and Prevention

clinical definition (1, 2), a prior positive serologic analysis confirmed by immunoglobulin G Western blotting (3), received at least one course of recommended antibiotic therapy (11), and had persistent or intermittent symptoms for at least 6 months after appropriate antibiotic therapy for Lyme disease. Common symptoms included widespread musculoskeletal pain and fatigue, memory and/or concentration impairment, and radicular pain, paresthesias, or dysesthesias. The onset of symptoms was coincident with or within 6 months of initial *B. burgdorferi* infection; symptoms were severe enough to interfere with daily life activities, and other causes were excluded. Individuals who recovered from Lyme disease also had a past history of Lyme disease according to the Centers for Disease Control and Prevention clinical definition and received recommended antibiotic therapy but had no complaints attributed to the disease. Controls included healthy volunteers from areas of endemicity ( $n = 5$ ) with no previous history compatible with Lyme disease and who were seronegative for *B. burgdorferi*. The study was approved by the National Institute of Allergy and Infectious Diseases Institutional Review Board, and all individuals signed informed consent forms.

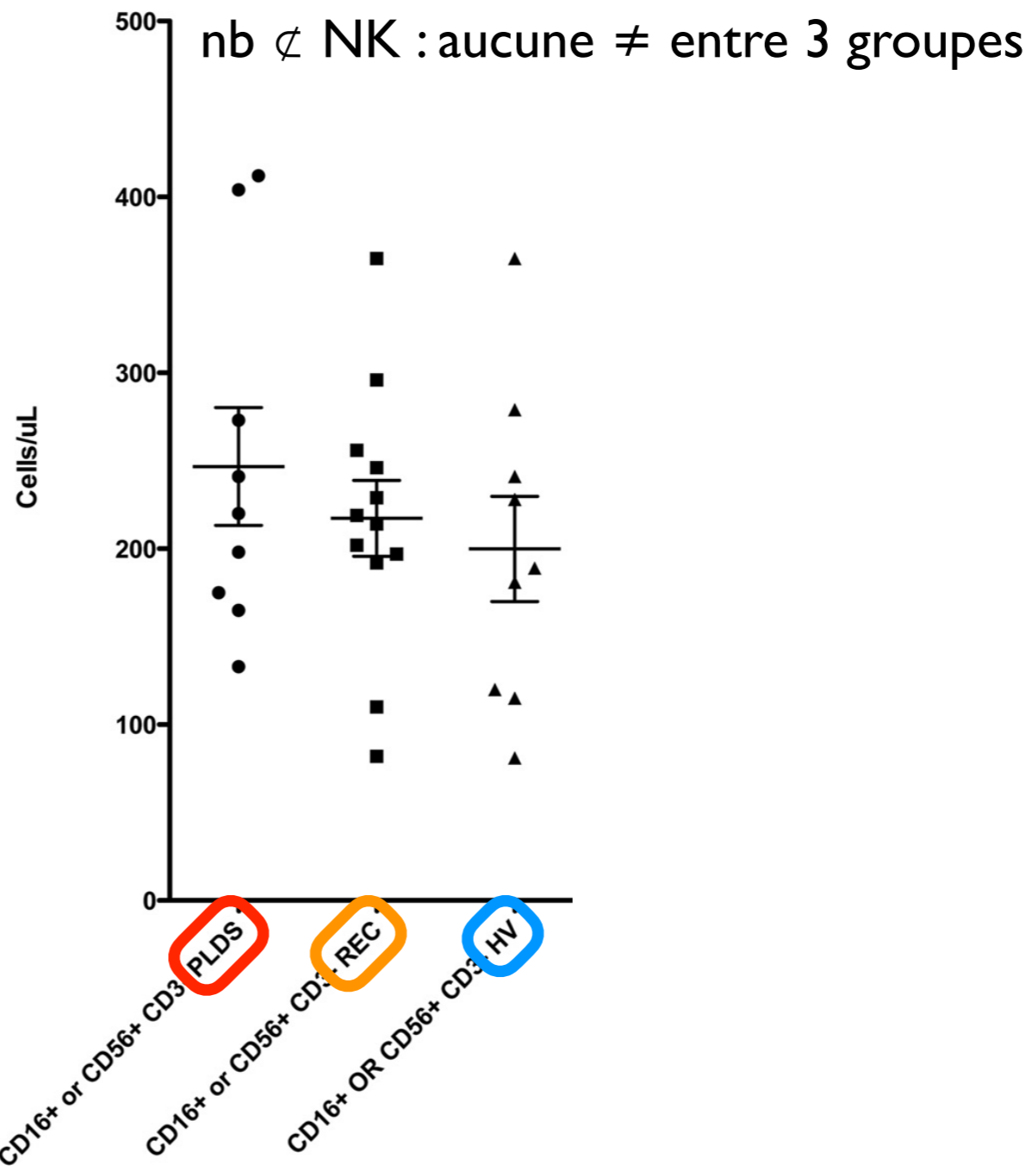
Peripheral blood specimens were obtained by phlebotomy on site. Anticoagulated (EDTA) samples were stained using the whole-blood lysis method and analyzed concurrently on a dual-laser FACSCalibur (BD Biosciences) using CellQuest software (BD Biosciences). Directly conjugated mouse anti-human monoclonal antibodies against CD3, CD4, CD8, CD20, CD16, CD56, and CD57 were used. Irrelevant, directly conjugated, mouse anti-human monoclonal antibodies were used to define background staining. All monoclonal antibodies were obtained from BD Biosciences and Beckman Coulter and used as recommended by the manufacturers. Lymphocytes were identified by forward and side scatter, and the lymphocyte gate was confirmed using the CD45/CD14 LeukoGate reagent (BD Biosciences). To calculate the absolute numbers of each lymphocyte subset, the percentage of positive cells was multiplied by the absolute peripheral blood lymphocyte count obtained using an automated hematology instrument on the same blood sample. Results were compared by Kruskal-Wallis test or Mann-Whitney test. The Spearman rank correlation coefficient was used to calculate quantitative correlations. All *P* values

\*Corresponding author. Mailing address: Clinical Studies Unit, Laboratory of Clinical Infectious Diseases, Building 10, Room 11C234, 10 Center Drive, MSC 1888, Bethesda, MD 20892. Phone: (301) 435-7068. Fax: (301) 402-5933. E-mail: amaruq@niaid.nih.gov.  
<sup>▽</sup>Published ahead of print on 10 June 2009.

# Marquage CD57

## Design de l'étude

- 9 **PLDS** (post- Lyme disease syndrome) : déf CDC, séro sg+, >6 mois postTT
- 12 **REC** (recovered) = Lyme guéris : déf CDC, asympto ap TT
- 9 **HV** (healthy volunteers) : pas d'ATCD Lyme et séro sg neg



### Natural Killer Cell Counts Are Not Different between Patients with Post-Lyme Disease Syndrome and Controls<sup>▽</sup>

Adriana Marques,<sup>1\*</sup> Margaret R. Brown,<sup>2</sup> and Thomas A. Fleisher<sup>2</sup>

Laboratory of Clinical Infectious Diseases, National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, Maryland,<sup>1</sup> and Immunology Service, Department of Laboratory Medicine, Clinical Center, National Institutes of Health, Bethesda, Maryland<sup>2</sup>

Received 16 April 2009/Accepted 1 June 2009

It has been reported that patients with "chronic Lyme disease" have a decreased number of natural killer cells, as defined by the CD57 marker. We performed immunophenotyping in 9 individuals with post-Lyme disease syndrome, 12 who recovered from Lyme disease, and 9 healthy volunteers. The number of natural killer cells was not significantly different between the groups.

Lyme disease, the most common vector-borne illness in the United States, is caused by *Borrelia burgdorferi* and transmitted by the bite of the *Ixodes* sp. tick (the deer tick). The disease usually begins with erythema migrans, an expanding skin lesion at the site of the tick bite. Within several days or weeks, there is hematogenous dissemination of the spirochetes, and patients may present with dermatologic, neurological, cardiac, and rheumatologic involvement (7). "Chronic Lyme disease" is a controversial term applied to a broad spectrum of patients, including individuals with Lyme disease and those with post-Lyme disease syndrome (PLDS), as well as patients with no evidence of current or past *B. burgdorferi* infection (5, 6). PLDS is defined as the persistence or relapse of nonspecific symptoms (such as fatigue, musculoskeletal pain, and cognitive complaints) in patients who have had Lyme disease and have received an adequate course of antibiotic therapy.

It has been reported that patients diagnosed with chronic Lyme disease have a decreased number of natural killer cells, as defined by the CD57 marker, and that the changes in the number of CD57<sup>+</sup> cells can be monitored as evidence of response to therapy (8-10). CD57 was initially used as a marker for NK cells, but it is not expressed by all NK cells and is also expressed by T-cell subpopulations. It is thought that CD57 is a marker of terminally differentiated cells (4). Currently, the most common approach for identifying NK cells utilizes a combination of CD56 and CD16 surface markers used together with CD3 to exclude T cells expressing NK markers (NK T cells). The CD57 test is offered in some clinical laboratories and is being used by some health practitioners to evaluate and follow patients diagnosed with chronic Lyme disease. To further evaluate the utility of NK cell numbers in evaluating and/or monitoring this patient group, we performed immunophenotyping in 9 patients with PLDS, 12 individuals who recovered from Lyme disease, and 9 healthy volunteers.

Patients with PLDS had a past history of Lyme disease according to the Centers for Disease Control and Prevention

clinical definition (1, 2), a prior positive serologic analysis confirmed by immunoglobulin G Western blotting (3), received at least one course of recommended antibiotic therapy (11), and had persistent or intermittent symptoms for at least 6 months after appropriate antibiotic therapy for Lyme disease. Common symptoms included widespread musculoskeletal pain and fatigue, memory and/or concentration impairment, and radicular pain, paresthesias, or dysesthesias. The onset of symptoms was coincident with or within 6 months of initial *B. burgdorferi* infection, symptoms were severe enough to interfere with daily life activities, and other causes were excluded. Individuals who recovered from Lyme disease also had a past history of Lyme disease according to the Centers for Disease Control and Prevention clinical definition and received recommended antibiotic therapy but had no complaints attributed to the disease. Controls included healthy volunteers from areas of endemicity ( $n = 5$ ) with no previous history compatible with Lyme disease and who were seronegative for *B. burgdorferi*. The study was approved by the National Institute of Allergy and Infectious Diseases Institutional Review Board, and all individuals signed informed consent forms.

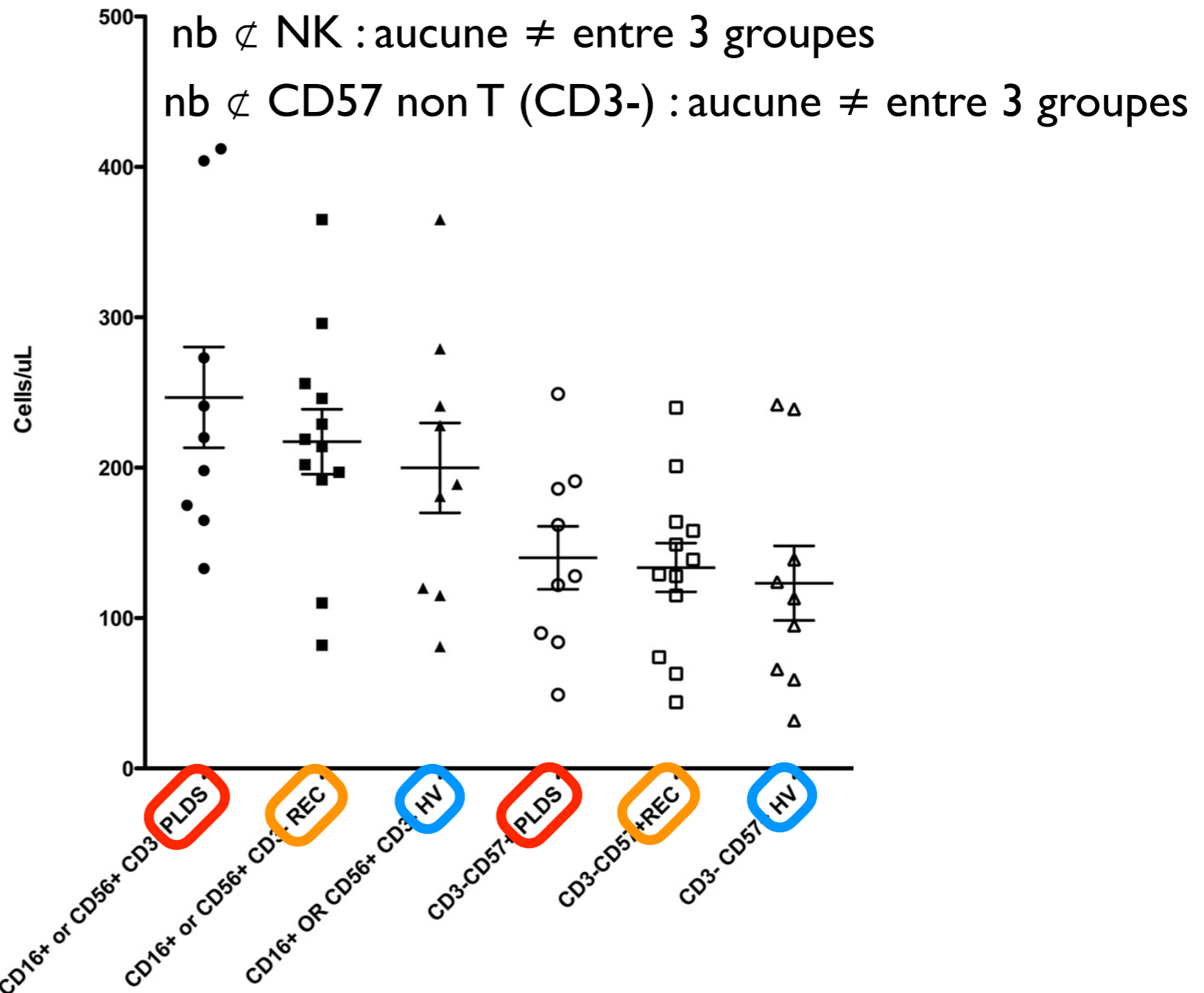
Peripheral blood specimens were obtained by phlebotomy on site. Anticoagulated (EDTA) samples were stained using the whole-blood lysis method and analyzed concurrently on a dual-laser FACSCalibur (BD Biosciences) using CellQuest software (BD Biosciences). Directly conjugated mouse anti-human monoclonal antibodies against CD3, CD4, CD8, CD20, CD16, CD56, and CD57 were used. Irrelevant, directly conjugated, mouse anti-human monoclonal antibodies were used to define background staining. All monoclonal antibodies were obtained from BD Biosciences and Beckman Coulter and used as recommended by the manufacturers. Lymphocytes were identified by forward and side scatter, and the lymphocyte gate was confirmed using the CD45/CD14 LeukoGate reagent (BD Biosciences). To calculate the absolute numbers of each lymphocyte subset, the percentage of positive cells was multiplied by the absolute peripheral blood lymphocyte count obtained using an automated hematology instrument on the same blood sample. Results were compared by Kruskal-Wallis test or Mann-Whitney test. The Spearman rank correlation coefficient was used to calculate quantitative correlations. All  $P$  values

\*Corresponding author. Mailing address: Clinical Studies Unit, Laboratory of Clinical Infectious Diseases, Building 10, Room 11C234, 10 Center Drive, MSC 1888, Bethesda, MD 20892. Phone: (301) 435-7068. Fax: (301) 402-5933. E-mail: amaruq@niaid.nih.gov.  
<sup>▽</sup>Published ahead of print on 10 June 2009.

# Marquage CD57

## Design de l'étude

- 9 **PLDS** (post- Lyme disease syndrome) : déf CDC, séro sg+, >6 mois postTT
- 12 **REC** (recovered) = Lyme guéris : déf CDC, asympto ap TT
- 9 **HV** (healthy volunteers) : pas d'ATCD Lyme et séro sg neg



CLINICAL AND VACCINE IMMUNOLOGY, Aug. 2009, p. 1249-1250  
 1556-6811/09/\$08.00+0 doi:10.1128/CVI.00167-09 Vol. 16, No. 8

### Natural Killer Cell Counts Are Not Different between Patients with Post-Lyme Disease Syndrome and Controls<sup>▽</sup>

Adriana Marques,<sup>1\*</sup> Margaret R. Brown,<sup>2</sup> and Thomas A. Fleisher<sup>2</sup>  
 Laboratory of Clinical Infectious Diseases, National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, Maryland,<sup>1</sup> and Immunology Service, Department of Laboratory Medicine, Clinical Center, National Institutes of Health, Bethesda, Maryland<sup>2</sup>

Received 16 April 2009/Accepted 1 June 2009

It has been reported that patients with "chronic Lyme disease" have a decreased number of natural killer cells, as defined by the CD57 marker. We performed immunophenotyping in 9 individuals with post-Lyme disease syndrome, 12 who recovered from Lyme disease, and 9 healthy volunteers. The number of natural killer cells was not significantly different between the groups.

Lyme disease, the most common vector-borne illness in the United States, is caused by *Borrelia burgdorferi* and transmitted by the bite of the black-legged tick (the deer tick). The disease usually begins with erythema migrans, an expanding skin lesion at the site of the tick bite. Within several days or weeks, there is hematogenous dissemination of the spirochetes, and patients may present with dermatologic, neurologic, cardiac, and rheumatologic involvement (7). "Chronic Lyme disease" is a controversial term applied to a broad spectrum of patients, including individuals with Lyme disease and those with post-Lyme disease syndrome (PLDS), as well as patients with no evidence of current or past *B. burgdorferi* infection (5, 6). PLDS is defined as the persistence or relapse of nonspecific symptoms (such as fatigue, musculoskeletal pain, and cognitive complaints) in patients who have had Lyme disease and have received an adequate course of antibiotic therapy.

It has been reported that patients diagnosed with chronic Lyme disease have a decreased number of natural killer cells, as defined by the CD57 marker, and that the changes in the number of CD57<sup>+</sup> cells can be monitored as evidence of response to therapy (8-10). CD57 was initially used as a marker for NK cells, but it is not expressed by all NK cells and is also expressed by T-cell subpopulations. It is thought that CD57 is a marker of terminally differentiated cells (4). Currently, the most common approach for identifying NK cells utilizes a combination of CD56 and CD16 surface markers used together with CD3 to exclude T cells expressing NK markers (NK T cells). The CD57 test is offered in some clinical laboratories and is being used by some health practitioners to evaluate and follow patients diagnosed with chronic Lyme disease. To further evaluate the utility of NK cell numbers in evaluating and/or monitoring this patient group, we performed immunophenotyping in 9 patients with PLDS, 12 individuals who recovered from Lyme disease, and 9 healthy volunteers.

Patients with PLDS had a past history of Lyme disease according to the Centers for Disease Control and Prevention

\*Corresponding author. Mailing address: Clinical Studies Unit, Laboratory of Clinical Infectious Diseases, Building 10, Room 11C234, 10 Center Drive, MSC 1888, Bethesda, MD 20892. Phone: (301) 435-7068. Fax: (301) 402-5933. E-mail: amaruq@niaid.nih.gov.  
<sup>▽</sup>Published ahead of print on 10 June 2009.

# Marquage CD57

~~➤ NK CD57 associée aux formes tardives de borréliose ?  
Normalisation NK CD57 pourrait permettre de vérifier l'efficacité du TT ?~~

**Les données scientifiques actuelles ne permettent pas de recommander ce test diagnostique dans les borrélioses de Lyme tardives**

# TESTS SUR TIQUE

# Test rapides sur tiques



**Performances intrinsèques ? Interprétation ?**



# **AUTO-TESTS**

(vendus en pharmacie)

# Auto-tests

## Tests réalisés sur une goutte de sang



### Quelle est la fiabilité de l'AUTOTEST LYME ?

Malgré la fiabilité de ce test, des résultats faussement positifs ou faussement négatifs sont possibles.

L'AUTOTEST LYME est fiable et est utilisé dans les milieux professionnels (hôpitaux, laboratoires). Les études réalisées montrent, sur des échantillons d'origine européenne, que l'AUTOTEST LYME permet de détecter les anticorps précoces (IgM) dirigés contre la bactérie *Borrelia* dans plus de 93% des cas mais il est toujours possible que la présence des anticorps IgM liés à une infection par *Borrelia* ne soit pas détectée par le test en raison du développement tardif de l'immunité chez certains sujets.

### Avantages

- Facilité d'utilisation: test réalisable par le patient lui-même
- Rapidité d'obtention des résultats
- Fiabilité des résultats
- Tests pouvant être effectués à tout moment
- Produits marqués CE

### Quelle est la fiabilité de MyTest Lyme ?

Malgré la fiabilité de ce test, des résultats faussement positifs ou faussement négatifs sont possibles. Ce test est fiable et est utilisé dans les milieux professionnels (hôpitaux, laboratoires). Les études réalisées montrent, sur des échantillons d'origine européenne, que ce test permet de détecter les anticorps précoces (IgM) dirigés contre la bactérie *Borrelia* dans plus de 93% des cas. Cependant, il est toujours possible que la présence des anticorps IgM liés à une infection par *Borrelia* ne soit pas détectée par le test en raison du développement tardif de l'immunité chez certains sujets.



Rue de l'Expansion - ZAT du Londeau - Cerisé  
BP 181 - 61006 ALENCON Cedex (France)

Autopiqueur stérile : 



# Auto-tests

Contrôle du marché d'après les notices des réactifs de  
sérologie de la borréliose de Lyme  
*(hors techniques de biologie moléculaire)*

Novembre 2016

# Auto-tests

| Fabricant /distributeur  | Composition | Spécificité | Sensibilité |
|--|-------------|-------------|-------------|
| <b>All diag-Biosynex * (TDR)</b><br>(arrêt de commercialisation) |             |             |             |
| <b>Nal von Minden (TDR)</b>                                      |             |             |             |
| <b>Veda Lab/Servibio* (TDR)</b>                                  |             |             |             |
| <b>Veda.Lab/Alere<br/>(autodiagnostic)</b>                       |             |             |             |

\* réactifs utilisés en France d'après les résultats du CNQ.

Recommandations remplies, remplies de façon partielle, insuffisamment remplies.



# Auto-tests

- **Concernant plus spécifiquement le test d'autodiagnostic :**
  - **les informations destinées aux utilisateurs ont en partie été modifiées dans le projet de notice -à noter que la directive 98/79/CE permet de limiter les informations fournies aux utilisateurs profanes à celles qui leur sont compréhensibles- ;**
  - **les modalités d'évaluation des performances, notamment sur le sang total sont encore insuffisantes ;**
  - **ce test ne dose que les IgM, eux-mêmes détectés dans 40 à 60% des érythèmes migrants – ceci en raison de la faible réponse immunitaire à ce stade et dans un pourcentage plus faible de cas encore pour les stades disséminés de la maladie - ;**
  - **dans le cas d'un érythème migrant, le diagnostic clinique est suffisamment évocateur et la sérologie n'est pas assez sensible, par contre un traitement antibiotique immédiat est justifié et recommandé.**
  - **la détection dans le sang total ou le sérum, immédiatement après une piqure de tique (« dépistage ») est inutile en raison de la variabilité, de la faiblesse et de la lenteur de la mise en place de l'immunité individuelle, conduisant alors à une possible fausse sécurité devant un résultat négatif ;**

**Compte tenu des particularités cliniques de la Borréliose de Lyme et de l'insuffisance de ses performances, l'utilisation de ce test d'autodiagnostic est difficile à justifier.**

# Auto-tests

## Académie nationale de Pharmacie



### Rapport

de l'Académie nationale de Pharmacie

### *Autotests-TROD*

*Rôle du pharmacien d'officine*

*Décembre 2017*

Rapport adopté par le Conseil de l'Académie nationale de Pharmacie le 13 décembre 2017  
Les auteurs déclarent ne pas avoir de conflits d'intérêts en relation avec ce rapport

## 2.3. Autotests

### Académie nationale de Pharmacie

#### 2.3.1. Définition et types d'autotests

Il s'agit d'un test, recueil ou traitement de signal biologique utilisé par l'utilisateur ou son entourage et pour son seul usage, qui ne constitue **ni un TROD, ni un examen de biologie médicale**. Un autotest n'apporte qu'une orientation diagnostique et pas un diagnostic comme peut le faire un examen de biologie médicale.

- **Type A** : les systèmes prescrits par un médecin, qui utilisent un dispositif de mesure : il s'agit en particulier des glucomètres (recueil de sang capillaire ou capteur sous-cutané) ou des appareils de mesures de l'INR. Ces systèmes répondent à un besoin d'autosurveillance thérapeutique, sont actuellement validés sur le plan clinique et sont remboursés en France par l'Assurance Maladie.
- **Type B** : les **tests de détection ou de recherche d'un signal biologique marqués « CE » et vendus en pharmacie d'officine, avec un objectif de dépistage ou d'orientation diagnostique**. En pratique, les principaux autotests de ce type utilisés en France sont les suivants : test de grossesse, tests d'ovulation, « bandelettes » urinaires, éthylotests (bien que n'étant pas un DMDIV à proprement parler), VIH. Ces tests relèvent en général du monopole pharmaceutique et ne peuvent être vendus qu'en pharmacie, à l'exception des tests de grossesse, d'ovulation (hors pharmacies d'officine) et de détection des maladies infectieuses transmissibles (centres sanitaires).
- **Type C** : il s'agit de tests non marqués « CE » et vendus sans aucun contrôle, y compris sur Internet. La fiabilité de ces tests ne peut être vérifiée.

Concernant ces tests des types A et B, la réglementation de la vente est fondée aujourd'hui sur le **marquage « CE »** [I]. Celui-ci prévoit que **l'évaluation du test est faite par le fabricant sur un mode d'auto-certification, sans qu'un organisme notifié ne vienne vérifier les allégations de la société.**

## Tests sanguin

## Avis

**VIH**

**Cholestérol**

**Carence en fer**

**Thyroïde (TSH)**

**Prostate (PSA)**

**H. Pylori**

**Allergie IgE**

**Ac tétaniques**

**Lyme (IgM)**

## Test sur selles

**Cancer colorectal**

## Tests urinaires

**Infection/albumine/Glucose**

**Ménopause (FSH)**

**Ovulation**



# Auto-tests

| Tests sanguin                     | Avis |              |
|-----------------------------------|------|--------------|
| <b>VIH</b>                        | ✓    | <b>utile</b> |
| <b>Cholestérol</b>                |      |              |
| <b>Carence en fer</b>             |      |              |
| <b>Thyroïde (TSH)</b>             |      |              |
| <b>Prostate (PSA)</b>             |      |              |
| <b>H. Pylori</b>                  |      |              |
| <b>Allergie IgE</b>               |      |              |
| <b>Ac tétaniques</b>              | ✓    | <b>utile</b> |
| <b>Lyme (IgM)</b>                 |      |              |
| Test sur selles                   | Avis |              |
| <b>Cancer colorectal</b>          |      |              |
| Tests urinaires                   | Avis |              |
| <b>Infection/albumine/Glucose</b> | ✓    | <b>utile</b> |
| <b>Ménopause (FSH)</b>            |      |              |
| <b>Ovulation</b>                  |      |              |

# Auto-tests

| Tests sanguin                     | Avis |                       |
|-----------------------------------|------|-----------------------|
| <b>VIH</b>                        | ✓    | <b>utile</b>          |
| <b>Cholestérol</b>                | ≈    | <b>utilité faible</b> |
| <b>Carence en fer</b>             | ≈    | <b>utilité faible</b> |
| <b>Thyroïde (TSH)</b>             | ≈    | <b>utilité faible</b> |
| <b>Prostate (PSA)</b>             |      |                       |
| <b>H. Pylori</b>                  |      |                       |
| <b>Allergie IgE</b>               |      |                       |
| <b>Ac tétaniques</b>              | ✓    | <b>utile</b>          |
| <b>Lyme (IgM)</b>                 |      |                       |
| Test sur selles                   | Avis |                       |
| <b>Cancer colorectal</b>          |      |                       |
| Tests urinaires                   | Avis |                       |
| <b>Infection/albumine/Glucose</b> | ✓    | <b>utile</b>          |
| <b>Ménopause (FSH)</b>            | ≈    | <b>utilité faible</b> |
| <b>Ovulation</b>                  | ≈    | <b>utilité faible</b> |

# Auto-tests

| Tests sanguin   | Avis |                       |
|---|------|-----------------------|
| <b>VIH</b>  | ✓    | <b>utile</b>          |
| <b>Cholestérol</b>  | ≈    | <b>utilité faible</b> |
| <b>Carence en fer</b>   | ≈    | <b>utilité faible</b> |
| <b>Thyroïde (TSH)</b>   | ≈    | <b>utilité faible</b> |
| <b>Prostate (PSA)</b>   | ✗    | <b>à éviter</b>       |
| <b>H. Pylori</b>  | ✗    | <b>à éviter</b>       |
| <b>Allergie IgE</b>   | ✗    | <b>à éviter</b>       |
| <b>Ac tétaniques</b>  | ✓    | <b>utile</b>          |
| <b>Lyme (IgM)</b>   | ✗    | <b>à éviter</b>       |
| <p>Nous ne considérons pas comme favorable la balance bénéfice/risque de l'accès de tout usager à un autotest isolé de détection des anticorps sanguins IgM anti-<i>Borrelia</i>, compte tenu du risque majeur d'interprétation inadéquate.</p> |      |                       |
| <b>Infection/albumine/Glucose</b>   | ✓    | <b>utile</b>          |
| <b>Ménopause (FSH)</b>  | ≈    | <b>utilité faible</b> |
| <b>Ovulation</b>  | ≈    | <b>utilité faible</b> |

# **CXCL-13 SUR LCR**

## Discriminating Lyme Neuroborreliosis from Other Neuroinflammatory Diseases by Levels of CXCL13 in Cerebrospinal Fluid<sup>†</sup>

N. D. van Burgel,<sup>1\*</sup> F. Bakels,<sup>2</sup> A. C. M. Kroes,<sup>1</sup> and A. P. van Dam<sup>3</sup>

<sup>1</sup>Department of Medical Microbiology, Centre of Infectious Diseases, Leiden University Medical Centre, P.O. Box 9600 RC, Leiden, Netherlands<sup>1</sup>; <sup>2</sup>Department of Neurology, Leiden University Medical Centre, P.O. Box 9600 RC, Leiden, Netherlands<sup>2</sup>; and <sup>3</sup>Department of Medical Microbiology, OLVG Hospital, P.O. Box 95500, 1090 HM Amsterdam, Netherlands<sup>3</sup>

Received 14 January 2011/Returned for modification 15 February 2011/Accepted 19 February 2011

CXCL13 in cerebrospinal fluid (CSF) could be an important component for diagnosing Lyme neuroborreliosis (LNB). Levels of intrathecal CXCL13 were determined for 58 LNB patients and 210 controls; sensitivity was 88% and specificity was 89% (cutoff, 250 pg of CXCL13/ml of CSF). Elevated levels of CXCL13 can aid in the diagnosis of LNB, but levels should be interpreted with care.

Diagnosing Lyme neuroborreliosis (LNB) is difficult because one of the most specific markers, the antibody index (AI), is negative in 23 to 49% of patients (1). Intrathecal levels of CXCL13 have been suggested to be a potential biomarker for LNB. CXCL13 is produced by antigen-presenting cells and is a selective chemottractant for B cells and B-helper T cells. It has been shown that CXCL13 is expressed at high levels in cerebrospinal fluid (CSF) from LNB patients, while levels were barely detectable in CSF from subjects with noninflammatory neurological disease. Overall sensitivity for LNB ranged from 96 to 100%, and specificity ranged from 83 to 98% (3, 6, 11, 12). Case reports describing early diagnosis of LNB using CXCL13 levels in CSF have already been published (5, 9).

Our aim was to determine the diagnostic potential of levels of intrathecal CXCL13 to distinguish acute and late LNB from other central nervous system diseases in the pediatric and adult population.

Patients were identified retrospectively using the OLVG Hospital laboratory information management system. CSF and serum samples from 58 LNB patients before treatment were included. Criteria for diagnosing LNB patients were that their meningitis had no other cause and that they had three of the following four characteristics: positive serology at presentation, pleocytosis, positive AI with an IgG index, and objective neurological complaints with clinical improvement after treatment. From this group, definite LNB patients ( $n = 43$ ) were those who had a pleocytosis and a positive AI, and probable LNB patients ( $n = 15$ ) were those who had either pleocytosis ( $n = 12$ ) or a positive AI ( $n = 3$ ) (4). Ninety-one percent of the LNB patients presented within 6 months of the start of complaints; the range was 7 days to 48 months. Forty-one percent of LNB patients were children. Most LNB patients presented

with a facial nerve palsy (56%) or meningoradiculitis (20%). Seventeen percent of LNB patients reported experiencing erythema migrans (EM) before or at presentation.

As controls, we included 36 patients with Lyme borreliosis that did not meet the criteria for LNB, 55 patients with an infectious cause of meningitis/encephalitis, 62 patients with neurological inflammatory diseases, and 12 patients with non-inflammatory neurological complaints. Furthermore, seven HIV patients with no neurological complaints or evidence of an intrathecal infection were tested. For patient characteristics, see Table S1 in the supplemental material.

CSF samples were tested with a Quantikine human CXCL13/MLC/CCL11 immunoassay (R&D Systems, Minneapolis, MN).

Results of the levels of CXCL13 in CSF are shown in Fig. 1. Median levels of CXCL13 were significantly elevated in LNB patients compared to those in the Lyme nonneuroborreliosis controls (medians, 1,183 and 5 pg of CXCL13/ml of CSF, respectively;  $P < 0.001$ ).

Receiver operating characteristic (ROC) analysis revealed an optimal cutoff of 250 pg/ml, which resulted in 88% sensitivity and 89% specificity (Fig. 2). Results of intrathecal CXCL13 using the cutoff of 250 pg/ml for LNB patients and controls are shown in Table 1. CSF levels of CXCL13 correlated with the amount of intrathecal leukocytes in the CSF at presentation ( $R = 0.172$ ;  $P < 0.001$ ), but the seven LNB samples with CXCL13 levels of  $<250$  pg/ml did not have exceptionally low CSF leukocyte counts (see Fig. S1 in the supplemental material).

Previously, a sensitivity of 96 to 100% was reported for CXCL13 in cases of LNB, but two studies did not define a cutoff (3, 6). One study defined a cutoff for CXCL13 levels expressed as ng of CXCL13/g of total protein in CSF (11). ROC curve analysis for the amount of CXCL13 per milliliter compared to the amount of CXCL13 per gram of total protein showed a similar area under the curve (AUC) in our population (0.91 to 0.90, respectively). Analysis using the cutoff of 337 ng/g in our population led to a decrease in sensitivity and specificity to 82% and 88%, respectively. One study defined a cutoff of 142 pg/ml of CSF. In our study, such a cutoff led to a sensitivity of 90% and a specificity of 84% (12).

\* Corresponding author. Mailing address: Department of Medical Microbiology, Leiden University Medical Centre, P.O. Box 9600, 2300 RC, Leiden, Netherlands. Phone: (31) 71 536 3901. Fax: (31) 71 534 8108. E-mail: N.D.van.Burgel@liimc.nl.

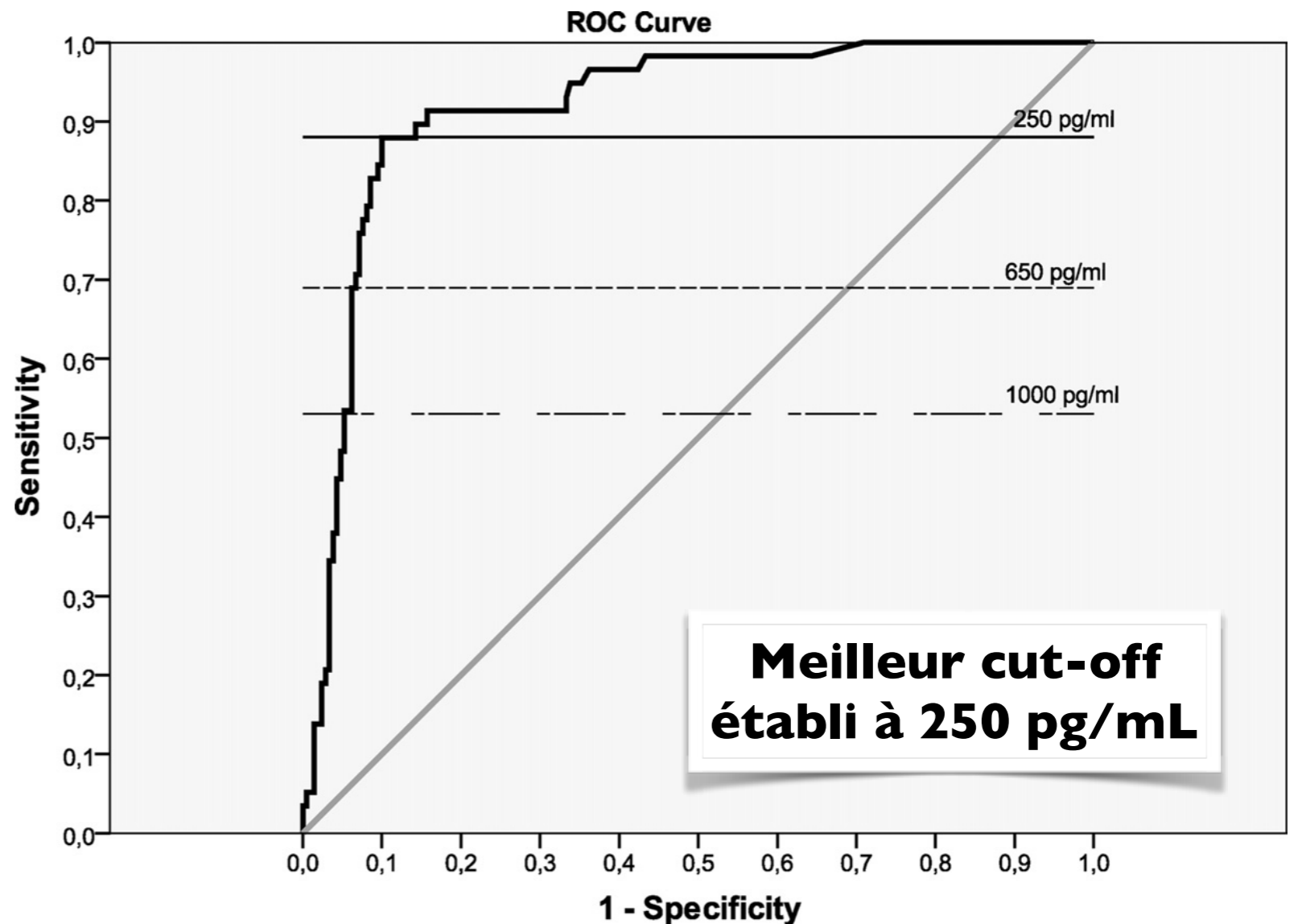
<sup>†</sup> Supplemental material for this article may be found at <http://jcm.asm.org/>.

Published ahead of print on 2 March 2011.



## Design de l'étude

- 58 NB (avant TT) sans autre cause méningite avec 3/4 éléments suivants
  - ☆ sérologie pos / SIT pos / pléiocytose / signes typiques améliorés ss TT
- 210 contrôles :
  - ☆ 36 Lyme (non-NB), 93 méningites, 62 inflamm, 12 prb neuros, 7 HIV



**Se : 88 %**  
**Spé : 89 %**

# Dosage du CXCL-13 dans le LCR

JOURNAL OF CLINICAL MICROBIOLOGY, May 2011, p. 2027-2030  
0095-1137/11/\$12.00 doi:10.1128/JCM.0084-11  
Copyright © 2011, American Society for Microbiology. All Rights Reserved.

Vol. 49, No. 5

## Discriminating Lyme Neuroborreliosis from Other Neuroinflammatory Diseases by Levels of CXCL13 in Cerebrospinal Fluid<sup>†</sup>

N. D. van Burgel,<sup>1\*</sup> F. Bakels,<sup>2</sup> A. C. M. Kroes,<sup>1</sup> and A. P. van Dam<sup>3</sup>

<sup>1</sup>Department of Medical Microbiology, Centre of Infectious Diseases, Leiden University Medical Centre, P.O. Box 9600 RC, Leiden, Netherlands<sup>2</sup>; <sup>2</sup>Department of Neurology, Leiden University Medical Centre, P.O. Box 9600 RC, Leiden, Netherlands<sup>2</sup>; and <sup>3</sup>Department of Medical Microbiology, OLVG Hospital, P.O. Box 95500, 1090 HM Amsterdam, Netherlands<sup>3</sup>

Received 14 January 2011/Returned for modification 15 February 2011/Accepted 19 February 2011

CXCL13 in cerebrospinal fluid (CSF) could be an important component for diagnosing Lyme neuroborreliosis (LNB). Levels of intrathecal CXCL13 were determined for 58 LNB patients and 210 controls; sensitivity was 88% and specificity was 89% (cutoff, 250 pg of CXCL13/ml of CSF). Elevated levels of CXCL13 can aid in the diagnosis of LNB, but levels should be interpreted with care.

Diagnosing Lyme neuroborreliosis (LNB) is difficult because one of the most specific markers, the antibody index (AI), is negative in 23 to 49% of patients (1). Intrathecal levels of CXCL13 have been suggested to be a potential biomarker for LNB. CXCL13 is produced by antigen-presenting cells and is a selective chemottractant for B cells and B-helper T cells. It has been shown that CXCL13 is expressed at high levels in cerebrospinal fluid (CSF) from LNB patients, while levels were barely detectable in CSF from subjects with noninflammatory neurological disease. Overall sensitivity for LNB ranged from 96 to 100%, and specificity ranged from 83 to 98% (3, 4, 11, 12). Case reports describing early diagnosis of LNB using CXCL13 levels in CSF have already been published (5, 9).

Our aim was to determine the diagnostic potential of levels of intrathecal CXCL13 to distinguish acute and late LNB from other central nervous system diseases in the pediatric and adult population.

Patients were identified retrospectively using the OLVG Hospital laboratory information management system. CSF and serum samples from 58 LNB patients before treatment were included. Criteria for diagnosing LNB patients were that their meningitis had no other cause and that they had three of the following four characteristics: positive serology at presentation, pleocytosis, positive AI with an IgG index, and objective neurological complaints with clinical improvement after treatment. From this group, definite LNB patients ( $n = 41$ ) were those who had a pleocytosis and a positive AI, and probable LNB patients ( $n = 17$ ) were those who had either pleocytosis ( $n = 12$ ) or a positive AI ( $n = 5$ ). Ninety-one percent of the LNB patients presented within 6 months of the start of complaints; the range was 7 days to 48 months. Forty-one percent of LNB patients were children. Most LNB patients presented

with a facial nerve palsy (50%) or meningoradiculitis (20%). Seventeen percent of LNB patients reported experiencing erythema migrans (EM) before or at presentation.

As controls, we included 36 patients with Lyme borreliosis that did not meet the criteria for LNB, 55 patients with an infectious cause of meningitis/encephalitis, 42 patients with neurological inflammatory diseases, and 12 patients with non-inflammatory neurological complaints. Furthermore, seven HIV patients with no neurological complaints or evidence of an intrathecal infection were tested. For patient characteristics, see Table S1 in the supplemental material.

CSF samples were tested with a Quantikine human CXCL13/ILC36CA-1 immunoassay (R&D Systems, Minneapolis, MN).

Results of the levels of CXCL13 in CSF are shown in Fig. 1. Median levels of CXCL13 were significantly elevated in LNB patients compared to those in the Lyme neuroborreliosis controls (medians, 1,183 and 5 pg of CXCL13/ml of CSF, respectively;  $P < 0.001$ ).

Receiver operating characteristic (ROC) analysis revealed an optimal cutoff of 250 pg/ml, which resulted in 88% sensitivity and 89% specificity (Fig. 2). Results of intrathecal CXCL13 using the cutoff of 250 pg/ml for LNB patients and controls are shown in Table 1. CSF levels of CXCL13 correlated with the amount of intrathecal leukocytes in the CSF at presentation ( $R = 0.172$ ;  $P < 0.001$ ), but the seven LNB samples with CXCL13 levels of  $< 250$  pg/ml did not have exceptionally low CSF leukocyte counts (see Fig. S1 in the supplemental material).

Previously, a sensitivity of 96 to 100% was reported for CXCL13 in cases of LNB, but two studies did not define a cutoff (3, 6). Our study defined a cutoff for CXCL13 levels expressed as ng of CXCL13/g of total protein in CSF (11). ROC curve analysis for the amount of CXCL13 per milliliter compared to the amount of CXCL13 per gram of total protein showed a similar area under the curve (AUC) in our population (0.91 to 0.90, respectively). Analysis using the cutoff of 337 ng/g in our population led to a decrease in sensitivity and specificity to 82% and 88%, respectively. One study defined a cutoff of 142 pg/ml of CSF. In our study, such a cutoff led to a sensitivity of 90% and a specificity of 84% (12).

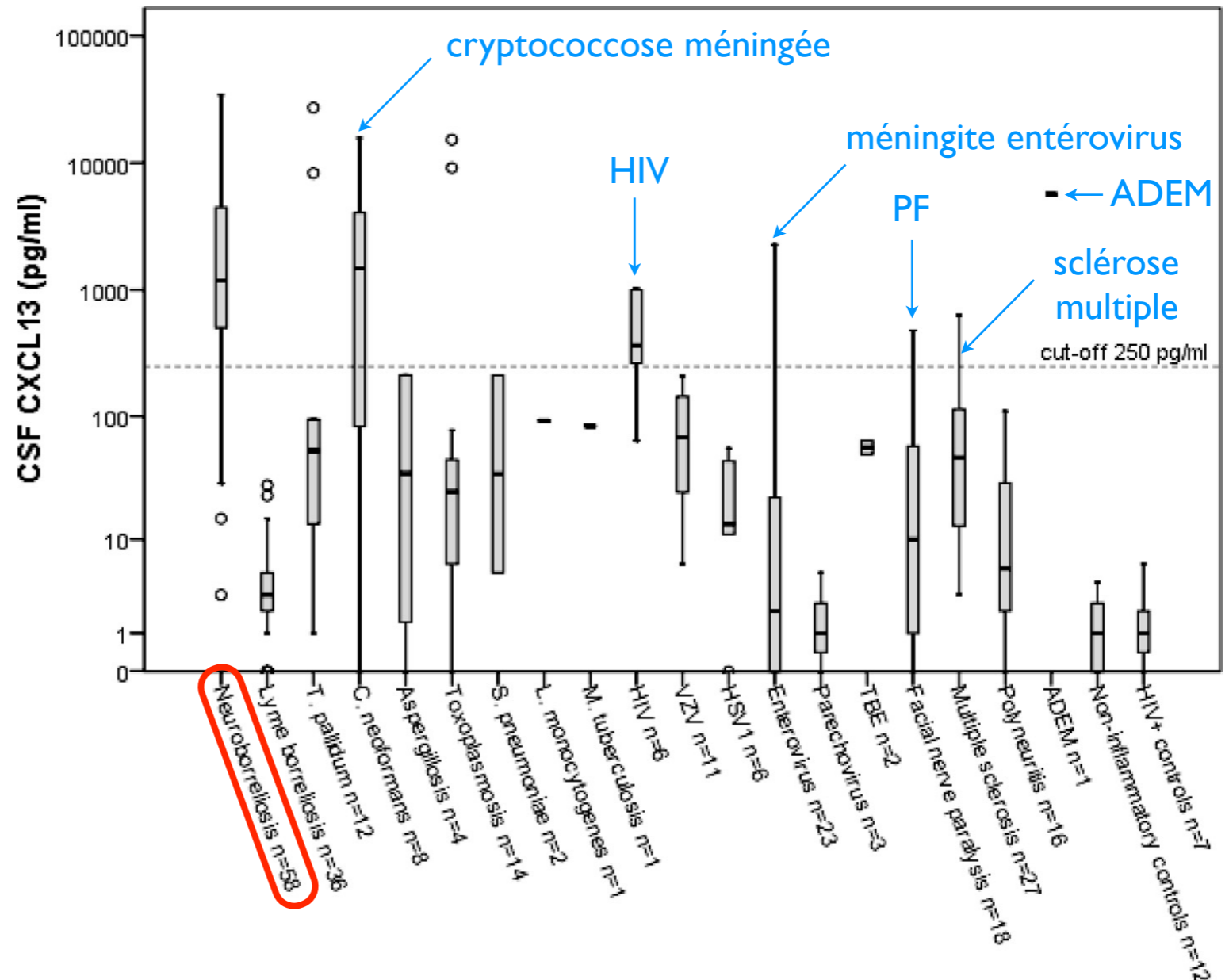
\* Corresponding author. Mailing address: Department of Medical Microbiology, Leiden University Medical Centre, P.O. Box 9600, 2300 RC, Leiden, Netherlands. Phone: (31) 71 536 3901. Fax: (31) 71 534 8108. E-mail: N.D.van\_Burgel@LUMC.nl.

<sup>†</sup> Supplemental material for this article may be found at <http://jcm.asm.org/>.

Published ahead of print on 2 March 2011.

## Design de l'étude

- 58 NB (avant TT) sans autre cause méningite avec 3/4 éléments suivants
  - ☆ sérologie pos / SIT pos / pléiocytose / signes typiques améliorés ss TT
- 210 contrôles :
  - ☆ 36 Lyme (non-NB), 93 méningites, 62 inflamm, 12 prb neuros, 7 HIV



Se : 88 %  
Spé : 89 %

## Discriminating Lyme Neuroborreliosis from Other Neuroinflammatory Diseases by Levels of CXCL13 in Cerebrospinal Fluid<sup>†</sup>

N. D. van Burgel,<sup>1\*</sup> F. Bakels,<sup>2</sup> A. C. M. Kroes,<sup>1</sup> and A. P. van Dam<sup>3</sup>

<sup>1</sup>Department of Medical Microbiology, Centre of Infectious Diseases, Leiden University Medical Centre, P.O. Box 9600 RC, Leiden, Netherlands<sup>1</sup>; <sup>2</sup>Department of Neurology, Leiden University Medical Centre, P.O. Box 9600 RC, Leiden, Netherlands<sup>2</sup>; and <sup>3</sup>Department of Medical Microbiology, OLVG Hospital, P.O. Box 95500, 1090 HM Amsterdam, Netherlands<sup>3</sup>

Received 14 January 2011/Returned for modification 15 February 2011/Accepted 19 February 2011

CXCL13 in cerebrospinal fluid (CSF) could be an important component for diagnosing Lyme neuroborreliosis (LNB). Levels of intrathecal CXCL13 were determined for 58 LNB patients and 210 controls; sensitivity was 88% and specificity was 89% (cutoff, 250 pg of CXCL13/ml of CSF). Elevated levels of CXCL13 can aid in the diagnosis of LNB, but levels should be interpreted with care.

Diagnosing Lyme neuroborreliosis (LNB) is difficult because one of the most specific markers, the antibody index (AI), is negative in 23 to 49% of patients (1). Intrathecal levels of CXCL13 have been suggested to be a potential biomarker for LNB. CXCL13 is produced by antigen-presenting cells and is a selective chemotractor for B cells and B-helper T cells. It has been shown that CXCL13 is expressed at high levels in cerebrospinal fluid (CSF) from LNB patients, while levels were barely detectable in CSF from subjects with noninflammatory neurological disease. Overall sensitivity for LNB ranged from 96 to 100%, and specificity ranged from 83 to 98% (3, 6, 11, 12). Case reports describing early diagnosis of LNB using CXCL13 levels in CSF have already been published (5, 9).

Our aim was to determine the diagnostic potential of levels of intrathecal CXCL13 to distinguish acute and late LNB from other central nervous system diseases in the pediatric and adult population.

Patients were identified retrospectively using the OLVG Hospital laboratory information management system. CSF and serum samples from 58 LNB patients before treatment were included. Criteria for diagnosing LNB patients were that their meningitis had no other cause and that they had three of the following four characteristics: positive serology at presentation, pleocytosis, positive AI with an IgG index Lyme neuroborreliosis kit (Diatec, Cambridge, United Kingdom), and objective neurological complaints with clinical improvement after treatment. From this group, definite LNB patients ( $n = 43$ ) were those who had a pleocytosis and a positive AI, and probable LNB patients ( $n = 15$ ) were those who had either pleocytosis ( $n = 12$ ) or a positive AI ( $n = 3$ ) (4). Ninety-one percent of the LNB patients presented within 6 months of the start of complaints; the range was 7 days to 48 months. Forty-one percent of LNB patients were children. Most LNB patients presented

with a facial nerve palsy (50%) or meningoradiculitis (20%). Seventeen percent of LNB patients reported experiencing erythema migrans (EM) before or at presentation.

As controls, we included 36 patients with Lyme borreliosis that did not meet the criteria for LNB, 55 patients with an infectious cause of meningitis/encephalitis, 62 patients with neurological inflammatory diseases, and 12 patients with non-inflammatory neurological complaints. Furthermore, seven HIV patients with no neurological complaints or evidence of an intrathecal infection were tested. For patient characteristics, see Table S1 in the supplemental material.

CSF samples were tested with a Quantikine human CXCL13/ILC36CA-1 immunoassay (R&D Systems, Minneapolis, MN).

Results of the levels of CXCL13 in CSF are shown in Fig. 1. Median levels of CXCL13 were significantly elevated in LNB patients compared to those in the Lyme neuroborreliosis controls (medians, 1,183 and 5 pg of CXCL13/ml of CSF, respectively;  $P < 0.001$ ).

Receiver operating characteristic (ROC) analysis revealed an optimal cutoff of 250 pg/ml, which resulted in 88% sensitivity and 89% specificity (Fig. 2). Results of intrathecal CXCL13 using the cutoff of 250 pg/ml for LNB patients and controls are shown in Table 1. CSF levels of CXCL13 correlated with the amount of intrathecal leukocytes in the CSF at presentation ( $R = 0.172$ ;  $P < 0.001$ ), but the seven LNB samples with CXCL13 levels of  $<250$  pg/ml did not have exceptionally low CSF leukocyte counts (see Fig. S1 in the supplemental material).

Previously, a sensitivity of 96 to 100% was reported for CXCL13 in cases of LNB, but two studies did not define a cutoff (3, 6). One study defined a cutoff for CXCL13 levels expressed as ng of CXCL13/g of total protein in CSF (11). ROC curve analysis for the amount of CXCL13 per milliliter compared to the amount of CXCL13 per gram of total protein showed a similar area under the curve (AUC) in our population (0.91 to 0.90, respectively). Analysis using the cutoff of 337 ng/g in our population led to a decrease in sensitivity and specificity to 82% and 88%, respectively. One study defined a cutoff of 142 pg/ml of CSF. In our study, such a cutoff led to a sensitivity of 90% and a specificity of 84% (12).

\* Corresponding author. Mailing address: Department of Medical Microbiology, Leiden University Medical Centre, P.O. Box 9600, 2300 RC, Leiden, Netherlands. Phone: (31) 71 536 3031. Fax: (31) 71 534 8108. E-mail: N.D.van.Burgel@LIUMC.nl.

<sup>†</sup> Supplemental material for this article may be found at <http://jcm.asm.org/>.

Published ahead of print on 2 March 2011.



## Design de l'étude

- 58 **NB** (avant TT) sans autre cause méningite avec 3/4 éléments suivants
  - ☆ sérologie pos / SIT pos / pléiocytose / signes typiques améliorés ss TT
- 210 **contrôles** :
  - ☆ 36 Lyme (non-NB), 93 méningites, 62 inflamm, 12 prb neuros, 7 HIV

**Paramètre intéressant  
mais manque de spécificité  
Non recommandé pour le diagnostic**

**Se : 88 %  
Spé : 89 %**

# **INDICATIONS EN FONCTION DU CONTEXTE CLINIQUE**



# Piqûre de tique



risque de transmission : 1-4 % ; ↗ avec durée attachement après 24h

*aucun examen complémentaire*

## Ce qu'il faut faire

- **retirer la tique** (<24h, tire-tique)
- **désinfection** cutanée locale
- **surveiller** la zone piquée (> 1 mois)
- mise à jour vaccins (tétanos)



## Et **SURTOUT** ...

- **pas de sérologie**
- **pas d'ATB systématique**
- **pas de test sur la tique**

# Piqûre de tique



risque de transmission : 1-4 % ; ↗ avec durée attachement après 24h

*Discuter une éventuelle antibioprophylaxie*

- 📌 À discuter si : **zone endémie, piqûres multiples, attachement >72h**
  - femmes enceintes : amox 3 g/j p.o. 10 à 14 j
  - enfant <8 ans : pas de recos, si ATB = amox 50 mg/kg/j p.o. 10 j
  - immunodéprimés : si ATB = 3 g/j p.o. ou doxycycline p.o. monodose 200 mg 10 à 21 j

# Érythème migrant



## 📌 Caractéristiques épidémio-cliniques

- la + fréq des manifestations ( $\approx 80\%$  cas borréliose Lyme)
- **intervalle libre** après la piqûre (qq jours à qq sem)
- érythème maculopapuleux d'évolution annulaire **centrifuge**
- éclaircissement central inconstant, taille **> 5 cm**

**pathognomonique** de la borréliose de Lyme



## 📌 Diagnostic

EM typique

CLINIQUE

*aucun examen complémentaire*

**PAS DE SÉROLOGIE !!**

# Érythème migrant

## 📌 Caractéristiques épidémio-cliniques

- la + fréq des manifestations ( $\approx 80\%$  cas borréliose Lyme)
- **intervalle libre** après la piqûre (qq jours à qq sem)
- érythème maculopapuleux d'évolution annulaire **centrifuge**
- éclaircissement central inconstant, taille **> 5 cm**

**pathognomonique** de la borréliose de Lyme



## 📌 Diagnostic

EM typique

CLINIQUE

*aucun examen complémentaire*

**PAS DE SÉROLOGIE !!**

- si doute mesurer et revoir le patient à 48-72h : si  $\emptyset \nearrow$  = EM et traitement

## 📌 Caractéristiques épidémio-cliniques

- la + fréq des manifestations ( $\approx 80\%$  cas borréliose Lyme)
- **intervalle libre** après la piqûre (qq jours à qq sem)
- érythème maculopapuleux d'évolution annulaire **centrifuge**
- éclaircissement central inconstant, taille **> 5 cm**

**pathognomonique** de la borréliose de Lyme



## 📌 Diagnostic

EM typique

CLINIQUE

**PAS DE SÉROLOGIE !!**

EM atypique

AVIS DERMATC !!!

PCR / culture

biopsie cutanée

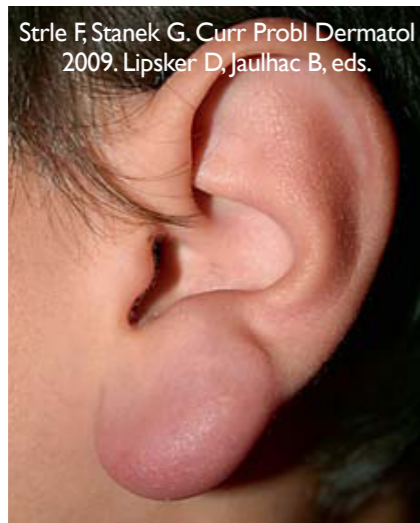
 Le message clé du dermatologue

“Toute **tache rouge ou rose** qui **grandit régulièrement et dépasse 5 cm** de diamètre chez quelqu’un qui est **exposé aux tiques** doit être considéré comme un **EM**, avec un **traitement antibiotique, sans test biologique** préalable ou ultérieur, mais avec **consultation de contrôle** entre 2 et 4 semaines plus tard. L’**absence de guérison doit conduire à une consultation chez un dermatologue** car ce n’est alors pas un EM”

# Lymphocytome borrélien

## 📌 Caractéristiques épidémio-cliniques

- manifestation **rare** ( $\approx 2\%$  cas) des **borrélioses européennes**, + fréq chez **enfant**
- lésion nodulaire : lobe oreille / région aréolo-mammelonnaire / scrotum ...



## 📌 Diagnostic

CLINIQUE

+

Sérologie Lyme +

séro positive >90% des cas  
si lésion récente, séro de contrôle possible

si doute

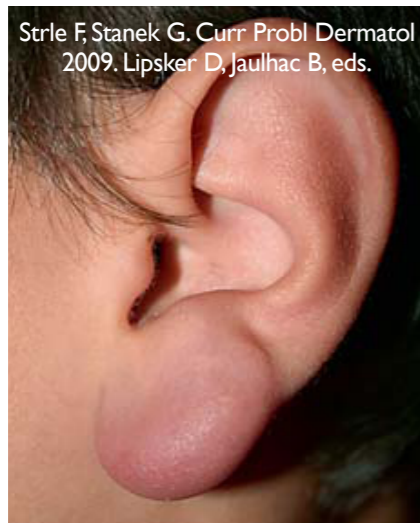
AVIS DERMATO !!!



# Lymphocytome borrélien

## Caractéristiques épidémio-cliniques

- manifestation **rare** ( $\approx 2\%$  cas) des **borrélioses européennes**, + fréq chez **enfant**
- lésion nodulaire : lobe oreille / région aréolo-mammelonnaire / scrotum ...



## Diagnostic

CLINIQUE

+

Sérologie Lyme +

séro positive >90% des cas  
si lésion récente, séro de contrôle possible

si doute

PCR / culture

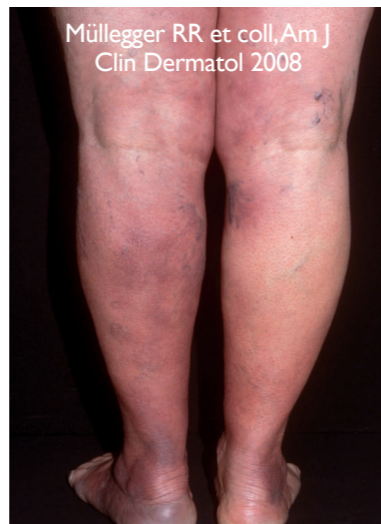
biopsie cutanée

Histologie

# Acrodermatite chronique atrophifiante

## Caractéristiques épidémio-cliniques

- manifestation **rare** ( $\approx 5\%$  cas) des **borrélioses européennes**, + fréq chez **sujet âgé**
- survenue **très tardive** : pls mois – pls années ap piqûre
- lésions inflammatoires initiales puis lésions atrophiques irréversibles



## Diagnostic

CLINIQUE

+

Sérologie Lyme +

séro négative ?

CHERCHER UNE AUTRE ÉTIOLOGIE !

si doute

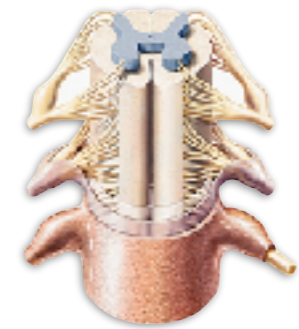
Histologie

biopsie cutanée

PCR / culture

## Neuroborréliose précoce

- 2<sup>e</sup> manifestation clinique la plus fréq. après l'érythème migrant
- **méningoradiculites sensibles** / paralysie nerf crâniens (VII ++ enfant)
- méningite "biologique" (↗ lymphos, ↗ protéines, ≈ glucose)

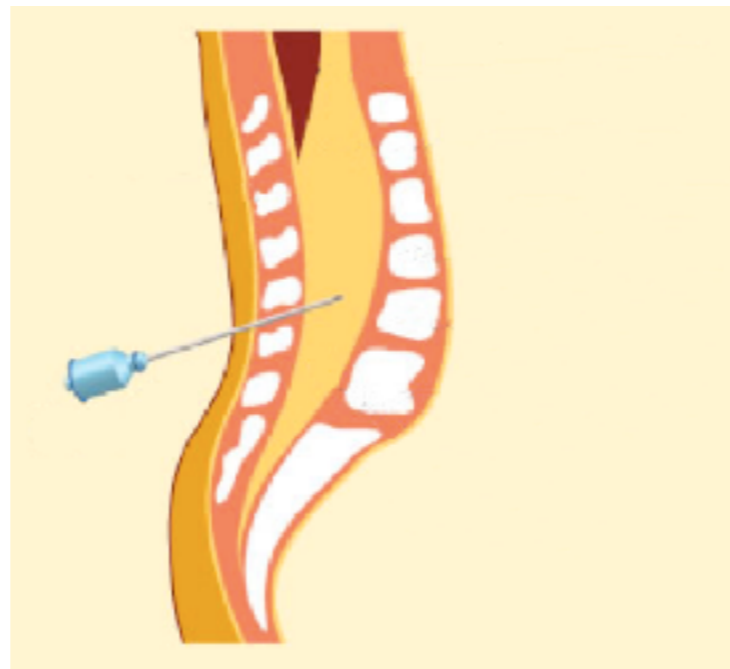


racines nerveuses    nerf facial

## Neuroborréliose tardive

- rare : atteintes encéphaliques/médullaires chroniques

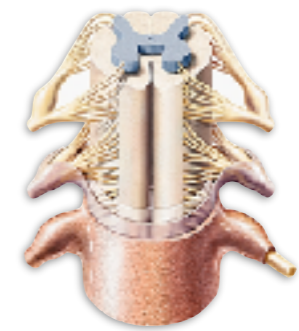
## Diagnostic



**ponction lombaire**

## Neuroborréliose précoce

- 2<sup>e</sup> manifestation clinique la plus fréq. après l'érythème migrant
- **méningoradiculites sensibles** / paralysie nerf crâniens (VII ++ enfant)
- méningite "biologique" (↗ lymphos, ↗ protéines, ≈ glucose)



racines nerveuses    nerf facial

## Neuroborréliose tardive

- rare : atteintes encéphaliques/médullaires chroniques

## Diagnostic Méningite lymphocytaire

Peuvent manquer  
si atteinte périphérique isolée ou phase initiale

Sérologie +  
LCR

Sérologie +  
sérum

Indice SIT

si doute

PCR / culture

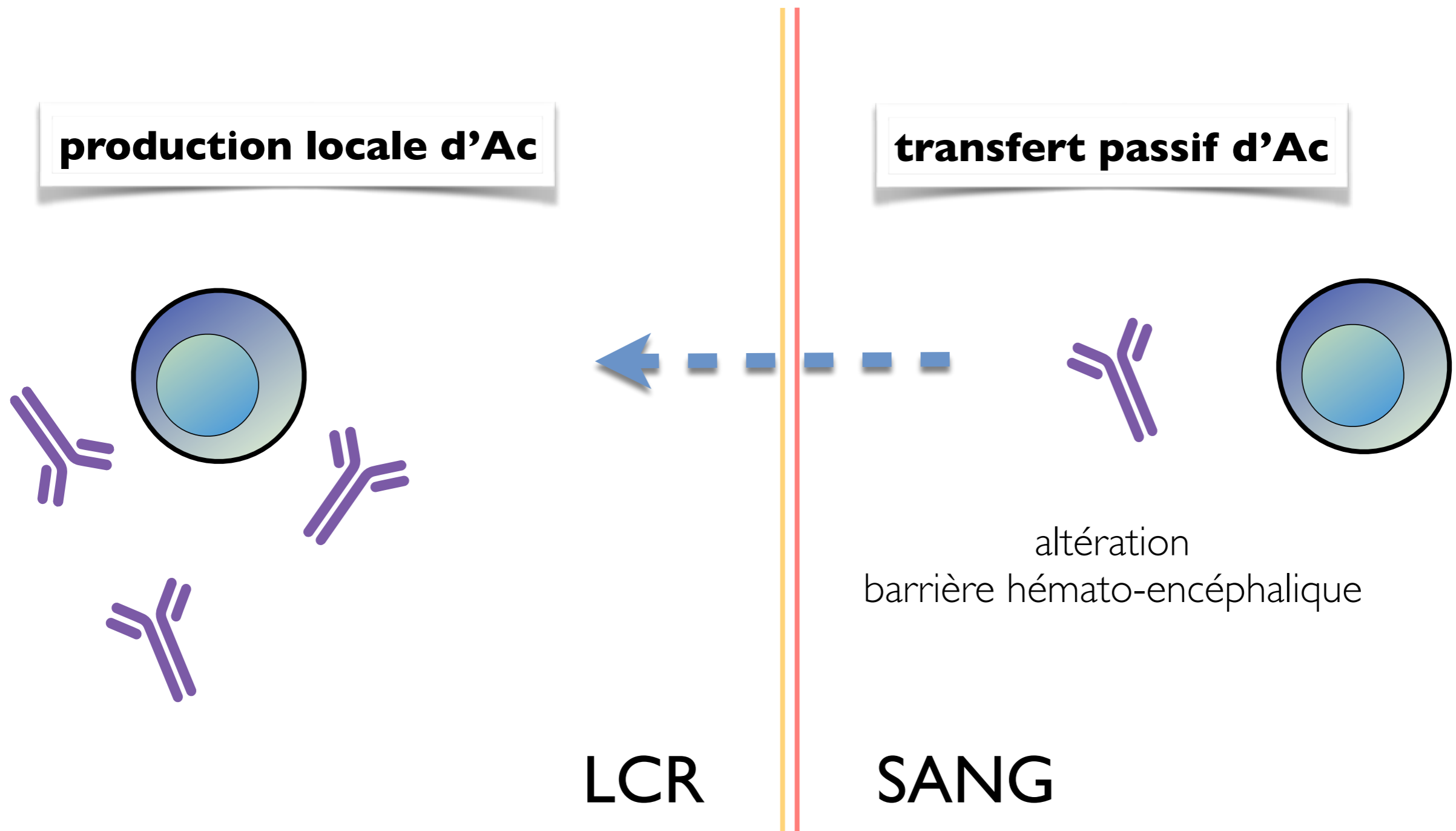
LCR

Très faible sensibilité (<10%)  
si pos diagnostic certain  
Si nég pas possible de conclure

# Indice de synthèse intrathécale

## Recherche d'une synthèse intrathécale d'Ac anti-*Borrelia*

**Gold standard pour le diagnostic biologique des neuroborrélioses**



# Indice de synthèse intrathécale

## Recherche d'une synthèse intrathécale d'Ac anti-*Borrelia*

### échantillons à recueillir

- LCR : 1 mL
- sérum

LCR et sérum sont à prélever le même jour !!

### dosages

- labo de microbiologie : sérologie Lyme ELISA (sérum/LCR)
- labo de biochimie : IgG totales (sérum/LCR)

Indice SIT

$$= \frac{\text{unités ELISA (LCR)} \times \text{IgG totales (sérum)}}{\text{unités ELISA (sérum)} \times \text{IgG totales (LCR)}}$$

$1,5 \leq \text{SIT} < 2$  : douteux /  $\text{SIT} \geq 2$  : positif

sensibilité 75-95% ; spécificité 97% si SIT >2

## Types d'atteintes

- Arthralgies – Arthrites

## Caractéristiques cliniques de l'arthrite

- **mono/oligoarthrite – grosses articulations** : genou ++
- délai survenue : qq sem à plusieurs mois
- biologie sanguine peu perturbée (GB, VS, CRP subnormales)
- liquide synovial inflammatoire



## Diagnostic

Exclusion autres causes

Faisceau  
d'arguments

manifestations associées  
EM / neuroborréliose ...

Sérologie Lyme +

séro négative ?  
**CHERCHER UNE AUTRE ÉTIOLOGIE !**

BONNE SENSIBILITÉ

85 %

si doute

SENSIBILITÉ  
TRÈS FAIBLE

PCR / culture

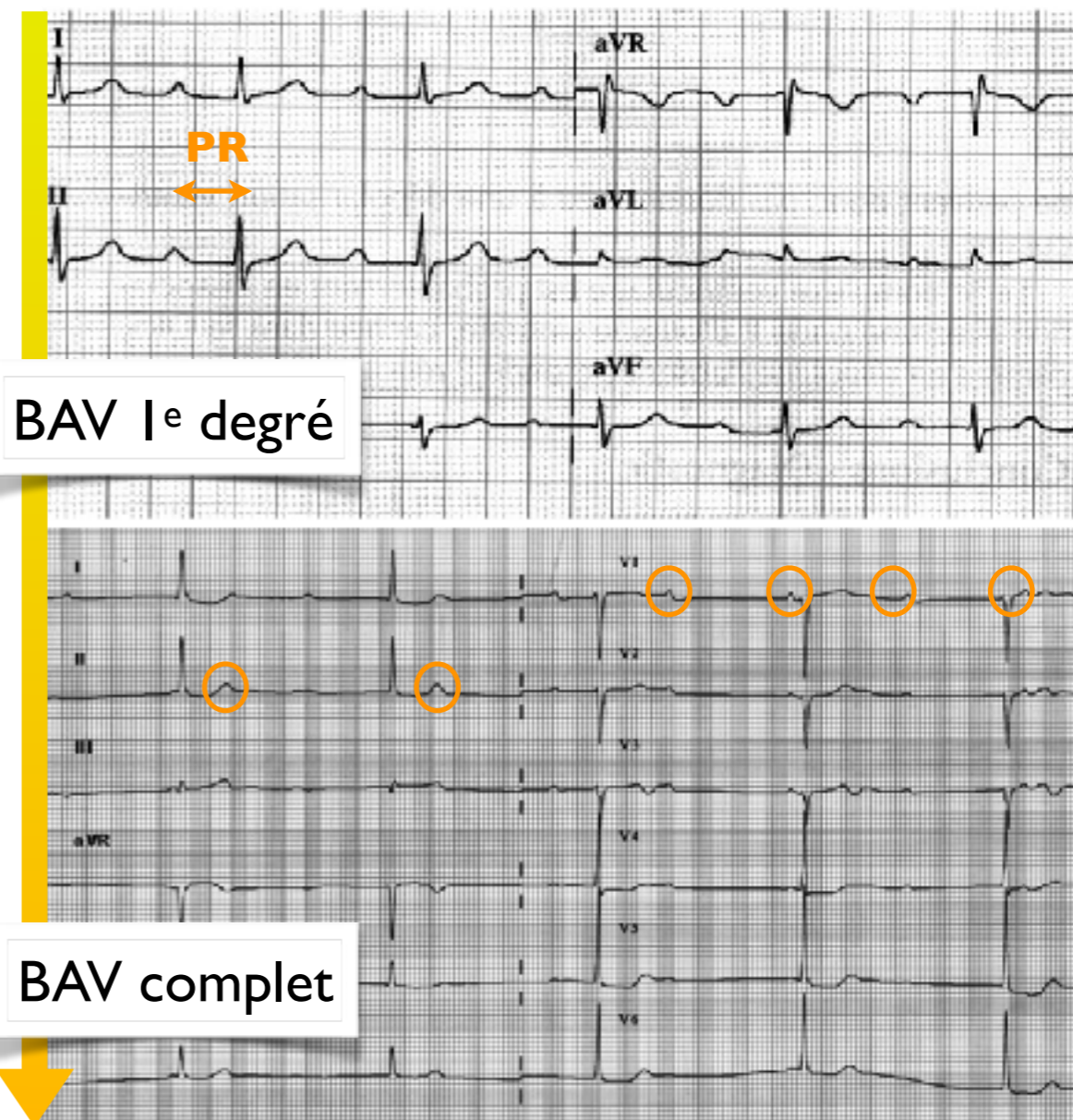
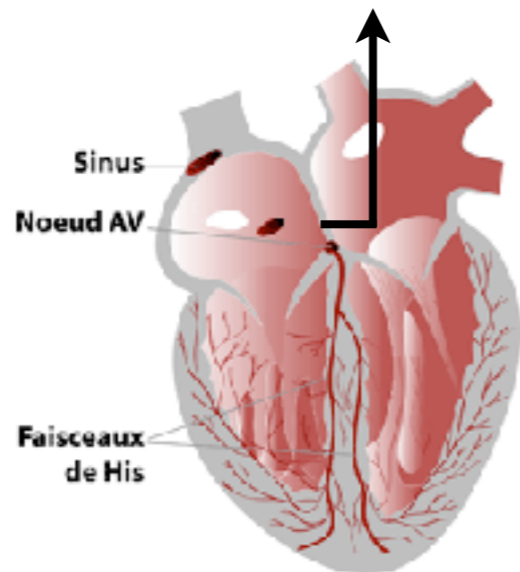
liq articulaire / biopsie synoviale

Biologie articulaire

# Atteinte cardiaque

## Troubles de la conduction

- supra-ventriculaires ++ (BAV de gravité variable)



## Atteintes des tuniques cardiaques

- myopéricardites endocardite (Hidri N et coll, CMI 2012)

ECG/imagerie

manifestations associées  
EM / neuroborréliose ...

Sérologie Lyme +

Exclusion autres causes

Faisceau d'arguments

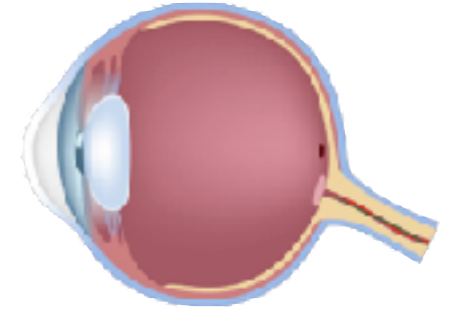
PCR / culture

biopsie tissulaire cardiaque ...



## Types d'atteinte

- toutes les structures anatomiques de l'oeil peuvent être concernées
- uvéite, kératite, rétinopathie, épisclérite, neuropathie ophtalmique ...
- formes tardives : uvéite / neuropathie optique (rétro-bulbaire ou inflammatoire  $\alpha$  aiguë)



Avis Ophtalmo spécialisé

Séro Lyme + IgG

si doute

PCR / culture

Sur humeur aqueuse et LCR

## Piqûre de tique

- pas de sérologie (**ni aucun autre examen complémentaire**), pas de traitement antibiotique
- suivi = surveillance (patient) de la zone piquée (> 1 mois) : cst si apparition EM ou signes gnrx

## Erythème migrant

- pas de sérologie, traitement antibiotique
- disparition EM parfois > 1 mois
- suivi = clinique, vérifier disparition EM et non apparition manifestations disséminées
- pas de sérologie pour suivre l'efficacité du TT : inutile !!!

## Manifestations disséminées de la Borréliose de Lyme

- sérologie +/- examens complémentaires, traitement antibiotique
- récupération lente des signes cliniques (ACA irréversible) : à expliquer au patient ++
- suivi = clinique, 2 mois après la fin du TT, puis encore 2 mois plus tard
- pas de sérologie pour suivre l'efficacité du TT : inutile !!!
- si non réponse au TT : diagnostic erroné (autre étiologie) ? discuter nouveau TT (observance ?)



LE POINT SUR

RISQUES INFECTIEUX  
> Zoonoses

## Borréliose de Lyme Diagnostic biologique

La borréliose de Lyme est :

- l'anthropozoonose la plus fréquente de l'hémisphère Nord,
- transmise par piqûre de tique avec un pic de fréquence d'avril à novembre,
- due à des spirochètes du genre *Borrelia* : les espèces pathogènes responsables sont regroupées dans le complexe *Borrelia burgdorferi sensu lato* (*B. burgdorferi* s).

En Europe, on trouve essentiellement : *B. burgdorferi sensu stricto* (*B. burgdorferi* ss), *B. garinii* et *B. afzelii*.

Après une piqûre de tique infectante, 95% des sujets font une séroconversion sans signes cliniques. Seuls 5% des sujets développent une infection active qui **peut** évoluer schématiquement en 3 phases :

### Manifestations cliniques de la borréliose de Lyme et diagnostic biologique

#### → 1 : Phase précoce localisée : érythème migrant (EM)

- Délai d'apparition : entre 3 et 30 jours après la piqûre
- Seule manifestation de la maladie dans 80% des cas
- **La sérologie n'est pas indiquée à ce stade de la maladie**

#### → 2 : Phase précoce disséminée (environ 15% des cas si absence de traitement antibiotique)

| Manifestations cliniques principales   | Sérologie  | Examens complémentaires*                                   |
|--|--|--|
| → neurologique <ul style="list-style-type: none"> <li>• méningoradiculites</li> <li>• paralysie faciale</li> <li>• syndrome méningé</li> </ul> | Sang + LCR le même jour [synthèse intrathécale (SIT) IgG spécifiques] : sensibilité 75 à 95%, spécificité 97% si SIT > 2 | LCR :<br>PCR uniquement si moins de 3 semaines d'évolution |
| → articulaire <ul style="list-style-type: none"> <li>• mono ou oligoarthrite</li> <li>• grosse articulation (genou)</li> </ul>                 | Positive IgG +++ (proche de 100%)  | liquide articulaire :<br>PCR                               |

#### → 3 : Phase tardive (plusieurs mois (> 6 mois) ou années après le début de l'infection non traitée)

| Manifestations cliniques principales  | Sérologie                  | Examens optionnels*                    |
|---|----------------------------|--|
| → cutanée <ul style="list-style-type: none"> <li>• Acrodermatite chronique atrophique (ACA)</li> </ul>  | Positive (100%)<br>IgG +++ | biopsie cutanée :<br>PCR et histologie |
| → autres : neurologiques (encéphalomyélites chroniques, polyneuropathies sensitives axonales), articulaires (arthrites chroniques récidivantes) => examens biologiques identiques phase précoce disséminée. |                            |  |

\* diagnostic direct par PCR => si positif : diagnostic certain ; si négatif : ne permet pas de conclure.

### → Renseignements cliniques à recueillir au moment du prélèvement

- Piqûre connue par une tique ? si oui : date de la dernière piqûre ?
- Signes cutanés : érythème migrant (EM) ? si oui, date début de l'EM ? autres lésions cutanées ? → à préciser et date de début
- Signes neurologiques : méningo-radiculite ? Paralysie faciale ? si oui, date de début ? autres ? → à préciser et date de début
- Signes articulaires : arthrite ? arthralgies ? si oui, date de début ?

Selon la norme NF EN ISO 15189 : 2012, la prescription doit fournir les informations cliniques pertinentes pour la réalisation de l'examen et l'interprétation des résultats

### Situations pour lesquelles la sérologie n'a pas d'indication :

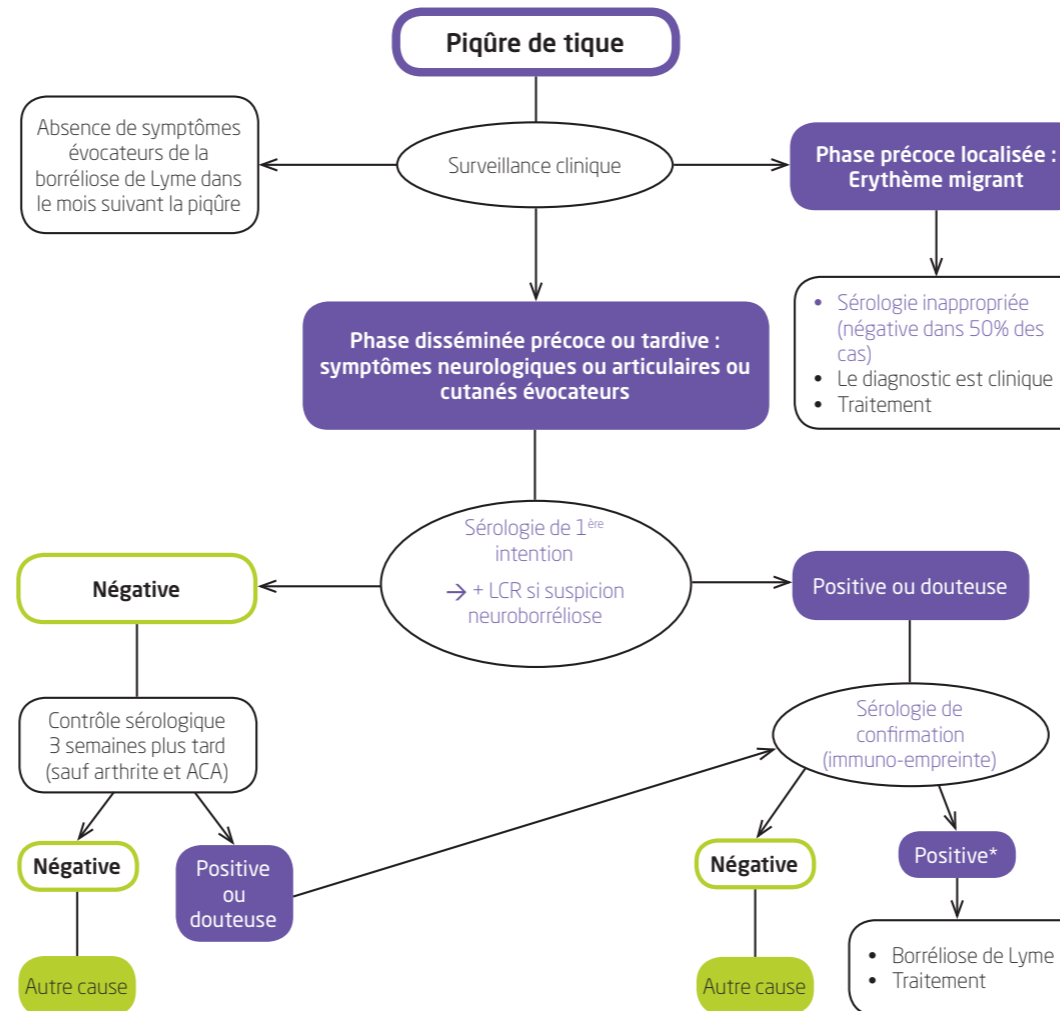
- **Erythème migrant typique** (si EM atypique, ne pas faire de sérologie mais demander un avis dermatologique)
- **Sujet asymptomatique**
- **Piqûre de tique sans signes cliniques**
- **Dépistage des sujets exposés**
- **Contrôle sérologique des patients traités**

### → Limites de la sérologie

A l'exception de l'érythème migrant typique, la positivité d'un test biologique est requise pour confirmer le diagnostic de borréliose de Lyme.

- Pour le réactif de 1<sup>ère</sup> intention, la spécificité est  $\geq 90\%$  ;
- Pour le réactif immuno-empreinte, la spécificité est  $\geq 95\%$  ;
- L'immuno-empreinte n'étant globalement pas plus sensible que l'ELISA, il n'y a donc pas d'indication à la faire en première intention ;
- Une sérologie positive ne permet pas de distinguer une infection active d'une infection ancienne (traitée ou non) ou asymptomatique ;
- La présence d'IgG isolées (sans IgM) ne signifie pas obligatoirement une « cicatrice sérologique » (par ex. absence d'IgM fréquente dans l'arthrite et l'ACA) ;
- La présence isolée d'IgM ne signifie pas obligatoirement une infection récente active ;
- La sérologie de 1<sup>ère</sup> intention peut être faussement positive (surtout en IgM) et non confirmée en immuno-empreinte : réactions croisées avec d'autres pathologies infectieuses (EBV, HSV, CMV, syphilis) ou des pathologies auto-immunes ;
- Une sérologie positive ne signifie pas que les symptômes soient en relation avec une maladie de Lyme ;
- La sérologie peut rester positive longtemps après un traitement efficace => la surveillance post thérapeutique est clinique ;
- Les anticorps spécifiques ne protègent pas contre une nouvelle infection à *B. burgdorferi sensu lato*.

## Démarche bioclinique



\* index élevé nécessaire pour le diagnostic dans la zone d'endémie.

En cas de difficulté, possibilité de contacter le Centre National de Référence (CNR) des Borrelia : [cnr.borrelia@unistra.fr](mailto:cnr.borrelia@unistra.fr)

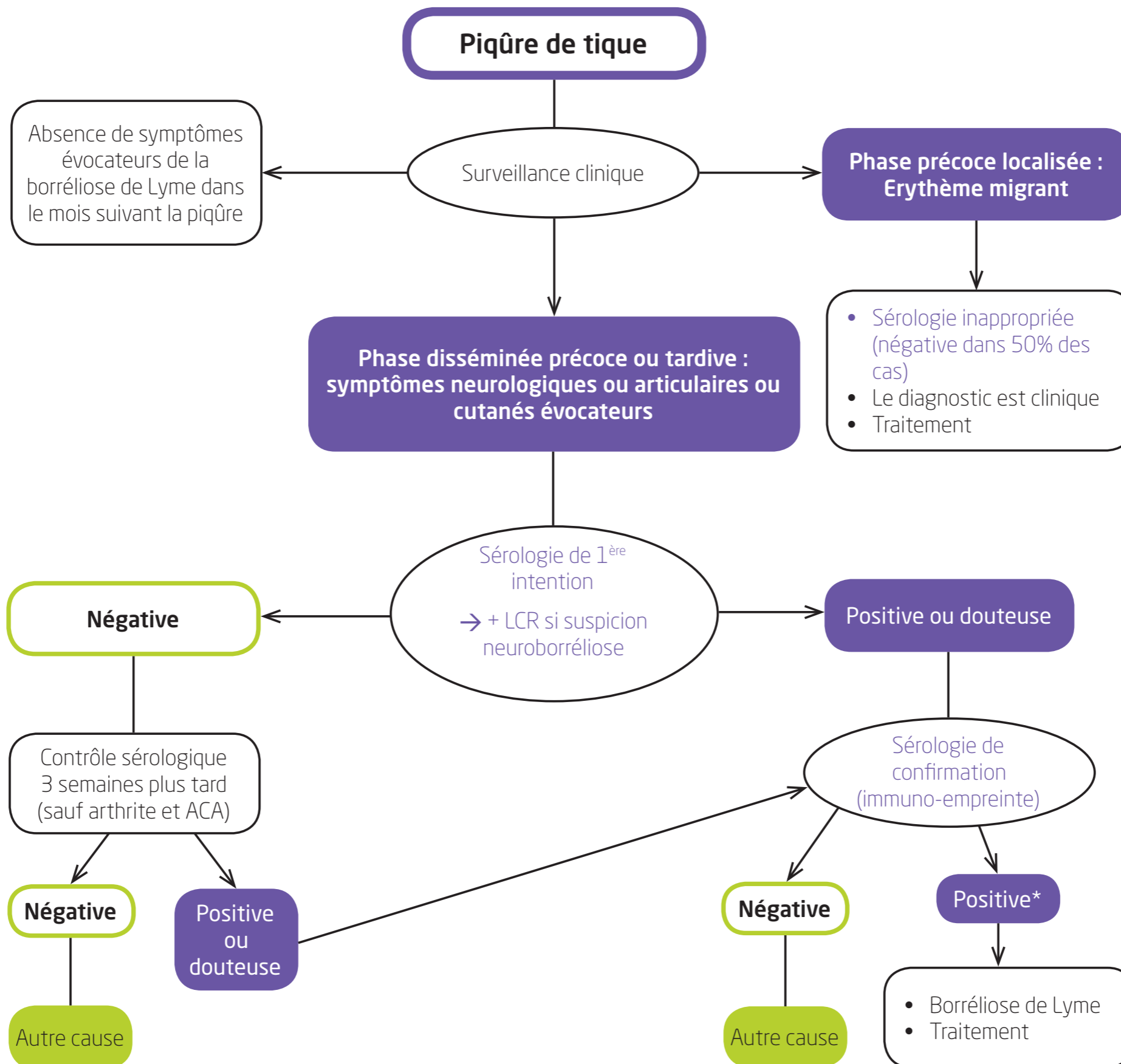
### Pour en savoir plus :

- *Borrelia burgdorferi sensu lato*, Société Française de Microbiologie ED., REMIC, 5<sup>e</sup> édition, 2015. P 465-470.
- Maladie de Lyme, ministère chargé de la santé : [www.sante.gouv.fr/maladie-de-lyme.html](http://www.sante.gouv.fr/maladie-de-lyme.html)
- Centre National de Référence (CNR) des Borrelia : [www.chru-strasbourg.fr/Les-centres-de-referance/Borrelia](http://www.chru-strasbourg.fr/Les-centres-de-referance/Borrelia)
- SPILF : [www.infectiologie.com/site/medias/\\_documents/consensus/Lyme-06/2006-lyme-depliant.pdf](http://www.infectiologie.com/site/medias/_documents/consensus/Lyme-06/2006-lyme-depliant.pdf)

### Document réalisé par :

CNR Borrelia, InVS, ANSM, DYOMEDEA, Institut de Microbiologie CHU de Lille, APHP, DGS, selon les recommandations de la Société Française de Microbiologie.

# Diagnostic biologique Borréliose de Lyme



# En cas de difficulté diagnostique

LES HÔPITAUX UNIVERSITAIRES DE STRASBOURG

Vous êtes **Patient** | **Professionnel** | **Partenaire** | **Etudiant**

**Notre offre de soins**

Accédez aux fiches des services des Hôpitaux Universitaires de Strasbourg

- Liste des pôles
- Liste des services
- Liste des consultations

Rechercher dans les offres de soins (pôle, service, activité, praticien...)

Rechercher un terme...

**Maladies rares**

- Les maladies rares
- Les centres de référence
  - Médecine Rare et Spécialité Ophtalmologique (CARRO)
  - Borrelia
  - Centre expert Parkinson
  - Maladies auto-immunes rares
  - Maladies neuromusculaires d'origine génétique de l'enfant et de l'adulte
  - Manifestations d'immunogènes de Maladies Rares
  - Troubles de langage et des apprentissages (CRLA)
- Les centres de référence associés
- Les centres de compétences

**Contact**

**CNR Borrelia**  
Plateau technique de Microbiologie  
1 rue Kœberlé,  
67000 STRASBOURG  
03 69 55 14 27  
Fax : 03 69 55 16 08  
cne.borrelia@univ-stras.fr

**Formulaires professionnels**

- Fiche de renseignements cliniques
- Fiche de demande de sérologie, de syndrome intracérébral
- Téléformulaire de demande de contrôle sérologique de référence aux Borrelia
- Conditions d'envoi et de conservation

**En savoir plus**

- Conférence de Consensus Lyme (texte court) - texte long
- Lutte antivectorielle écologiste de

**Borrelia**

Mis à jour le 4 juillet 2017 à 10:55 par admin

Participez à une recherche biomédicale innovante visant à démontrer la présence de la bactérie Borrelia dans votre peau (test diagnostique)!

[En savoir plus](#)

**Centre de Référence Borrelia**

**Les missions**

Arrêté du 29 novembre 2014, modifié par l'arrêté du 6 juin 2017, fixant les modalités de désignation et les missions des CNR.

- Apporter une expertise microbiologique
  - Développer et diffuser des méthodes notamment moléculaires permettant d'améliorer la diagnostic des infections, en particulier la diagnostic des infections à Borrelia burgdorferi sensu lato.
  - Améliorer ou développer des techniques de typage phénotypique et génotypique des Borrelia, tout particulièrement pour B. burgdorferi sensu lato.
  - Contribuer à l'évaluation des tests sérologiques existants et à venir.
  - Apporter son expertise aux écologues de biologie médicale (confirmation de diagnostic typage).
  - Collaborer avec les structures expertes en entomologie (tiques) et santé animale (faune sauvage) permettant de caractériser l'écologie des Borrelia.
- Contribuer, en lien avec l'Institut de Veille Sanitaire et les autres centres impliqués, à la surveillance épidémiologique et participer aux réseaux de surveillance internationaux, en particulier européens.
- Contribuer à l'alerte en signalant aux INVS tout événement inhabituel : augmentation du nombre de cas; apparition de cas groupés ; modification des formes cliniques (répartition, modification de leur expression clinique, formes inhabituelles); etc.

Le Centre de Référence Borrelia a été créé en 2002 et il était composé de deux équipes jusqu'en 2011. Une équipe à l'Institut Pasteur de Paris dont la mission était entomologique avec la surveillance du vecteur tique sur le territoire français. Une deuxième équipe à Strasbourg, laboratoire associé, dont la mission était le diagnostic de la borreliose de Lyme à travers les patients.

Depuis le 1er janvier 2012, l'ensemble du CNR est installé à Strasbourg avec les missions de diagnostic et de surveillance entomologique.

**L'équipe**

- 📌 Envoi d'échantillons au CNR
  - confirmation de tests sérologiques
  - recherche directe par culture et/ou PCR
  - analyses non facturées (fiche renseignement)
- 📌 Fiche de renseignements

Centre National de Référence des *Borrelia* - Tel : 03 69 55 14 27  
PTM - HUS 1 rue Koeberlé 67085 Strasbourg

## FICHE DE RENSEIGNEMENTS BORRELIOSSE DE LYME

Médecin prescripteur : ..... Laboratoire : .....  
Hôpital et service : ..... Biologiste : .....

Nature du prélèvement : ..... Date : /\_/\_/\_\_\_/\_\_\_/  
Examen demandé : Sérodiagnostic :  PCR  Culture :

PATIENT: Nom : ..... Prénom : ..... Sexe :  F  H  
Date de naissance : /\_/\_/\_\_\_/\_\_\_/ Code postal du domicile : /\_/\_/\_/\_/  
Profession : .....

### FACTEURS DE RISQUE :

- Activités de loisirs :  Non  Oui Si oui, nature : .....  
- Contacts avec des animaux ?  Non  Oui Si oui, lesquels ? : .....  
- Exposition aux tiques (fréquentation de milieux forestiers...) :  Non  Oui  
- Antécédents de piqûre de tique ?  Non  Oui Si oui,  unique ou  multiple?  
- **Antécédent** d'érythème migrant :  Non  Oui Si oui, constaté par un médecin  Oui  Non  
- Notion de piqûre de tique précédant **l'épisode actuel** :  Non  Oui  
Si oui, date de cette piqûre : /\_/\_/\_\_\_/\_\_\_/ Durée de l'attachement : .....  heures ou  jours  
Sur quelle partie du corps : .....  
Lieu de la piqûre (commune, forêt, vallée) : ..... Département : /\_/\_/

SYMPTOMATOLOGIE **AU MOMENT** DU DIAGNOSTIC : Date des premiers symptômes : /\_/\_/\_\_\_/\_\_\_/  
Date du diagnostic : /\_/\_/\_\_\_/\_\_\_/

### Manifestations générales

Syndrome algique  Syndrome fébrile : ..... °C  Asthénie

### Manifestations cutanées

Erythème migrant (> 5 cm)  Lymphocytome  Acrodermatite  Autre (à préciser) :  
Localisation : .....

### Manifestations neurologiques

Atteinte méningée :  Non  Oui Si oui,  atteinte clinique  uniquement biologique  
 Atteinte périphérique :  
Si oui,  Paralyse faciale  Radiculite Localisation : .....  
 Atteinte d'une autre paire crânienne, si oui, laquelle : .....  
 Atteinte centrale :  Non  Oui Si oui, laquelle : .....

CYTOLOGIE DU LCR :  Non faite  Si oui, date : /\_/\_/\_\_\_/\_\_\_/  Lymphocytose : ...../ mm<sup>3</sup>

### Manifestations articulaires

Articulation(s) touchées(s) : .....  
 Arthralgies seules  Arthrite aiguë  Arthrite chronique  
 Mono-arthrite  Oligo-arthrite  Polyarthrite

**Autres manifestations** (à préciser) :  Cardiaques  Oculaires : .....

Traitement antibiotique :  Non  Oui

Nature et posologie : ..... du : /\_/\_/\_\_\_/\_\_\_/ au : /\_/\_/\_\_\_/\_\_\_/

Fiche à transmettre CNR des *Borrelia*

Plateau Technique de Microbiologie, Hôpitaux Universitaires de Strasbourg, 1 rue Koeberlé, 67085 Strasbourg

Fax: 03 69 55 16 98 — E-mail : [cnr.borrelia@unistra.fr](mailto:cnr.borrelia@unistra.fr)



## Envoi d'échantillons au CNR

- confirmation de tests sérologiques
- recherche directe par culture et/ou PCR
- analyses non facturées (fiche renseignement)



## Fiche de renseignements

Centre National de Référence des *Borrelia*  
Plateau technique de Microbiologie - HUS  
1, place de l'Hôpital  
BP 426  
67091 Strasbourg Cedex

**REFERENTIEL DES ANALYSES DU  
CENTRE NATIONAL DE REFERENCE DES BORRELIA**

**Prélèvements pour recherche de *Borrelia* par biologie moléculaire :**

| Nature prélèvement   | Conditionnement                              | Quantité minimale    | Conservation/Transport               | Délai d'acheminement                |
|--|--|----------------------|--------------------------------------|-------------------------------------|
| Biopsie cutanée  | Tube stérile sans additif                    | Punch biopsie 3-4 mm | A congeler – Transport en carboglace | A envoyer du lundi au jeudi maximum |
| Biopsie tissulaire   | Tube stérile sans additif                    | Punch biopsie 3-4 mm | A congeler – Transport en carboglace | A envoyer du lundi au jeudi maximum |
| Tissu synovial   | 2 tubes stériles sans additif                | 2 x 4 fragments      | A congeler – Transport en carboglace | A envoyer du lundi au jeudi maximum |
| Liquide articulaire  | Tubes stériles polypropylène à bouchon à vis | 2 mL (2 x 1 mL)      | A congeler – Transport en carboglace | A envoyer du lundi au jeudi maximum |
| LCR  | Tubes stériles polypropylène à bouchon à vis | 0,8 mL (2x 0,4 mL)   | A congeler – Transport en carboglace | A envoyer du lundi au jeudi maximum |
| Humeur aqueuse   | Tube stérile sans additif                    | 100 µL               | A congeler – Transport en carboglace | A envoyer du lundi au jeudi maximum |
| Sang total :<br>UNIQUEMENT pour recherche de fièvres récurrentes | Tube EDTA                                    | 5 mL                 | Réfrigéré - +4°C                     | 48h                                 |

Si le prélèvement ne peut être congelé, conserver à +4°C et acheminer le prélèvement dans les 48h.



## Envoi d'échantillons au CNR

- confirmation de tests sérologiques
- recherche directe par culture et/ou PCR
- analyses non facturées (fiche renseignement)



## Fiche de renseignements



## Modalités d'envoi



# En cas de difficulté diagnostique

## Prélèvements pour sérologie de Lyme et/ou demande de synthèse intrathécale spécifique des neuroborrélioses :

| Nature prélèvement | Conditionnement | Quantité minimale | Conservation/Transport | Délai d'acheminement |
|--------------------|-----------------|-------------------|------------------------|----------------------|
| Sang (sérum)       | Tube sec        | 2 mL              | Réfrigéré - +4°C       | 48h                  |
| LCR                | Tube sec        | 0,8 mL            | Réfrigéré - +4°C       | 48h                  |

## Prélèvements pour recherche de *Borrelia* par culture :

Les tubes de milieu BSK stériles sont fournis sur demande au CNR : 03.69.55.14.27  
Il est impératif de travailler dans des conditions stériles pour tout usage de BSK.

| Nature prélèvement  | Conditionnement            | Quantité minimale | Conservation/Transport                      | Délai d'acheminement                |
|---------------------|----------------------------|-------------------|---|-------------------------------------|
| Biopsie cutanée     | Tube de milieu BSK stérile | Punch 3-4 mm      | A conserver et à transporter à T°C ambiante | A envoyer du lundi au jeudi maximum |
| Biopsie tissulaire  | Tube de milieu BSK stérile | Punch 3-4 mm      | A conserver et à transporter à T°C ambiante | A envoyer du lundi au jeudi maximum |
| Tissu synovial      | Tube de milieu BSK stérile | 2 x 4 fragments   | A conserver et à transporter à T°C ambiante | A envoyer du lundi au jeudi maximum |
| Liquide articulaire | Tube de milieu BSK stérile | 6 – 8 gouttes     | A conserver et à transporter à T°C ambiante | A envoyer du lundi au jeudi maximum |
| LCR                 | Tube de milieu BSK stérile | 6 – 8 gouttes     | A conserver et à transporter à T°C ambiante | A envoyer du lundi au jeudi maximum |

Après ensemencement du prélèvement dans le tube de BSK stérile, **bien** revisser le bouchon sur le tube et protéger le tube dans du papier absorbant.



## Envoi d'échantillons au CNR

- confirmation de tests sérologiques
- recherche directe par culture et/ou PCR
- analyses non facturées (fiche renseignement)



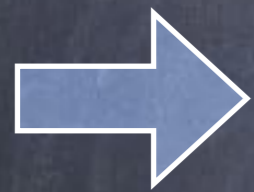
## Fiche de renseignements



## Modalités d'envoi

# Conclusion

- D'abord les données cliniques et anamnestiques
- La sérologie n'est pas le diagnostic, c'est une aide



sérologie +  $\neq$  borréliose de Lyme active  
IgM peu informatives (pas forcément aigu)

- Piqûre tique/érythème migrant : pas d'examen bio
- Neuroborréliose : sérologie (synthèse intra-thécale)
- Arthrite/ACA : 1. sérologie 2. +/- PCR, culture



utiliser les tests validés et recommandés